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Contact Mr J Donnelly

Ref JD/DP

Date 20 October 2020

Dear Parent/Carer

Crieff High School Term 2

As we begin Term 2 and head into the Autumn and Winter months of 2020, please see below a reminder of COVID-19 symptoms and the approach you must adopt if your young person is demonstrating at least one of the three main COVID-19 symptoms.

New continuous cough

If you have a cold or flu you may well have a cough, along with other symptoms.

A coronavirus cough means coughing a lot for more than an hour, or three or more coughing fits or "episodes" in 24 hours. If you usually have a cough because of a long-standing medical condition, it may be worse than usual.

Fever/high temperature

A high temperature is 37.8C or above. A fever like this can happen when the body is fighting off any infection - not just coronavirus.

It is best to use a thermometer to take a measure. But if you don't have one, check if you, or the young person you are worried about, feels hot to the touch on the chest or back. Although fever is a key coronavirus symptom, it could be flu or a different infection.

A high temperature is unlikely with a cold.

Loss of, or change in, sense of smell or taste

Please see the link below for further information on 'what does loss or change to smell or taste mean?'. The link also includes a 91 second video which you may also find useful.

<https://www.bbc.co.uk/news/health-54145299>

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Parents/Carers of Crieff High School



Contacting the school with details of pupil absence

It remains the case that it is essential that people who have COVID-19 symptoms, or who share a household with someone who has symptoms, do not attend school and must self-isolate along with all members of their household.

If, however, your child does not have symptoms of COVID-19 but has other cold-like symptoms, such as a runny nose, they do not need to be tested and they and you do not need to self-isolate. Your child can attend school if fit to do so.

I ask for your support in ensuring that we are aware of the specific reason for absence if your young person is going to be absent from school.

If the reason for absence is due to your young person demonstrating at least one of the three COVID-19 symptoms above, then please do advise us in your communication that you are seeking a COVID-19 test, that your household will be self-isolating and that you notify us of the outcome of the COVID-19 test.

Whilst we are all very mindful of the national landscape, it is encouraging to read that Perth and Kinross has been cited by Imperial College London as one of the areas in Scotland described as having 'decreasing' or 'likely decreasing' infection rates.

Our in-school arrangements continue to be rigorous and robust. However, we do ask for your continued support in ensuring that all young people arrive at school with a face covering for the day and that these are worn at all times during travel around the building, in communal areas and on school transport.

Yours faithfully

A handwritten signature in black ink that reads 'John Donnelly'.

Mr J Donnelly

Headteacher/Campus Leader