



# Improving Lives Together

Ambition | Compassion | Integrity



## Glenlyon Nursery

### Early Learning and Childcare guidance and information for families

Education & Children's Services

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# Section 1

## Welcome

Learning at Glenlyon Nursery is developed through active experiences, planned by staff with children to give your child opportunities to explore, experiment, play, create, imagine, reflect, problem solve, extend, and develop. Parents are welcome and encouraged to contribute ideas and talents.

Perth and Kinross' Education and Child Services (ECS) is committed to providing high-quality Early Learning and Childcare (nursery) in all nursery settings.

## Vision and Aims

Perth and Kinross Council (PKC) has highlighted five values that we believe are fundamental to our vision of Early Learning and Childcare across our settings. These are:



Best start  
Health and Wellbeing  
Safe and Protected  
Care and Equity  
Learning and Achievement

These values guide our approach and set the foundation for our vision that every child in Perth and Kinross will have the best start in life with access to a safe, nurturing, and high-quality early education that will allow them to flourish and set them up for success.

We take a holistic approach to understanding each child and family's needs and circumstances, working with our partners to ensure that we can help every child learn and grow successfully.



## Play

All settings across PKC share a clear understanding of the value of play within Early Learning and Childcare. Building upon national guidance such as Realising the Ambition (2020) and the National Strategy for Play (2013), and the work of theorists such as Frederick Froebel, our vision supports practitioners in providing a play-based curriculum that accepts free play as fundamental to each child's learning and development.

This approach allows us to respond to the individual needs, interests, and preferences of our children, supporting their emotional, social, and physical development and allowing them opportunities to learn at their own pace.

By providing a rich play environment, quality play experiences, and engaging learning opportunities, settings and practitioners in PKC support our children to grow and learn in a way that is developmentally appropriate. We aim to deliver child-led learning that enhances investigation and exploration, ensuring that engagement is high, and that the progression of each individual child is clearly demonstrated.

*“Play is the Work of the Child”-Maria Montessori*

*“You have the Right to Play” – UN Convention on the Rights of the Child*

Please see the [PKC Play Framework](#) for more information.



### **Outdoor experience**

We embrace outdoor learning recognising the value of outdoor play and the impact that being outside has on children’s health and wellbeing, our children are encouraged to spend time each day exploring outside in all weathers (therefore appropriate clothing is required).

*“Outdoor Learning connects children and young people with the natural world, and encourages lifelong involvement and activity in the outdoors” -Curriculum for Excellence*

*“Daily, high quality outdoor play experiences have a direct and positive impact on children’s physical, cognitive, social, mental health and emotional development”- Realising the Ambition*



We also believe that children should be able to explore outside freely and take risks that are appropriate to their development. We follow national guidance ([Realising the Ambition \(2020\)](#)) which ensures that play areas are as safe as necessary, rather than as safe as possible, to allow for children to problem-solve, manage risk, understand limits, and build resilience. These outdoor experiences

remain high quality learning environments, and many of our settings use initiatives such as Play on Pedals or Loose Parts to further enhance outdoor provision.

### Setting Contact Details

Glenlyon Nursery  
Bridge of Balgie  
Glenlyon  
By Aberfeldy  
Perthshire  
PH15 2PP



01887 866223



[Glenlyon@pkc.gov.uk](mailto:Glenlyon@pkc.gov.uk)



<https://blogs.glowscotland.org.uk/pk/glenlyonprimaryschool/>



@GlenlyonP1\_7

### Service / Capacity

We currently offer a term time only service which tallies in with our Primary School dates.

Capacity: 8 places.

Session Times: Monday to Friday – 9:15 – 15:00

### Staff

If you have any questions or enquiries now or in the future, please ask us.

Head Teacher:	Mr Richard Brocklehurst	RBrocklehurst@pkc.gov.uk
Early Years Support Teacher:	Mrs Fiona Parker	FParker@pkc.gov.uk
Early Childhood Practitioner:	Mrs Sarah Mitchell	SaMitchell@pkc.gov.uk
Play Assistant:	Ms Theola Muller	TMuller@pkc.gov.uk

# Section 2 Learning Together with Families

We understand that it is vital to work in partnership with parents and carers, who we value as our children's primary caregivers and first educators. We encourage parent/carer participation and engagement, and actively strive to ensure that you are informed, engaged and involved in decisions regarding your child's education and wellbeing.

*"Value[ing] parents' knowledge of their child and the learning children bring with them to school"-*  
Realising the Ambition: Being Me

*"Parents and carers have unique experience of their children and have important knowledge of their progress as learners over time within the nursery setting at home and in other aspects of a child's life"-* How Good Is Our Early Learning Centre

*"Successful partnership working depends on the development of mutual trust and respect between practitioners and parents"-* Education Scotland

Our settings value the important role parents play in their child's development. Regular and consistent parent involvement in a child's learning and development has been proven to improve a child's engagement and attainment. As such, our settings will provide opportunities and support for you to be involved in your child's learning and development.

## Parent and Family Learning Team

Our Early Years Settings work closely with the [PKC Parent and Family Learning Team](#) to provide further opportunities and support for families to learn and play together, such as:

- [Peep - learning together programme](#)
- [Incredible Years Space](#)
- **Strengthening Families (10-14y)**
- [Space Groups](#)
- [Cook it](#)
- **Introducing Solids**
- [Eat Well Play Well](#)
- [Infant Massage \(6 wks – 6 months\)](#)
- [Small Talk and Treasure Pouches](#)
- [Home Safety Equipment](#)

To contact our team please call 01738 477697 (During the pandemic home working restrictions your call will not be answered but you can leave a message and someone will return your call), email [Parenting@pkc.gov.uk](mailto:Parenting@pkc.gov.uk) or complete an [Application Form](#).

**Admissions policy**

To see our Admissions policy please [click here](#) or visit [www.pkc.gov.uk/article/21421/Policy-and-guidelines-for-early-learning-and-childcare-admissions-updated](http://www.pkc.gov.uk/article/21421/Policy-and-guidelines-for-early-learning-and-childcare-admissions-updated)

## **Correspondence**

Within the nursery we have as open a door policy as our current situation allows and will aim to communicate either verbally at drop off/pick up, by telephone or email. Please get in contact using any of these channels if you have any questions or ideas that you would like to share.

Parents and carers can expect to receive regular updates and communication about their child via Seesaw.

## **Reporting to Parents**

While we will ensure that every child is cared for in a safe, welcoming environment, it is inevitable that accidents and incidents will happen. PKC guidance compels settings to report any concerning incidents or accidents, and every head injury, to parents. Staff will strive to ensure that this will be done sensitively and professionally.

We also have a jigsaw of ways that we will report on progress and attainment, on behaviour and success throughout the year, including through achievement sessions and share the learning events, learning walls, community events, curriculum evenings, parent contact, end of term reports and support meetings. We also strive to always have an open door to discuss issues, concerns or successes and achievements.

## **Expectations**

Parents involvement in their child's education and learning is important and can provide a number of long-term benefits for your child. Your knowledge of and relationship with your child are also valuable in supporting us to do our best for your child. With this in mind, there are certain expectations that we have of parents and carers while their child attends the setting:

- Respond to things that are sent home or shared on social media – get involved
- Establish a good routine at home – bath, book, bed/regular meal, and snack times
- Let your child's Key Worker know how to recognise if your child is feeling worried or anxious
- Engage with staff – let them know games, songs, and stories that your child enjoys at home
- Share any concerns/expectations with nursery staff
- Share ideas that will help your child to feel happy and confident
- Follow your child's lead and respond to their emotions as they happen

We also encourage you to make use of the information and learning material we will share via our website/ social media pages. We appreciate that some families may have restricted internet access, if this is the case, please let staff know so that alternative methods can be set up.

## **Feedback**

Children are never forced to participate in activities, but they are always encouraged to do so and you will be informed if there are any difficulties or if staff think your child may have any anxieties about participating in a particular activity.

The planning sheets are displayed in the Nursery and copies can be made for parents if requested. Please feedback either verbally or by email if there are elements of the plan that you want to discuss or can help support.

Children's individual planning (PLPs) are done with the children and a copy sent home. We encourage parents to contribute to this by adding any targets from home we could support in Nursery.

As part of our partnership with parents and carers, we will regularly invite you to give us feedback on the service that we are providing. This may be in the form of a survey, an email or message, or as part of an informal discussion. We appreciate your assistance in this process as we continuously strive to improve the way we work and ensure that we are providing the best care and early education for all our children.

### **Term dates**

Autumn term 2022

In-Service day: Monday 15 August 2022 and Tuesday 16 August 2022

Term starts: Wednesday 17 August 2022

Term ends: Friday 7 October 2022

Autumn holiday: Monday 10 October 2022 - Friday 21 October 2022

Winter term 2022

Term starts: Monday 24 October 2022

In-Service days: Thursday 10 November 2022 and Friday 11 November 2022

Term ends: Thursday 22 December 2022

Christmas holiday: Friday 23 December 2022 - Friday 6 January 2023

Spring term 2023

Term starts: Monday 9 January 2023

In-Service day: Wednesday 15 February 2023

Occasional holidays: Thursday 16 February and Friday 17 February 2023

Term ends: Friday 31 March 2023

Spring holiday: Monday 3 April 2023 - Friday 14 April 2023

Summer term 2023

Term starts: Monday 17 April 2023

May Day holiday: Monday 1 May 2023

Term ends: Thursday 29 June 2023

For the most up to date term dates please [click here or visit the PKC website.](#)

### **Attendance and Illness**

Practitioners in our nursery are committed, in partnership with parents/carers, to ensuring that children attend on a regular basis. The non-statutory nature of nursery attendance does not reduce the requirement to record/share/take account of any concerns around a family.

To ensure the wellbeing and safety of all children it is essential that parents/carers exercise responsibility to: -

- Keep the setting up to date with telephone numbers and emergency contacts.
- Inform the setting of any pre-arranged absence.
- Inform the setting of their child's absence no later than 15 minutes after the start of the session.
- Respond promptly to contacts from the setting asking why their child is absent.
- Share any concerns they have around their family with nursery practitioners to help ensure appropriate support for the child; and/or share those concerns with the child's Named Person.

### **Absence Policy**



Parents/carers will be informed of the policy at induction meetings prior to their child starting the setting. General reminders for all parents/carers will be provided by practitioners through the session using the following: newsletters, display boards and website updates. This protocol is available on the [council website](#).

Should a child be absent without explanation nursery staff are required to ensure correct procedures will be followed:

- On the first day of absence the setting will make efforts to contact parents, carers or listed emergency contact(s) to establish a reason for absence and that the child is safe.
- If no contact can be made, centre/school management will take appropriate action to ensure the child is safe:
  - This will always include notifying the child's Named Person for their information and action as necessary and Lead Professional if appropriate. For nursery children the Named Person is the Health Visitor, or where the family is supported by the Family Nurse Partnership, then that person may take on the Named Person role.
  - Centre/School management action will also include contacting the emergency contact and other family members as may be known.
  - As the health, safety and wellbeing of all children is of the utmost importance, the setting will further implement Child Protection procedures when that is thought to be appropriate.

### Emergency Closure

Adverse weather conditions and other unexpected circumstances may sometimes lead to schools and nursery settings in Perth and Kinross being closed. For the most up to date information please [click here](#).

#### Additional Information sources

Radio Tay	AM 1584	FM 96.4	Perth Only
	AM 1161	FM 102.8	Everywhere else

Only used for widespread weather conditions

Radio station

Heartland FM FM 97.5 in Highland Perthshire and online at [heartland.scot](http://heartland.scot)

Radio Central FM 103.1

Radio Kingdom FM 95.2, 96.1, 96.6, 105.4, 106.3

Wave 102 (Perth) FM 106.6

Follow Perth & Kinross Council on Twitter ([@PerthandKinross](#))

Find [Perth & Kinross Council](#) on Facebook

### Wraparound and School Holiday Care

PKC's Wraparound Care (WAC) services offer childcare and after-nursery class sessions for 3- and 4-year-olds, as well as after school hours for primary age children. They also offer full day care for children aged 3 and up during school holidays and on In-Service Days.

Wraparound Care (WAC) Services start immediately after the morning nursery class session and close at 6pm. All WAC services are open from 8am to 6pm during holiday periods and on in-service days. There are three WAC services based in schools in Crieff, Luncarty, and Perth which are managed by the local school, and supported by the Childcare Strategy Team.

During school and bank holidays, Kids Clubs are offered at Oakbank in Perth, Blair Kids Club at Newhill Primary School in Blairgowrie, and in Milnathort. The Wraparound Care services at Inch View (Perth), St Dominic's (Crieff), and Luncarty also operate during holidays.

All services are closed on the two Public Holidays at Easter. All services except Inch View WAC are closed for the whole of the Christmas / New Year school holidays. Inch View is closed from the last day of term in December and re-opens after the public holidays in January.

Registration for WAC or Holiday Hubs can be made throughout the year. Once registered, you can use the service as much or as little as you require. You can select specific days for the activities taking place or so that children can participate in trips and outings.

To find out more information or to register your child, please visit [Perth & Kinross Council - Early learning and childcare options](#)



# Section 3 Coming to your Nursery Setting

## Settling in



Settling into nursery can take time and staff will ensure that your child feels safe and secure in their new environment. Staff will take time to get to know your child, their likes, and dislikes and how they can be comforted if necessary.

On your child's first day in nursery Mrs. Mitchell and Miss Muller will be there to meet you as you arrive and help you settle in. Your child will have a cloakroom peg with their name on it and space for shoes/wellies



While we do not encourage children to bring toys from home, a small transition object such as a favourite teddy can be used as a comforter.

Please do not worry if your child takes a while to settle, we will continue to support children and their families throughout their transition. For some children it may be helpful to have a gradual 'phasing in' period. Please discuss this with nursery staff if you feel this would be beneficial. On their first visit, please be prepared to stay to help them settle.

## Drop off and Collection

Please inform the nursery staff of any adults who may be collecting your child from nursery. This can be done in person or by telephone on the day. We cannot let any child leave with any person who is under the age of 16.

Access to the nursery is through a secure entrance with a buzzer system. Staff will open the door at the start and end of each session. Please ensure you arrive in good time at the end of the session as it can be very unsettling for children who are left waiting.

### Snack/Lunch / Healthy Eating

Mealtimes are a very social time in nursery and give children the opportunity to develop many important skills such as social communication and independence. Your child will be involved in helping to choose and prepare food, serve themselves and load the dishwasher.

Children will be invited to have a meal and a snack during each session. Staff will promote healthy eating and follow a snack menu which is designed in line with NHS Guidelines as set out in "[Setting The Table](#)". Milk, water and fresh fruit and vegetables are always available.



Meals are provided by Tayside Contracts and can be found [here](#). You may also choose to bring a packed lunch from home. We kindly request that all lunch boxes contain an ice pack and continue to promote our healthy eating ethos. For packed lunch ideas please look at [NHS Better Bites for Boxes](#).

Due to [potential allergies](#), please do not include food that contains nuts. Staff are unable to heat food brought from home due to health and safety guidelines.

Before or during your first visit, please advise a member of staff if your child has a medically identified allergy/intolerance to a particular food or if your child cannot eat certain foods for cultural or ethical reasons.

### Clothing and Spare Clothing / Outdoor Clothing



Your child will have their own peg/box to keep their outdoor clothes and shoes in. Clothes which are easy to put on and take off will help your child to develop their self-help skills and become more independent. Staff will always be on hand to help but it would be worthwhile helping your child to practise getting dressed and undressed by themselves at home too. Loose fitting clothes and soft soled Velcro shoes are perfect for indoor play. Please do not bring open toed shoes, flip flops or slippers to avoid any injuries.

Learning through play can be a messy business! Aprons will be provided but please dress your child in comfortable clothes which they can get messy in and can be easily washed. Outdoor learning is an important part of our curriculum and the children will be free to play in the garden in all weathers. You are welcome to leave a spare pair of wellies and waterproofs in nursery. In cold weather please provide a warm coat, gloves, a hat and waterproofs. In warm weather please provide a sun hat and sun-cream (clearly labelled with your child's name).

Your child may require a full change of clothes which can be left in a bag on their peg in case of any accidents or messy play. Please ensure all items of clothing are labelled with your child's name.

### **The Curriculum and Sharing of Learning**

Within nursery, staff follow the Early Years National Practice Guidance for Scotland, [Realising The Ambition](#), and [The Curriculum for Excellence \(CfE\)](#). The 'early level' of Curriculum for Excellence spans both nursery and the early stages of Primary School and "is intended to support the implementation of a responsive, continuous play-based curriculum for children aged three to six". (Realising the Ambition pg. 52)

Three areas of the curriculum are particularly important and are the responsibility of all staff. These are **Literacy, Numeracy and Health and Wellbeing**.

We create a stimulating environment where children are sensitively supported to achieve their full potential. Staff are very responsive to the needs and interests of our children and plan a rich blend of child and adult initiated learning experiences to meet the needs of all learners.

### **Nursery Routine**

You and your child will be welcomed by staff at the start of each session and your child will hang up their coat and change into indoor shoes. We aim to encourage your child to be as independent as possible with this.

Our Nursery Day will usually include:

- Free play
- Adult led activities
- Tidy up times
- Snack
- Teeth brushing
- Outdoor play or indoor energetic activity
- Lunchtime
- Story
- Singing
- Home time (children need to be collected from the Nursery)

This is not a rigid routine and varies to consider whole school and seasonal activities, weather and children's specific needs. We believe that the children's interests take priority and their 'voices' drive our nursery day.

The children also have time with visiting specialists at various points through the year.

## Observation and Assessments

An individual record of learning and development will be kept for every child in nursery and the learning logs on seesaw will allow you to view and respond to learning taking place in our setting. Staff will regularly observe and monitor children’s progress so that they can identify developmental needs and plan their next steps in learning. Children will be supported by staff to recognise, record and celebrate their own achievements. They will also be consulted on their learning goals which encourages each child to take a real ownership of their learning.

Children’s progress will be recorded using the Developmental Milestones. These are:

- Speech, Language and Literacy
- Numeracy
- Gross Motor Skills
- Fine Motor Skills
- Social and Emotional
- Attention

Further information on the Developmental Milestones will be shared with you during parent contact sessions.

We encourage regular informal communication between staff and parents/carers and welcome any information you would like to share with us on your child’s progress in learning, individual needs and interests. There will also be opportunities for more formal reporting on your child’s progress through scheduled meetings and written reports. Parents/carers are also encouraged to share information about their child’s learning and development at home.

## All About Me / Child Plans

When your child starts nursery, you will be supported by staff to complete an “All About Me” booklet. This will provide us with important information on your child’s learning and development needs and will be used to create their individual care plan. It will include information such as their likes/dislikes, how they like to be comforted and what their individual needs may be. This will be reviewed and updated at least once every **6 months** to ensure we continue to best support your child’s needs. We also provide a more child friendly booklet for your child to complete and share in their first few days.

I have had my 27-30 month check Yes No AP  
 If yes, were there any concerns?  
 If no, please contact your health visitor as soon as possible to arrange the development check.

I am included...

**Social Development**

Other settings I have been to before Other ELC settings I currently attend

I like to play... by myself with other children with adults (please circle)  
 My favourite things to do or play with are...

Do you have any concerns about your child's social development?

I am respected ...

**Emotional development and behaviour**

I am happy when...  
 I get upset when...  
 When I am upset you can help me by...  
 I feel safe when...

Do you have any concerns about your child's emotional development or behaviour?

## GIRFEC



Getting it right for every child (GIRFEC) is the Scottish Government’s approach to improving outcomes for children and young people. It aims to ensure they receive the right help at the right time from the right people. It promotes the holistic wellbeing of children and young people through ensuring their right to feel Safe, Healthy, Achieving, Nurtured, Active, Respected, Responsible, and Included.

These 8 wellbeing indicators will be used in nursery to provide support, advice and feedback on your child’s development and wellbeing.

## **Child Protection**

The safety of children is everyone's responsibility. If staff have any concerns for a child's wellbeing, they have a duty to pass on information that will help to keep them safe. Children can often behave differently if there is a change to their routine or home life. It would be helpful if you could let us know of any significant changes to circumstances which may affect your child. We have an open-door communication policy and sensitive discussions will always be treated confidentially. We will also let you know if we have concerns about a change in your child's behaviour in nursery.

All nursery staff receive Child Protection training at the beginning of a new academic year. Our Child Protection Officer is Mr Richard Brocklehurst, Headteacher.

If you are concerned about a child's welfare, you must report your concerns directly to:

[The Child Protection and Duty Team](#) at Perth & Kinross Council - 01738 476768

Family Protection Unit (Police) – 01738 892912

Out of Hours Social Work – 0845 30 111 20 20

## **Additional Support Needs/Inclusion**

All children need support to help them learn and some will require additional or different support to ensure that they get the best start in life and benefit from their learning. Additional support needs (ASN) can be both long- and short-term or can simply refer to the help needed to get through a difficult period. Parents' knowledge and experiences are key to identifying and understanding the different needs of each child.

The Early Years Inclusion Team are the first point of contact for parents of pre-school children with a range of additional support needs. They also provide support and guidance to nursery settings to ensure appropriate educational provision and support is given to meet children's needs. If required, the EY Inclusion Team will observe and assess your child's support needs and work in partnership to provide the correct support. This can include - home visiting, attending Pre-school groups, nursery setting visits, support when starting nursery and Primary 1 or joint working with nursery staff and other professionals.

If nursery staff identify an additional support need, they will work in partnership with families and other professionals to establish an individual support plan. If you feel your child may have an additional support need, please talk to the nursery staff or your Health Visitor who will be able to advise families on the range of support that is available.

## **EAL**

The [English as an Additional Language Service \(EAL\)](#) works across nurseries and schools to support children and families whose first or home language is not English. They also support nursery staff to make sure that the curriculum is accessible to all. They are available to provide support for parents/carers e.g. during enrolment and to support parental communication. [EAL Leaflets](#)

## **Gaelic Provision**

Within our setting we provide weekly Gaelic language and culture sessions, run by our experienced and wonderful Gaelic Peripatetic Teacher, Mrs. MacPhee. These sessions are short, fun introductions to the language with music, dance, singing and games as core components in getting a taste for language learning. Children will experience these sessions towards the end of their pre-school year.

Perth and Kinross Council is committed to supporting the Gaelic language and Culture within the authority. Early Years Gaelic Medium Education is available in PKC and parents who are interested in this provision can find more information in this leaflet:

[GME Leaflet eng.pdf \(pkc.gov.uk\)](#)

[GME Leaflet gaelic.pdf \(pkc.gov.uk\)](#)

### **Transition to P1**

Transitions from nursery to Primary 1 are carefully planned to ensure the process is as smooth as possible.

Throughout the year nursery children will have the opportunity to engage in a range of different activities including:

Classroom Visits  
Shared learning projects  
Meet the teacher  
School lunch  
Playtimes  
Apprenticeship learning

Our nursery staff and class teachers will also share important information to make sure your child gets the support they need.

A more comprehensive transition programme will be shared with you as the children near their P1 year.

### **Enrolment**

For more information on how to enrol to your local school please refer to the PKC [website](#).

### **Strong Start 2 Places** (if appropriate)

Eligible two-year-olds across Scotland will be entitled to 1140 hours per year of funded (free) early learning and childcare in a number of local authority and funded provider nurseries where provision is available. For more information please refer to the PKC [website](#).

### **Any concerns**

We hope that you and your child have a positive experience at Glenlyon Nursery. However, if you have a concern or complaint with any aspect of our nursery, please speak to Mrs. Mitchell (ECP) or Mr Brocklehurst (Headteacher). We have an open-door policy and will make ourselves available to deal with your queries and concerns in a sympathetic and confidential manner.

If you have issues that have not been resolved through contact with your school, or if you feel there is a serious concern or you need further assistance, the Care Inspectorate can be contacted on via the following:

- [complaints form online](#)
- calling on 0345 600 9527
- emailing on [concerns@careinspectorate.gov.scot](mailto:concerns@careinspectorate.gov.scot)



# Section 4 Our Policies

These policies and guidelines have been created by Perth and Kinross Education and Children's Services, Early Years Team to support practitioners in nursery and share with parents/carers.

These have been devised taking account of national and local guidance, including that from regulatory bodies.

## First Aid

Parents/Carers will be contacted timeously if required. In all cases of head **injuries parents must be contacted.**

## Sun cream

Parents/carers will be informed of the setting's sun awareness policy and be encouraged to keep their children safe in the sun through a variety of methods. e.g. nursery handbook, newsletters, meetings, noticeboards, see-saw and informal information.

## Toileting

Parents/carers should be made aware of these guidelines and asked to sign Toileting Consent Form prior to their child starting. Parents/carers should be able to ask staff for advice and help on toilet training and if staff have any toileting concerns, they should sensitively discuss this with parents/carers. Practitioners should work in partnership with the parents/carers and the family's Health Visitor if required to support the individual needs of the child. Discussion with the family should take place before contacting the Health Visitor. A Care Plan to support the child may then be established.

More information about toilet training can be found on the [NHS Website](#).

## Childsmile Toothbrushing Programme



Childsmile is a national programme designed to improve the oral health of children in Scotland. Research tells us that brushing at least twice a day with fluoride toothpaste can help prevent tooth decay. To support this, Childsmile has developed a national daily supervised toothbrushing programme to take place in the nursery or school setting, **in addition** to brushing at home.

For more information about the toothbrushing programme and its standards visit [www.childsmile.org](http://www.childsmile.org)

What do I need to do next?

Your child will be enrolled in the toothbrushing programme automatically at their nursery or school. You do not need to do anything. However, **if you do not want your child to take part** in the Childsmile toothbrushing programme please write to your child's nursery or school. You can of course change your mind at any time. Please note that during the pandemic the childsmile programme has been paused due to the risk of cross contamination. We will let you know once this has changed.

## Medication

Parents and carers should provide the nursery with sufficient information about their child's health, care, and treatment. This includes informing them of medication required and notifying them if there are any changes to this. Parents and carers should provide the nursery setting with the appropriate,

clearly labelled medication (by the pharmacy) and ensure that medication is in date. A signed record is completed each time medication is given to any child.

### **Trips and excursions**

Trips and outings are viewed as beneficial to young children and a valuable opportunity to explore, develop learning, and promote health and wellness. Off-site excursions provide a unique opportunity to enrich the lives of those taking part, whether it is a visit to another establishment, a trip to the local park or an adventurous activity.

The nursery will provide you with details of any trips they are planning and seek consent as required.

### **Emergency Contacts**

This information will be collected at the beginning of each year and reviewed regularly. It is the parents responsibility to keep emergency contacts up to date and you need to advise us of any changes if your details change within this time. Please contact the school with any changes to your emergency contact details by calling 01887 866223 or emailing [Glenlyon@pkc.gov.uk](mailto:Glenlyon@pkc.gov.uk).

# Section 5 Further support & information

## Useful Contacts

Childcare and Family Information Service

[Find my Nearest Childcare](#)

Tel 0345 601 4477 Email [childcare@pkc.gov.uk](mailto:childcare@pkc.gov.uk)

## Childcare for under 5's

Provides information on funded Early Learning and Childcare places for two, three and four year olds including queries around entitlement and available spaces.

Tel 01738 476343 Email [elc@pkc.gov.uk](mailto:elc@pkc.gov.uk) [Perth & Kinross Council - Childcare for under 5s \(pkc.gov.uk\)](#)

## Care Inspectorate

Responsible for regulation and registration of childcare services.

Tel 0345 600 9527 [www.careinspectorate.com](http://www.careinspectorate.com)

## Coram Family and childcare

National childcare charity, promoting high quality, affordable childcare for all.

[www.DaycareTrust.org.uk](http://www.DaycareTrust.org.uk)

## Early Years Scotland

Provides support to community led early learning and childcare groups and families.

Tel 0141 221 4148 [www.earlyyearsscotland.org](http://www.earlyyearsscotland.org)

## Parent Club Scotland

Provides information on new Scottish Government benefits, including the Best Start Grants

[Parent Club Scotland](#)

## Parentzone

Information about education in Scotland for parents of children aged three to 18, including ideas on how to support children's learning. [www.parentzonescotland.gov.uk](http://www.parentzonescotland.gov.uk)

## Scottish Childminding Association (SCMA)

Promotes childminding as a quality childcare service.

Tel 01786 445377 [www.childminding.org](http://www.childminding.org)

## Scottish Out of School Care Network (SOSCN)

Represents out of school care and school-aged childcare in Scotland.

Tel 0141 564 1284 [www.soscn.org](http://www.soscn.org)

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