

## A MESSAGE FROM THE TEAM AT A SPIRE WEEKLY

Here at **ASPIRE WEEKLY**, we aim to capture the attention of both staff and pupils through the power of visually appealing designs and intellectual articals. By reading our magazine, staff and pupils will be able to learn more about the happenings in and around the school while being entertained.

As a team, we hope you enjoy your time interacting with the first addition for Blairgowrie High School's only magazine brought to you by Ellis Page, Jordan Reid, Caitlin Scougall, Euan Robertson (Enchanted Euan), Susan Dunlop and Alastair Souch.

### THANK YOU!



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# TÅME ∽FOR QUESTIONS·~>

Miss Gillies what do you have on your toast? Nutella or Philly. Fav colour? Green Celeb Crush? Jamie Dorwan Pet Peeve? Untidiness Fav Film? Saving Private Ryan

Miss Fitzmmon What do you have on your toast? Raspberry Jam Favourite band? Lunch Money Lewis Celebrity crush? Ross Kemp Pet peeve? Crumbs in the butter Favourite Film? Green Mile

Mr Findlay What do you have on your toast? Margarine Fav colour? Orange Celebrity crush? Cheryl Cole Pet Peeve? Bad manners Favourite Film? Jaws/Gun Miss Martin Fav colour? Red Favourite band? Pitbull Celebrity crush? Ryan Reynolds Pet peeve? Crumbs on the carpet Favourite Film? Kill Bill

Mr Campbell What do you have on your toast? I hate toast, but honey Fav colour? Baby blue Favourite band? Niki Minaj/Kendrick Lamar Pet peeve? Clicking Pens Favourite Film? Casablanca

Mr Pullar What do you have on your toast? Marmalade Fav colour? Purple Favourite band? Saint Jermaine Celebrity crush? Sandra Bullock Pet peeve? People who use slang

### Ms McAndrew Fav colour? Purple Favourite band? Stereophonics Celebrity crush? Benedict Cumberbatch Pet peeve? Bad manners Favourite film? Forrest Gump

#### Mr Brackenridge

What do you have on your toast? Marmalade Fav colour? Purple Favourite band? Maroon 5 Celebrity crush? Liam Nelson Pet peeve? The word "like" used too often

### **Mr Dingwall**

#### How are you enjoying BHS? Great, I'm really enjoying it. Why did you decide to come here?

It was a good opportunity for me, I live locally and my children will be coming here in the future.

### What do you already like about the school?

Everything really, teachers are nice, pupils are friendly.

## What changes/improvements would you like to make?

Better use of House Tutor time and make a more Rights Respecting School.

### Whats your message?

"Be the change you want to see in the world"

### Miss Milne

What do you have on your toast? Cyrup Favourite band? Paul Weller/The Pretenders Celebrity crush? Tom Hardy Pet peeve? Noisy Eaters Favourite film? Dangerous Liaisons

### **Mr Stewart**

### How are you enjoying BHS?

I'm enjoying it alot - The pupils are approchable and the staff are open.

### Why did you decide to come here?

I have a lot of connections to the school. My wife lived here, I used to work in Blairgowrie 10 years ago and i applied for head of history a few years past and after being unsucessful, i have always strived to teach here.

## What do you already like about the school?

The staff are supportive and open to ideas, I feel accepted by both the staff and pupils.

## What changes/improvements would you like to make?

Raise attainment and support Mr Dingwall to make the school a more Rights Respective.

### Whats your message?

"Believe in yourself, if you think you can do something you will succeed, and there will always be people here to help you."

# **HOTOR NOT**

School uniform has been improving over the years, with distressing changes for the girl population such as the leggings ban and no jeans for the boys we have finally come to a stage where everyone is happy and comfortable in school uniform. Our school looks smarter and gets many compliments on how smartly dressed we are when representing the school. Blazers and ties at the top button make the school a more equal and friendly environment.



### But whats really hot and what's really not when it come to uniform?













# LUNCH TIME REVIEW

The School meals are a very important part of the school day. After we completed a recent questionnaire (01/10/2015) we found out all the ins and outs of the kitchen and the school meals we crave. We discovered that your favourite meal is the simple chicken wrap sold at £1.10 it is a bargin. Although talking of pricing, did you know that you are sometimes cheaper buying your snacks from the vending machines? From the Kitchens you are looking at 40pence for a fruit pot although from the vending a mere 35pence.



Recently some of the most popular meals and snacks from last year have vanished from the menu, why? Well the dinner ladies don't actually have as much control over what they make as you may think. Each year the Schools council send out menus on what the dinner ladies have to make. This is due to dietitians and food critics re designing a new menu each year to what they believe is the healthiest and most desired menu. Dinner ladies do have some control though. They control what the favouring to the biscuits and muffins are and what the fillings to the Paninis and wraps are as well.

The school is also part of a healthy eating company to help promote healthy eating in and around the school. This is one of the main reasons that the dinner ladies are not allowed to design their own menus as all the schools in Perth and Kinross are the same. All the schools in Perth and Kinross also use the same suppliers, again so that the food products are all reliable and safe to eat. The school use many different suppliers for their food and ingredients. The main suppliers that the school uses is Campbells for all their butcher products like the chicken in your wraps and the burgers in your rolls.

# ENCHANTED EUAN

# Have you got a problem that you're not sure how to slove? No need to worry! Enchanted Euan is here to help!

email your questions to **enchantedeuan@aspire.co.uk** and see what advice Enchanted Euan has for you in next months addition!

## I'm new, how should I make new friends?

You should talk to new people, everyone is very friendly. Good Luck.

### Help! I'm being bullied what can I do?

You need to tell an adult in guidance or any other teacher. Don't try to resolve this yourself. I hope it sorts itself out.

## I'm falling behind on my classwork, what can I do?

Slow down! Don't stress! Explain to your teachers you've let everything pile up. They'll understand! Just do as much as you can to meet deadlines.

## I'm freaking out about the future! Who can help me? What can I do?

Go and make an appointment at the LRC for a careers advisor. She can help you get organised. Hope you get everything sorted.



### We know more about you than you dare to think...

### Your Dream Future Job

Aries: Farmer Taurus: Tesco Worker Gemini: Policeman Cancer: Doctor Leo: Maths Teacher Virgo: Molecular Biologist Libra: Primary School Teacher Scorpio: Unemployed Sagittarius: Sles Assistant Capricorn: Accountant Aquaurius: Nurse Pisces: Art Director

### Your Favourite Subject

Aries: Music Taurus: Biology Gemini: R.E. Cancer: French Leo: Maths Virgo: Home Economics Libra: P.E. Scorpio: Business Sagittarius: English Capricorn: Computing Aquaurius: Modern Studies Pisces: Art

# GETINVOLVED

CLUBS.. We all think about them, whilst in the shower contemplating life, we can't deny our love and desire to be involved. The only thing standing in our way is information, the lack thereof. But no more! Now you can see all times and teachers and EVERYTHING in between.

ΜΟΝΟΑΥ					
WHAT?	WHEN?	WHERE?	WITH?		
Classroom Cinema	Lunch	D4	Miss Lynch		
Cricket	After School	Commu. Campus	Ms McAndrew		
Dance	After School	-	Caroline Lawrie		
Fantasy Football	Lunch	13	Mr O'Harra		
Formula 1	Lunch	A10	Mr Farrell		
French Drama	Lunch	110	Mrs Boylan		
Girls Rugby	After School	JJ Coupar	Kirsteen Ross		
Sketchbook Club	Lunch	J6	Mrs Kennedy		
Table Tennis	Lunch	Games Hall	-		
Yearbook	Lunch	J4	Mr Hunter		
	TUESDA	<b>Α</b> Υ			
WHAT?	WHEN?	WHERE?	WITH?		
WHAT? Netball	WHEN? After School	WHERE? Games Hall	WITH? Miss Gilies		
Netball	After School	Games Hall	Miss Gilies		
Netball Dance	After School After School	Games Hall Gym Hall	Miss Gilies Mrs Cathro		
Netball Dance Boys Rugby	After School After School AfterSchool	Games Hall Gym Hall JJ Coupar	Miss Gilies Mrs Cathro Mr Dowie		
Netball Dance Boys Rugby Christian Union	After School After School AfterSchool Lunch	Games Hall Gym Hall JJ Coupar D1	Miss Gilies Mrs Cathro Mr Dowie S Goring		
Netball Dance Boys Rugby Christian Union	After School After School AfterSchool Lunch	Games Hall Gym Hall JJ Coupar D1 Library	Miss Gilies Mrs Cathro Mr Dowie S Goring		
Netball Dance Boys Rugby Christian Union	After School After School AfterSchool Lunch Lunch	Games Hall Gym Hall JJ Coupar D1 Library	Miss Gilies Mrs Cathro Mr Dowie S Goring		
Netball Dance Boys Rugby Christian Union Warhammer	After School After School AfterSchool Lunch Lunch	Games Hall Gym Hall JJ Coupar D1 Library	Miss Gilies Mrs Cathro Mr Dowie S Goring Mr Wilkinson		
Netball Dance Boys Rugby Christian Union Warhammer	After School After School AfterSchool Lunch Lunch WEDNES WHEN?	Games Hall Gym Hall JJ Coupar D1 Library	Miss Gilies Mrs Cathro Mr Dowie S Goring Mr Wilkinson		

THURSDAY				
WHAT?	WHEN?	WHERE?	WITH?	
Football	After School	Rec.	Mr Hunter	
Choir	Lunch	Music Dept	Music Dept	
Formula 1 Club	Lunch	A10	Mr Farrell	
Junior Art Club	Lunch	J4	Art Dept.	
Debating Club	Lunch	C4	Mrs Rutherford	
Book Club (monthly)	Lunch	E6	Mrs Shields	
× 57				
	FRID	AY		
WHAT?	FRID WHEN?	A Y WHERE?	WITH?	
			WITH? S6 & Teachers	
WHAT?	WHEN?	WHERE?		
WHAT? Football (Staff Vs S6)	WHEN? Lunch	WHERE? Playing Field	S6 & Teachers	
WHAT? Football (Staff Vs S6) String Group	WHEN? Lunch Lunch	WHERE? Playing Field Music Dept	S6 & Teachers Miss Young	

We have many ways for you to make friends and have fun at our school with these extra-curricular clubs! There's so much to do in Blairgowrie High School, you just need to know where to start. Hope to see you there!



# Jordan's CRITIQUE

### Sugar - Sweet Treat or Detrimental Drug?

#### Save money, get fit. Lose the spots, get on top.

A new sugar tax threats chocolate and sweet treats prices to rise. Costing us more money, for less treats.

On the flip side we can still have bright coloured, sweet and cheap food with the health benefits. Foods high in citrus and Vitamins cannot be matched on the taste test. As well as being colourful these foods are romantic, instead of a movie and popcorn, how about strawberries and making out under the stars? Sounds good doesn't it? And if that doesn't tickle your taste buds, this will....



### JAFFA CAKES ARE NOT BISCUITS

### Why after 24 years of being legally classified as a cake, do the 88 year old Jaffa Cakes still get called 'biscuits'?

In 1927 McVities created what would become Britain's favourite tea-break treat. Then 64 years of paying tax as biscuits later; a judge decided, in 1991, that Jaffa Cakes were cakes. (Very conveniently for McVities, legally rendering them tax free.) So why on earth in 2015 do people still stand by the empty argument that Jaffa Cakes are biscuits? Purely for research purposes I felt it was necessary to consume a packet of Jaffa Cakes so I could be sure I knew what Jaffa Cakes were. The first thing I noticed, as I chomped on this delicate quintessential tea accompaniment, was that when dunked in tea, the Genoise sponge base softens as it soaks up the tea, similar to that of when eating a Victoria Sponge in autumn evenings. Second is the elite tang accredited to the renowned Jaffa orange. Concluded with a sweet thin coating of milk chocolate, it indeed is a luxury product, but paradoxically an untaxed luxury product. Chocolate coated biscuits are taxed because as a treat they are counted as a luxury item,

but cakes need to be cut, and there needs to be preparation before eating, e.g. a napkin or plate whereas you can eat a biscuit walking down the street. Chocolate coated biscuits are taxed at the standard 17.5% whereas chocolate covered cakes are a plump nil. Surely any one with half a brain could tell that if a Jaffa Cake doesn't have tax on it, that means it's a cake? Apparently not. To have all the characteristics of a cake e.g. look, taste, texture, feel, one would believe that Jaffa Cakes should be characterised as a cake. To bring Tunnock and Lees snowball case into point, 'it does not look out of a place on a tray of cakes'. This can be applied to the Jaffa Cake also, for it visually seems like a cake and when zoomed in on, it looks like a normal cake. But, seeing as it is biscuit sized it is misconceived as a biscuit. To prove this wrong, McVities baked a Jaffa Cake 12 inches big to prove it was a cake, and now, for £7 in Asda and Morrisons anyone can buy "The Big One", a cake sized Jaffa Cake with 5 layers of sponge and orange jelly covered in a dark crackly chocolate. Definitely a cake. So, to sum up my argument and bring this momentous discussion to a close once and for all. Legally a Jaffa Cake is a cake, it doesn't have VAT, unlike biscuits. When left out Jaffa Cakes go hard as do other cakes, but not the humble biscuit.

Size doesn't matter when it comes to confectionary and luxury baking, it's about the quality, quite unlike biscuits, of course. And finally, what has the characteristics of a cake should be characterised as a cake. Whereas biscuits have about as much character as an overcooked steak. Now my friends, should you come across a hard-core biscuit fanatic you should be prepared to strike down all invalid arguments about Jaffa Cakes and fight for what you believe in, unless you believe that Jaffa Cakes are biscuits of course, in which case I recommend looking into Hans Christian Anderson's works, all hard fact based stories like "The Emperor's new Clothes" and "The Little Mermaid" which may be of interest to you.



# GALLERY



























# P E R S E V E R A N C E

# INTEGRITY





"LEARNING TOGETHER TODAY TO SHAPE THE WORLD OF TOMORROW"

**Created by S5/S6 media class 2015/16.** Ellis Page, Jordan Reid, Caitlin Scougall, Euan Robertson, Susan Dunlop, Alastair Souch