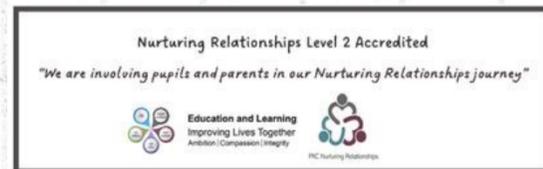
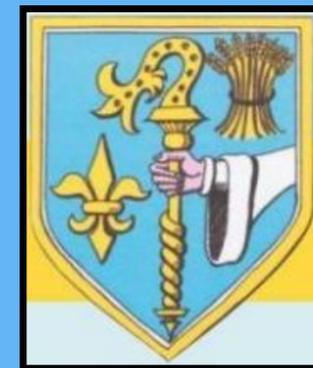




NEWSLETTER



Coupar Angus Primary School
Term 3 Session 25/26



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01

**HEADTEACHER'S
HELLO...**

HEADTEACHER'S HELLO...



Dear Parents/Carers,

As we approach the Easter holidays, I would like to take a moment to thank our whole school community for a busy and productive term. The past weeks have been filled with wonderful learning experiences, teamwork and creativity across the school, and we are incredibly proud of how our children continue to grow in confidence and curiosity.

This term we have enjoyed seeing pupils engage so positively with their learning, support one another, and show such enthusiasm in all areas of school life. Our staff team have also worked tirelessly to create rich opportunities both in and beyond the classroom, and I'd like to thank them for their ongoing dedication.

The run-up to the holiday is always an exciting time, and the school has been full of seasonal activities, celebrations of achievement and opportunities to reflect on the values that bind our school community together. It has been a pleasure to share in these moments with the children. As we head into the break, I hope all our families enjoy a restful and refreshing holiday. Whether you are spending time at home, travelling to see loved ones, or simply enjoying the signs of spring, I wish you all a safe and happy Easter.

We look forward to welcoming everyone back for Term 4 and all the learning, events and adventures that lie ahead.

Warmest wishes.

Michelle Smith

Headteacher

02

**SENIOR LEADERSHIP
TEAM & CHILD
PROTECTION
OFFICERS**

OUR SENIOR LEADERSHIP TEAM & CHILD PROTECTION OFFICERS

Fiona Campbell
Depute Headteacher



Michelle Smith
Headteacher



Sarah Ashley
Principal Teacher
Intensive Support Provision



If you would like to speak to us, please contact the school office and a member of our team will be happy to help.



Email: couparangus@pkc.gov.uk

Absence: 01250 871400 – please let us know your child's name & class, the reason for their absence and when you think they are likely to return to school.

School Office: 01250 871400

03

**INFORMATION
STATION**

SCHOOL UNIFORM & GYM KIT

School Uniform - please put name on all items

- Uniform cannot be bought through the school.
- Borders Embroideries for uniform with Coupar Angus Logo. **Branded Uniform is not an expectation.**
- All major supermarkets, M&S, Matalan, Primark, etc cheaper alternatives.
- No branded/designer clothing/football strips

Coupar Angus Uniform is:

- Navy or blue jumper/cardigan
- White polo shirt or shirt and tie
- Black or grey trousers/shorts
- Black or grey skirt/pinafore/shorts
- Blue checked dress/playsuit
- On P.E days children come dressed in P.E kit all day

www.border-embroideries.co.uk



Gym Kit - please put name on all items

INDOOR KIT:

- Clean trainers
- Plain white T-shirt
- Plain black shorts/leggings/tracksuit bottoms
- No jewellery
- Long hair tied back

OUTDOOR KIT:

- Plain black leggings/tracksuit bottoms
- Black or navy hoodie
- Or black or navy tracksuit - not branded



We have seen an improvement in the wearing of school uniform. We would be grateful of your continued support throughout the year to help maintain these standards. Please see the guidance below around our expectations for School uniform:

Wearing a school uniform has several benefits:

- **Equality:** Uniforms create a level playing field, reducing peer pressure related to clothing choices.
- **Focus on Education:** With uniforms, pupils can concentrate more on their learning rather than their outfits.
- **School Identity:** Uniforms foster a sense of belonging and school pride.
- **Simplicity:** They simplify getting ready in the morning, saving time and reducing stress.
- **Safety:** Uniforms make it easier to identify students, enhancing security within the school

01

ROUTINE

Children sleep better when bedtime happens at the same time each night with the same calming sequence (e.g. bath, story, lights out). Consistency signals the brain it's time to sleep.

02

CALM ENVIRONMENT

A cool, quiet, dim bedroom helps the body settle. Soft lighting, quiet voices, and reducing clutter can help children feel safe and relaxed.

03

GO SCREEN-FREE BEFORE BED

Avoid screens (TV, tablets, phones, gaming) for at least one hour before bedtime. Blue light stimulates the brain and makes it harder to fall asleep.

HEALTH & WELLBEING

SLEEP TIPS

06

RESPOND CALMLY TO NIGHT-TIME WAKING

If your child wakes, keep interactions gentle, brief, and reassuring. This teaches them that nighttime is for sleeping, not playing or long conversations.

05

HEALTHY DAYTIME HABITS

Fresh air, physical activity and balanced meals help regulate the sleep-wake cycle. Avoid caffeine (including fizzy drinks & chocolate) in late afternoon/evening.

04

WIND-DOWN TIME

Build 20-30 minutes of calm activities before bed – reading, colouring, gentle music or quiet chat. This helps transition from busy daytime to restful nighttime.

Useful Courses for Parents/ Carers

On our CAMHS webpage we have highlighted some great courses and online sessions for parents and carers.

View all our useful courses here:



NHS Tayside
CAMHS





Coupar Angus Primary School

Design an Easter Egg Competition

Bring in your entries on
WEDNESDAY 1ST APRIL 2026

Winners will be announced Thursday 2nd
April at Easter Assembly

Winner - Easter Egg - 1 x per class
Runner Up - Bag of sweeties

04

CLASS CORNER

PRIMARY 1

Primary 1 started the term by learning more about people who help us in our local community. They had a very informative visit from two local police officers, finding more about how the police can help the community. Following the learners' interest in animals the class set up a pet shop with lots of creatures great and small. The class enthusiastically wrote signs and price labels. The shop opening was a very busy day.

World book day was another very busy day with a fantastic visit in the morning from 'The animal man's mini zoo' and an excellent Mad Hatters tea party in the afternoon. Primary 1, 2 and 3 made all the home baking and decorations for the party.

The class now are looking forward to Easter by learning about the Spring, they have been part of a rhet 'live from the lambing shed event' made spring hyacinths for Mothers' day and explored pastel colours to make an enormous Easter bunny picture.

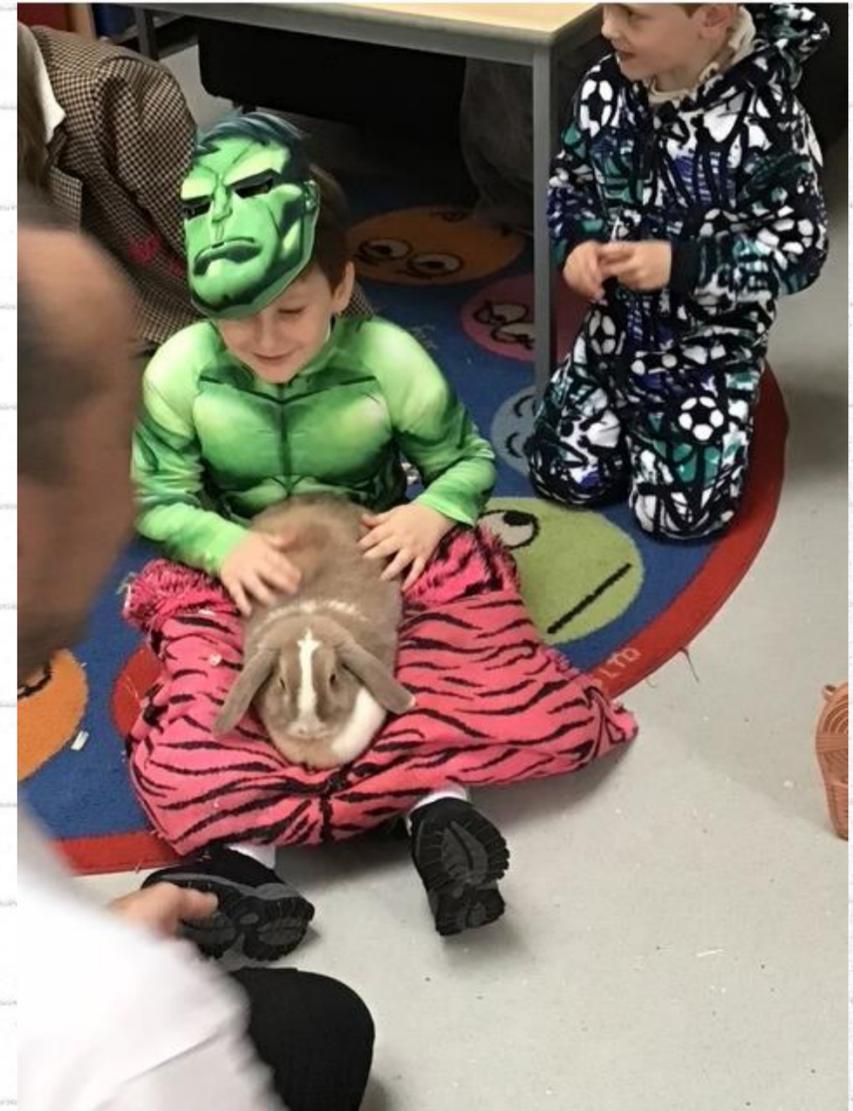




Mrs Hanlin
P1 Teacher

PRIMARY 1

The Animal Man's Mini Zoo





Mrs Hanlin
P1 Teacher

PRIMARY 1

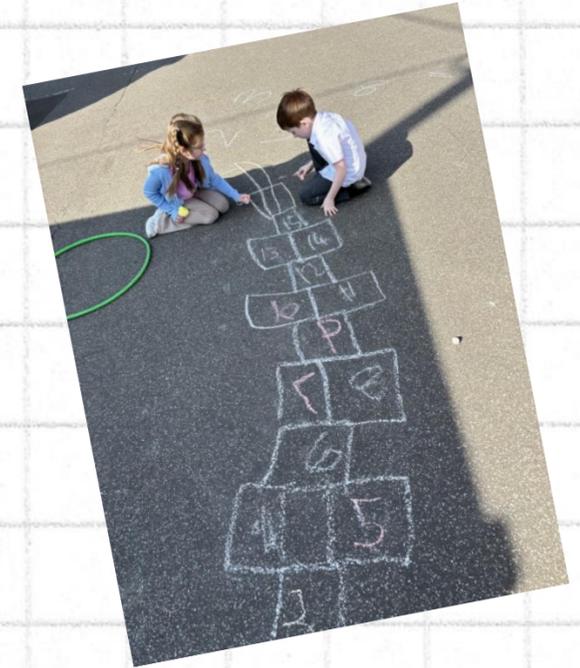
Mad Hatter's Tea Party



Miss Duthie
P2/3 Teacher &
Nevis Our Therapist

PRIMARY 2/3

Primary 2/3 have had a busy term. We have really enjoyed exploring our 'Amazing Animals' context where we have been learning about the different animal families and the different roles animals can have to help people. We were very lucky to have the Guide Dogs visit us to tell us about their work. We have also enjoyed getting outdoors this term and learning different games in the playground.





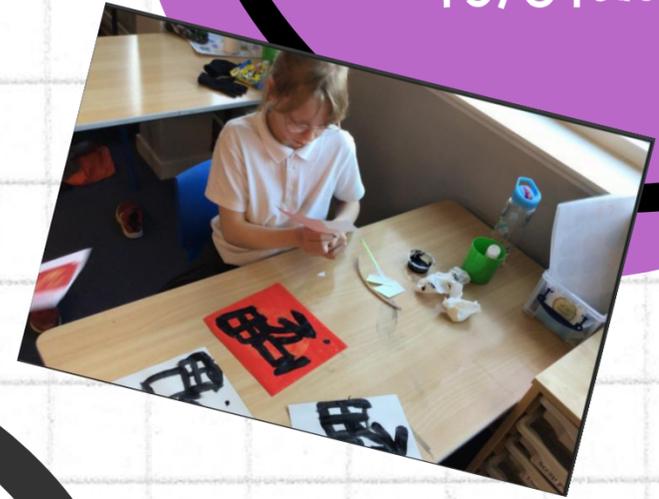
PRIMARY 4/5

Primary 4/5 have been engaged in learning about the RMS Titanic. We have explored the history of the disaster and are using what we have learned to write an information report about it. We have also enjoyed discovering how morse code was used to communicate from the ship and built simple circuits to send messages using light. We have also built boats from foil and investigated what design can carry the heaviest load. Last week, we researched key individuals who were on the Titanic and made paper dolls to show their likeness.



PRIMARY 5/6

Primary 5/6 have had an exciting and hands-on term, with pupils fully engaged in a wide range of creative and practical learning experiences. As part of our interdisciplinary work, the class explored Chinese celebrations. Pupils created vibrant themed artwork and enjoyed hands-on activities that helped bring these celebrations to life in the classroom. We also introduced the class to the world of stop-motion animation. Pupils experimented with simple sets, props and digital tools to learn how small movements and patience can turn still images into a moving story.



Mr Billen
P7 Teacher

PRIMARY 6/7

Primary 6/7 have been working hard this term to create a stop motion animation of The Three Billy Goats Gruff. Pupils have been working in groups to create different sections of the finished animation, with each group having to use papier mache and paint to make miniature landscapes, wooden tea stirrers to build bridges and plasticene to sculpt goats and trolls. They have learned to film using the Stop Motion app and to edit their footage and add sound using iMovie.

Everyone has also worked hard during our 3 days of Bikeability, where instructors visited the school to teach road safety, the highway code and lots of practical exercises both in the playground and on the roads of Coupar Angus.





PRIMARY 6/7



Stop Motion is a type of animation where objects are moved in tiny steps and photographed one frame at a time. When the photos are played quickly in sequence, the objects appear to move on their own – like a flipbook brought to life.

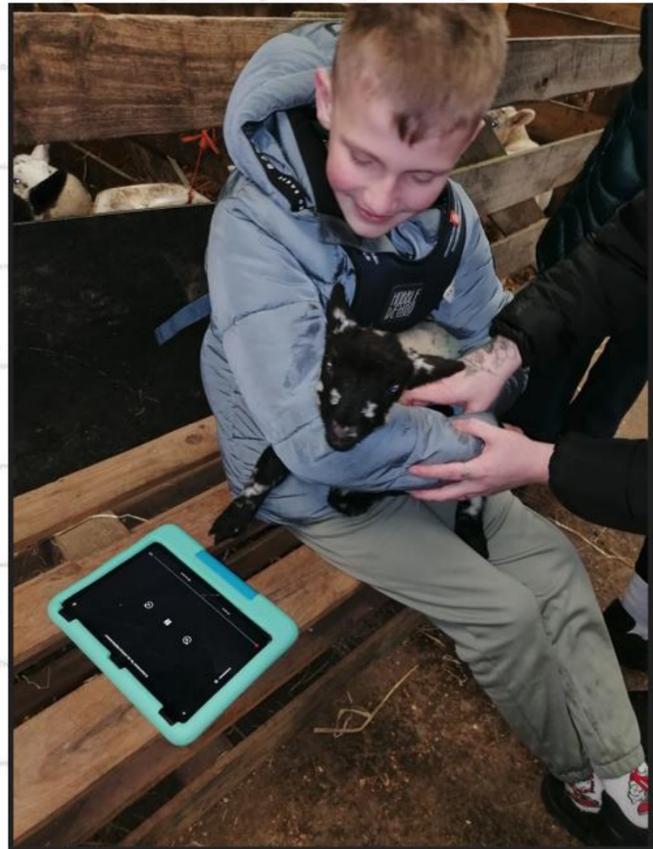


Ms Ashley/Mrs Johnson
Isla

ISLA

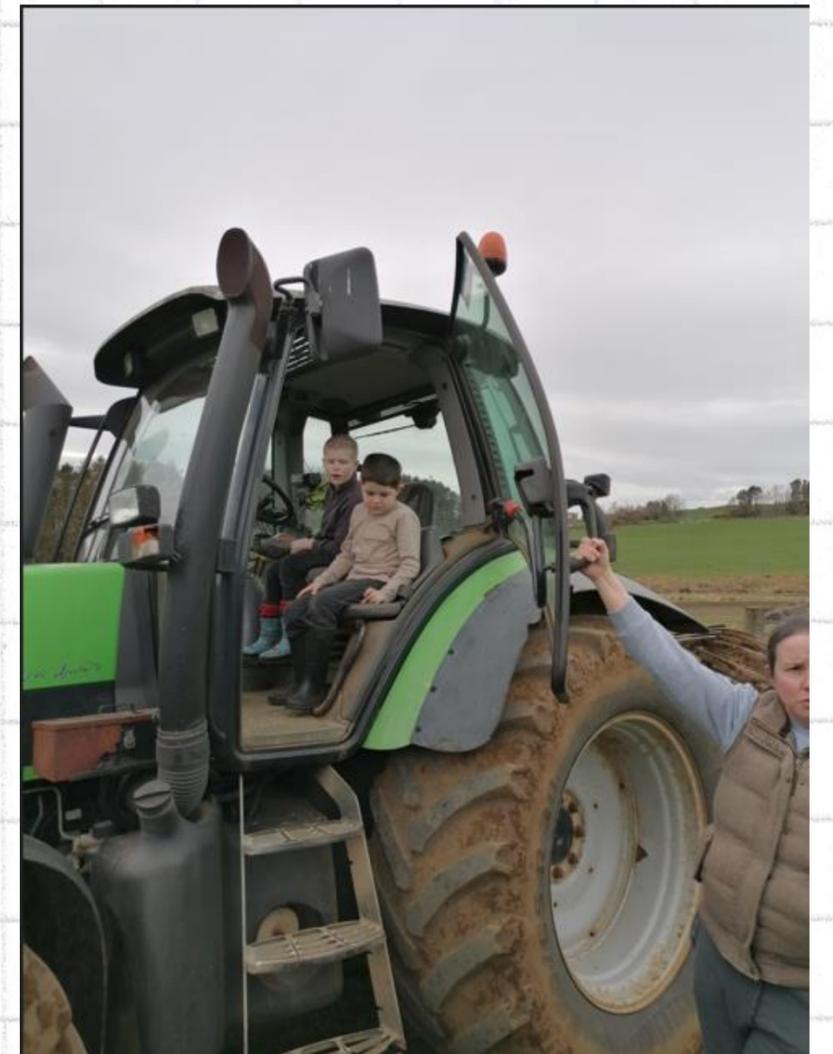
In Isla, we have been learning about animals this term and have had lots of fun art projects and songs based around animals – from zoo animals to pets. Most recently we have been learning about farm animals.

We went on a trip to Rings Farm in Fife to meet, hold, and feed the lambs. We also had great fun playing in their barn!



Ms Ashley/Mrs Johnson
Isla

ISLA





STRATHMORE



We have been learning about animals this term and have particularly enjoyed learning about farm animals; sheep; pigs; cows; and hens.

We were able to consolidate our knowledge when we visited The Rings, a farm experience in Fife. Our day was filled with lots of fun activities such as, learning about sheep and lambs, playing in the barn and going on a scavenger hunt around the farm grounds and fields.

The highlight of the day was feeding the ewes and holding and feeding the lambs. It was a brilliant opportunity to be close to lambs and to learn more about them.

'I was watching the sheep getting milk from the ewes.' Thea Pr5.

'I liked the baby sheep.' Nick Pr6.

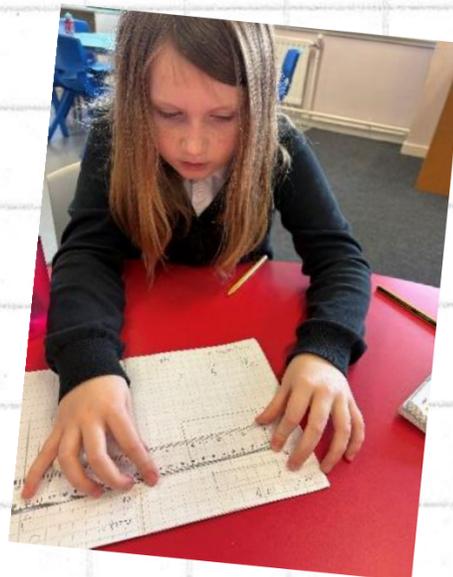
'I enjoyed feeding milk to the lambs. I went on the tractor.' Albie Pr4.





BALLO

This term in Ballo we have had a measure and time focus. We have completed activities using standard and non-standard units of measurement and have enjoyed practical measure activities using different resources. We have been working on different aspects of time such as sequencing events in an order, reading analogue and digital times, recording different times and calculating duration of time.





Mrs Harrison
The Grove

THE GROVE

This term, in The Grove, the children have been experiencing a wide range of learning from creating their own items from clay to trying to build they highest towers from plastic cups, learning about Polar Animals and their habitats and exploring what items float and sink. They've had a lot of fun as well as developing skills such as, perseverance, sharing, turn taking and challenging themselves.



WIDER ACHIEVEMENT

Our Cross Country Team proudly represented the school at the Perth and Kinross Cross Country Event held at Perth Racecourse on 24th March 2026. Over 1000 pupils from school across the region took part, making it a fantastic celebration of determination, teamwork and resilience. All our team have worked hard to improve their levels of fitness over the weeks of training. A special shout out to Patrick for his outstanding effort, bringing home 4th place! Well done to all our runners, we are very proud of your achievements.

Also, massive thanks to Miss Gourlay and Mrs Bruce who swapped sandwiches for stopwatches and gave up their lunch time to help train our runners!



WIDER ACHIEVEMENT

**Our amazing
Cross
Country
Team!**



05

OFFICE OVERVIEW



Primary Lunch Menu 2026/27

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Week 1

20 April
18 May
15 June
13 July
10 August
7 September
5 October
2 November
30 November
28 December
28 December
25 January
22 February
22 March

Week 2

27 April
25 May
22 June
20 July
17 August
14 September
12 October
9 November
7 December
4 January
1 February
1 March

Week 3

6 April
4 May
1 June
29 June
27 July
24 August
21 September
19 October
16 November
14 December
11 January
8 February
8 March

Week 4

13 April
11 May
8 June
6 July
3 August
31 August
28 September
26 October
23 November
21 December
18 January
15 February
15 March

<p>Milkshake (V) Savoury Sausage Roll with Seasoned Diced Potatoes & Baked Beans (Ve*) Tomato & Pesto Pasta* with Garlic Bread (V) Fiesta Bean Pitta with Salad Selection (Ve*) Sweetcorn (Ve) Fruit of the Day with Banana Cake (V)</p>
<p>Milkshake (V) Sweet Tomato & Pepper Soup (Ve) Lentil Pasta Bolognese with Garlic Bread (Ve*) Ham & Cheese Sandwich Triangles with Sweet Chilli Pasta Sweet & Sour Chicken Fillet with Rice Broccoli (Ve) Fruit of the Day (Ve)</p>
<p>Milkshake (V) Creamy Chicken Pie with Seasoned Diced Potatoes Mild Quorn Tikka Curry with Rice & Chapati Bread (V) Beef Burger with Seasoned Diced Potatoes Broccoli (Ve) Fruit of the Day with Chocolate Sponge (V)</p>
<p>Milkshake (V) Carrot & Coriander Soup (Ve) Classic Macaroni Cheese with Tomato Bread (V) Country Veg Casserole with Yorkshire Pudding & Seasoned Diced Potatoes (V) Golden Quorn Dippers with Seasoned Diced Potatoes & Baked Beans (Ve) Peas (Ve) Fruit of the Day (Ve)</p>

<p>Lentil Soup (Ve) Cheese Finger Roll** with Salad Selection (V) Crispy Chicken Goujons with Mashed Potatoes & Baked Beans Traditional Mince with Yorkshire Pudding & Mashed Potatoes Green Beans (Ve) Fruit of the Day (Ve)</p>
<p>Chicken Sausages in Gravy with Yorkshire Pudding & Seasoned Diced Potatoes Pasta Carbonara with Crusty Bread Golden Quorn Dippers with Seasoned Diced Potatoes & Baked Beans (Ve) Peas & Carrots (Ve) Fruit of the Day with Tiffin (V)</p>
<p>Lentil & Tomato Soup (Ve) Beef Pasta Bolognese with Garlic Bread Crispy Chicken Goujons with Potato Wedges Tangy BBQ Pizza Slice with Sweet Chilli Pasta (V) Mixed Vegetables (Ve) Fruit of the Day (Ve)</p>
<p>Crispy Chicken Burger with Potato Wedges Zingy Tomato Pasta with Crusty Bread (Ve*) Tex Mex Beef Taco with Potato Wedges Mixed Vegetables (Ve) Fruit of the Day with Chocolate Cookie (V)</p>

<p>Homestyle Beef Lasagne with Crusty Bread Breaded Fish Nibbles with Mashed Potatoes & Baked Beans Baked Bean Baked Potato with Salad Selection (Ve) Broccoli & Cauliflower (Ve) Fruit of the Day with Sticky Toffee Pudding & Custard (V)</p>
<p>Rainbow Veggie Sticks with Dip (V/Ve) Traditional Steak Pie with Mashed Potatoes Classic Macaroni Cheese with Garlic Bread (V) Chicken Mayo Wrap with Sweet Chilli Pasta Mixed Vegetables (Ve) Fruit of the Day (Ve)</p>
<p>Savoury Sausage Roll with Chips & Baked Beans (Ve*) Creamy Tomato Pasta with Crusty Bread (V) Coronation Chickpea Pitta with Pasta Salad (V) Carrots & Green Beans (Ve) Fruit of the Day with Shortbread (Ve)</p>
<p>Cheesy Garlic Bread (V) Quorn Dog Roll** with Sweet Chilli Pasta (V) Ham & Cheese Pizza Slice with Sweet Chilli Pasta Mild Chicken Korma with Rice & Chapati Bread Broccoli & Cauliflower (Ve) Fruit of the Day (Ve)</p>

<p>Sliced Melon Medley (Ve) Harvest Bake (V) Sunshine Chicken Curry**^ with Rice & Chapati Bread Pepperoni Pizza Slice with Seasoned Diced Potatoes Peas & Carrots (Ve) Fruit of the Day (Ve)</p>
<p>Cheese & Tomato Pizza Slice with Seasoned Diced Potatoes (V) Quorn Dog Roll** with Seasoned Diced Potatoes & Baked Beans (V) Mixed Pepper Frittata with Crunchy Coleslaw & Crusty Bread (V) Broccoli (Ve) Fruit of the Day with Butterscotch Cookie (V)</p>
<p>Pitta Strips with Dip (V/Ve*) Meatball Marinara Sub** with Salad Selection Cheese Sandwich Triangles with Crunchy Coleslaw (V) Breaded Fish Nibbles with Mashed Potatoes & Baked Beans Sweetcorn (Ve) Fruit of the Day (Ve)</p>
<p>Pork Sausages with Mashed Potatoes & Baked Beans Cajun Vegetable Burger with Pasta Salad (V) Italian Style Chicken Fillet with Pasta & Crusty Bread Sweetcorn (Ve) Fruit of the Day with Strawberry Sponge (V)</p>

<p>Mild Quorn Curry with Rice & Chapati Bread (V) Breaded Fish with Chips Crispy Chicken Burger with Crunchy Coleslaw Peas (Ve) Fruit of the Day with Chocolate Oatie (Ve)</p>
<p>Sweet Potato & Coconut Curry with Rice & Chapati Bread (Ve) Golden Fish Fingers with Chips & Baked Beans Tangy BBQ Chicken Pasta with Crusty Bread Peas (Ve) Fruit of the Day with Ice Cream (V)</p>
<p>Tomato & Pepper Lasagne with Salad Selection (V) Breaded Fish with Chips Beef Chilli Con Carne with Rice Peas (Ve) Fruit of the Day with Lemon Drizzle Cake (V)</p>
<p>Mild Lentil Curry with Rice & Chapati Bread (Ve) Breaded Fish with Chips & Baked Beans Sliced Chicken Roll with Rice Salad Peas (Ve) Fruit of the Day with Jelly (Ve)</p>

(V) Vegetarian
(Ve) Vegan
(Ve*) May contain egg/milk
*May contain nuts
**May contain sesame
^ May contain peanuts

Scan the QR code to view nutrition and allergen information



Balanced food fuelling your school days!



Fruit, vegetables and salad are available daily



Bread is available daily



Yoghurt is also offered as an alternative on dessert days



OFFICE OVERVIEW

Breakfast Club Information

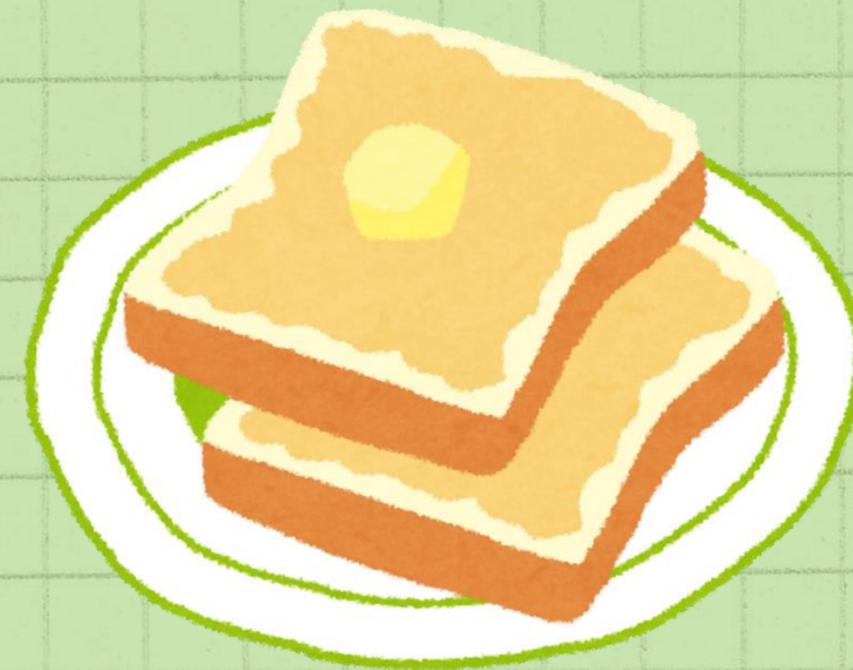
Our Breakfast Club is available from 8am every school day.

Costs £2.00 per session.

Free for those who are eligible through low income for free school meals.

Attending Breakfast Club will encourage children to attend school on time and eat a healthy breakfast thus enabling them to attend class ready to learn.

Please phone the school office (01250 871400) at least 24 hours in advance to book.



Funding



2025
Report

PUPIL EQUITY FUNDING

130 million/year - part of the wider **1 billion** Scottish Attainment Challenge programme investment over this parliamentary term (2022-2026)

97% of all schools receive Pupil Equity Funding

Pupil Equity Funding ranges from **£1,225/year** to **£350,000/year** per school

We engaged with **129 schools** across all **32 Local Authorities**

OFFICE OVERVIEW

Free School Meals and Clothing Grants

Applying for free school meals helps the school with their Pupil Equity Funding (PEF) budget allocation, which is additional funding allocated directly to schools and targeted at closing the poverty-related attainment gap.

It is allocated to schools on the basis of the estimated number of children and young people in P1-S3 registered for free school meals (FSM) and school clothing grants under the national eligibility criteria.

Please follow the link below for more information.

<https://www.pkc.gov.uk/article/17410/Free-school-meals-and-school-clothing-grants-primary-and-secondary>

OFFICE OVERVIEW

Delayed Office Opening for Employee Training

This office will be closed from 8.45 am - 11.00 am on the first Thursday of each month.



Property Services

Strategic Lead – John Beveridge

2 High Street, Perth, PH1 5PH
Tel 01738 475000 www.pkc.gov.uk

Contact School Catering

Email SchoolCatering@pkc.gov.uk

Our ref

Your ref

Date 27 March 2026

Dear Parent/Carer,

As agreed by Council as part of the 2025/26 budget the price of school meals for the 2026/27 academic year is set out below for your information.

- Primary £2.40
- Adult (including VAT) £5.30

All school meals are prepared and served by our operation partners Tayside Contracts.

All pupils in primaries 1 - 5 are entitled to free school meals.

If your child is in P6 or above you can claim free school meals and a school clothing grant for your child(ren) if you are receiving:

- Income support
- Income-based Jobseeker's Allowance
- Income-based Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Universal Credit with a monthly earned income of not more than £850

Families of Primary 6 and Primary 7 pupils who are not currently eligible for free school meals, but who are in receipt of the Scottish Child Payment are also now eligible for free school meals. You can claim free school meals for Primary 6 and Primary 7 pupils by submitting an online application form and providing proof of your Scottish Child Payment via www.pkc.gov.uk/freeschoolmeals

Parents/Carers in receipt of a qualifying benefit will receive an annual school clothing grant of £126 per child in primary school and £157.50 per child in secondary school.

Yours sincerely

School Catering

06

COMMUNITY CORNER

The Big Hoose Project

 The Big Hoose Project (Scotland)

The Big Hoose is a large-scale "multibank" initiative that redirects surplus goods from major retailers — especially Amazon — to families in need across Scotland. It operates through regional hubs, referrals by support workers, and partnerships with hundreds of charities.



Coupar Angus Primary

Big Hoose Project

Our doors will be open every Thursday at the school between 3.10pm – 3.30pm

Please help yourself to anything you need. (Red door up the steps next to main hall).

The aim of the project is to provide vital household goods, free of charge, to help ease poverty, at a time when fuel and food bills are continuously rising and more families than ever are struggling to make ends meet.

Parent Council Bingo Tea Success!



A huge well done to our fantastic Parent Council, who raised an amazing...

£1300

at the recent Bingo Tea at the Red House. It was a brilliant night filled with laughter, friendly competition and plenty of "just-one-number-to-go!" moments. Both novice players and seasoned bingo pros got stuck in, making it a great community event.

Sincere thanks to everyone who came along and supported and for all the donations for prizes! Your contributions make a real difference to our school!

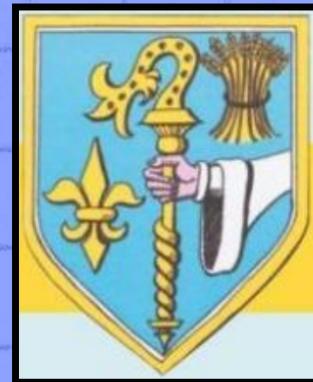
We continue to look for new members to join our parent council...

♥ **Our Parent Council needs you!** ♥

Sadly, we are in danger of not having a Parent Council come August 2026 as 2 of our key members are moving on as their children will no longer be at the school.

**So, we really need new members to help keep this brilliant team going.
A little time makes a big difference – together we can keep the Parent Council thriving for our children and our school community.**

♥ **Please come join us and help save our Parent Council!**



If you are interested in helping out please click on the link below and take 5 secs to fill out this Microsoft Form. We'll then get in touch with some further information.

[Coupar Angus Parent Council Crew – Note of interest – Fill in form](#)

♥ Our Parent Council needs you! ♥

A poem from our pupils...

Come join our Parent Council Crew
We promise it's fun (well...mostly true!).

No special skills, no magic wand,
Just show up, smile, and tag along!

We've biscuits, laughs, ideas to share,
And always room for one more chair!

So, take the plunge, don't be shy,
Join the Council...please give it a try!



CAYAG



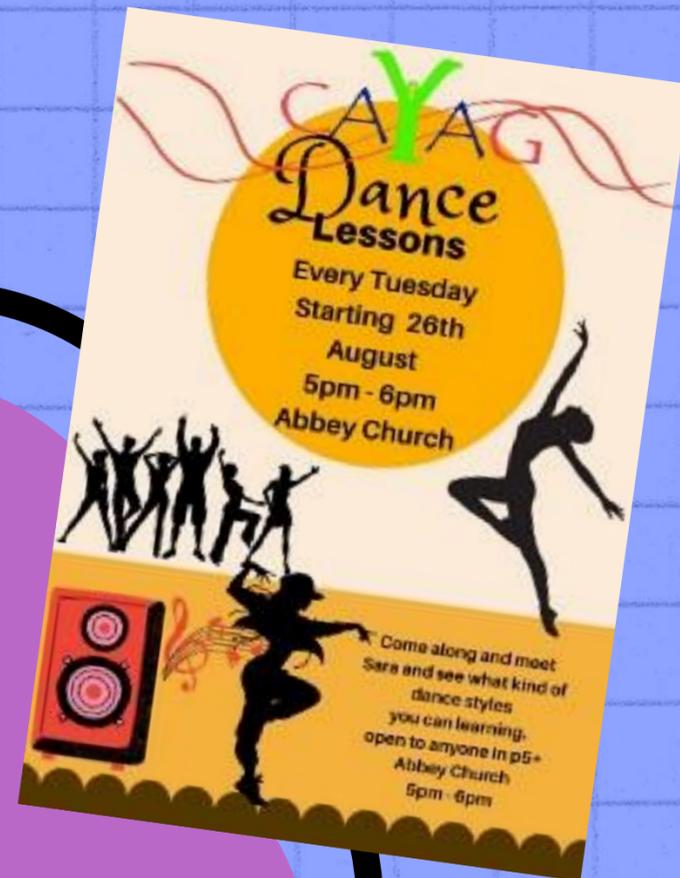
CAYAG
FOODY FRIDAY

4PM - 5PM
FRIDAYS

FOOD
FUN & FRIENDS

COME JOIN US FOR TEA WITH FRIENDS

A poster for 'CAYAG Foody Friday' featuring a bowl of spaghetti with meatballs. The text includes '4PM - 5PM FRIDAYS', 'FOOD FUN & FRIENDS', and 'COME JOIN US FOR TEA WITH FRIENDS'.



CAYAG
Dance Lessons

Every Tuesday
Starting 26th
August
5pm - 6pm
Abbey Church

Come along and meet Sara and see what kind of dance styles you can learn - open to anyone in p5+ Abbey Church 5pm - 6pm

A poster for 'CAYAG Dance Lessons' with silhouettes of dancers and a speaker. The text includes 'Every Tuesday Starting 26th August 5pm - 6pm Abbey Church' and 'Come along and meet Sara and see what kind of dance styles you can learn - open to anyone in p5+ Abbey Church 5pm - 6pm'.



CAYAG **WEEKLY PROGRAMME**

MONDAY 5pm - 6pm - p6/7 Drop-in
6pm - 7.30pm - s1/s2 Drop-in
7.30pm - 9pm - s3+

TUESDAY 5pm - 6pm - P5+ Dance with Sara - Abbey Church

THURSDAY 5pm - 6pm - p6/7 Drop-in
6pm - 7.30pm - s1/s2 Drop-in
7.30pm - 9pm - s3+

FRIDAY 4pm - 5pm - p6 + Foody Friday
5pm - 6.30pm - p6 + Performing Arts

Free for all young people in Coupar Angus and surrounding areas
Feel free to contact Louise on 07597489127 or Louise@ingcayag@outlook.com

Logos: Scotmid, Robertson, etc.

A central poster titled 'CAYAG WEEKLY PROGRAMME' listing activities for Monday, Tuesday, Thursday, and Friday. It includes contact information for Louise and logos for Scotmid and Robertson. Below the text are three Polaroid photos of group activities.



CAYAG
Music and Drama Workshops

Every Friday
5pm - 6.30pm
Starting 22nd August

Come to Cayag to create some musical masterpieces

A poster for 'CAYAG Music and Drama Workshops' featuring vinyl records and a treble clef. The text includes 'Every Friday 5pm - 6.30pm Starting 22nd August' and 'Come to Cayag to create some musical masterpieces'.



Easter Holiday

UPCOMING EVENTS

DON'T MISS OUT!

April
2026



EXAM SURVIVAL 101 (14-18 YEARS)

Understand how to look after yourself during this challenging time. From study tips and tricks to reducing anxiety on exam day. We have you covered!

📍 The Gateway, North Methven Street, PH1 5PP

🕒 2pm-4pm



OUTDOOR ADVENTURES (8-12 YEARS)

Do you love being outdoors? Would you like to explore some new skills and understand how nature supports our wellbeing.

📍 Perth Riverside Church, Bute Drive, Perth, PH1 3BG

🕒 10am-12pm



WELLBEING IN MOTION (8-12 YEARS)

Let's get moving! We will come together to do some different forms of movement this might be some team games outside or some relaxing movements inside with some wellbeing skills.

📍 The Gateway, North Methven Street, Perth, PH1 5PP

🕒 10am-12pm



For more info or to sign up: Email: YPteam@mindspacepk.com

Coupar Angus Cares

THE COURIER & ADVERTISER
Thursday, March 19, 2026



'PRIDE IN HOMETOWN': Pupils from Coupar Angus Primary School created the design.

Pupils show off their new logo for town

Pupils show off their new logo for town

BY LOGAN HUTCHISON

The town of Coupar Angus has a new logo, thanks to the work of some local primary school pupils.

Children from Coupar Angus Primary School have created a new town logo as part of the Coupar Angus Cares project, an initiative encouraging residents to contribute ideas on how to make the town an even better place in which to live.

The pupils' design will be showcased at an upcoming community celebration aimed at gathering further input for developing the community action plan.

The Coupar Angus Spring Gala will take place at the Strathmore Community Hub on Trades Lane on Saturday, from noon until 3pm.

The free event, delivered with Perth and Kinross Council Community Learning and Development, the Strathmore Community Hub and the Coupar Angus Youth Activities Group (Cayag), will offer a wide range of activities for all ages, including food and refreshments, a petting

zoo, youth activities, a family photo opportunity and an Easter treasure hunt supported by the Coupar Angus Heritage Society.

All children taking part in the treasure hunt will receive a chocolate egg, and visitors will also have the chance to win vouchers for local shops.

The gala will also feature the official launch of the Strathie Hopper minibus project, attended by First Minister John Swinney as well as local councillors.

Volunteers from the Coupar Angus Community Forum, representing groups such as Cayag, Abbey Church, Thursday Friends and Coupar Angus Football Club, have worked to secure charitable status and prepare the community-gifted vehicle for service.

The minibus is one of 12 transferred to communities across Perth and Kinross as part of a wider Perth and Kinross Council initiative.

Councillor Tom McEwan, convener of Perth and Kinross Council's housing and social wellbeing

committee, said: "There is a real community spirit in Coupar Angus and a determination among residents to improve the village.

"This will be a great event and the new logo created by pupils is a fantastic example of their creativity and pride in their hometown."

Convener of Perth and Kinross Council's learning and families committee John Rebeck said: "It is great to see pupils from Coupar Angus Primary School playing such an important role in their community.

"It is a great design and I am sure everyone will enjoy the festivities on Saturday."

“ There is a real community spirit in Coupar Angus

07

**AIMING FOR
AWESOME
ATTENDANCE**



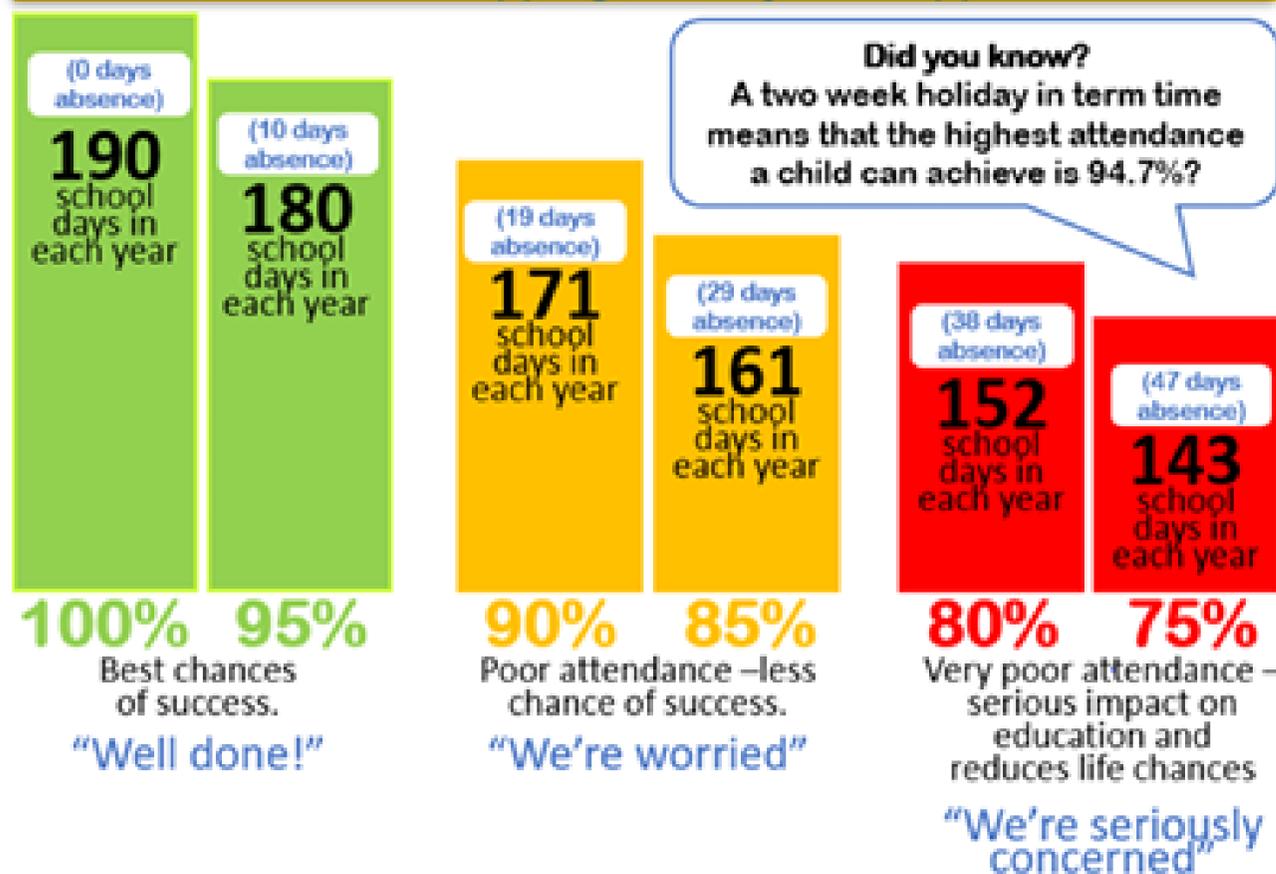
HEALTH & WELLBEING ATTENDANCE

Good attendance means...

being in school at least 95% of the time or 180 to 190 days

Good attendance gives children and young people the best choices and chances in life

365 days in a calendar year



Perth and Kinross Council Leaflets



[Family_Holiday_Leaflet_Aug_24_Final_.pdf](#)

[Pupil_Absence_from_Learning_Leaflet_-_Polish.pdf](#)

[Pupil_Absence_from_Learning_Leaflet_-_Romanian.pdf](#)

HEALTH & WELLBEING ATTENDANCE

Our Overall Attendance
Across all stages (P1-P7) attendance ranges from 88.5% to 92.4% indicating a moderate level of consistency. The average attendance across the school is currently 90.4%.

ATTENDANCE INFORMATION FOR PARENTS



**TARGET: 95%+
ATTENDANCE**

Poor attendance can have a significant negative impact on learning.

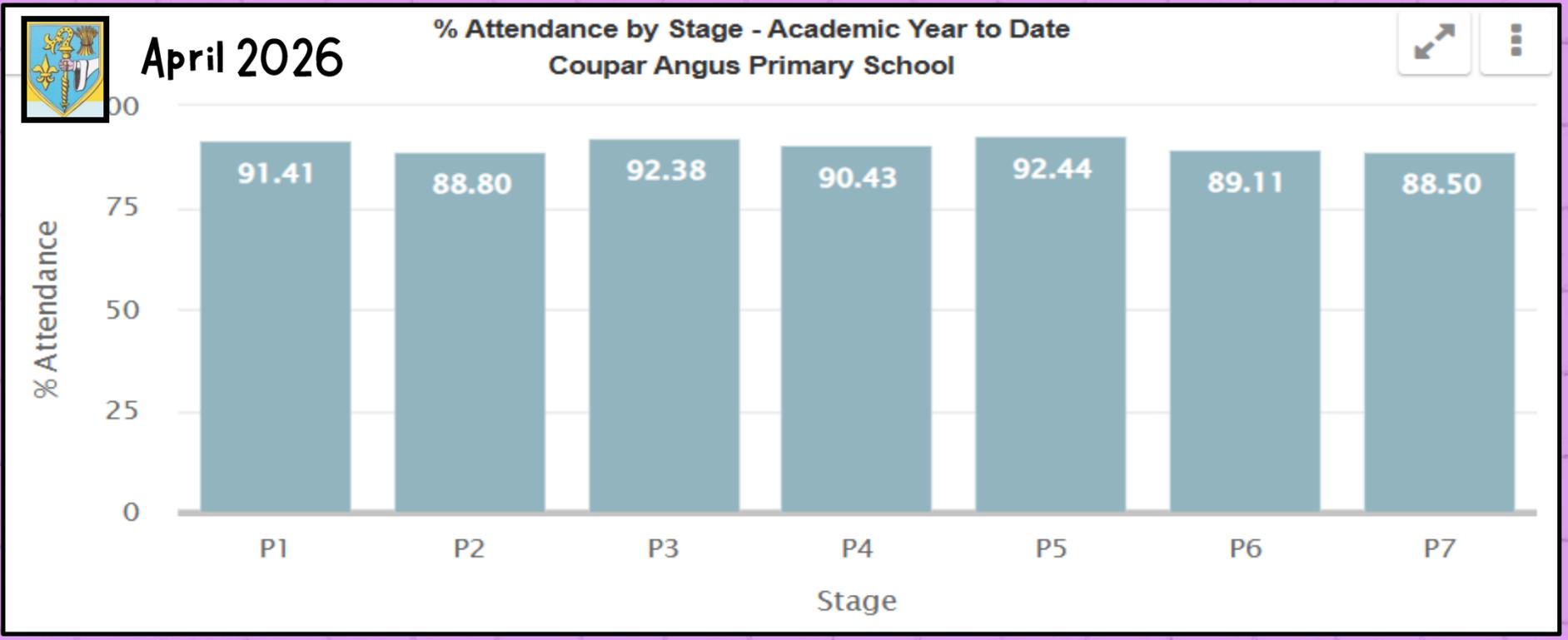


Days Absent	97% Attendance
10 Days Absent	95% Attendance
20 Days Absent	90% Attendance

**EVERY DAY
COUNTS
DAY**

BENEFITS OF GOOD ATTENDANCE

- Supports academic success
- Builds good habits
- Strengthens social skills



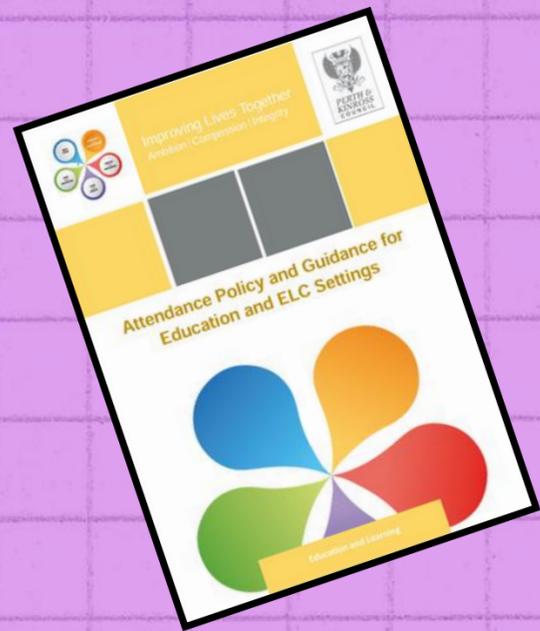
What We're Doing Really Well

- Lots of classes are above 90% — brilliant effort!
- P3 and P5 have smashed it with over 92% attendance!
- So many pupils are showing great routines and coming to school ready to learn.

Let's Keep Improving

A few classes are just under 90%. That's okay — we can work together to improve!
Remember:

- Coming to school every day helps you learn more.
- Even one or two days missed every month can add up.
- We are here to help if you need support.



HEALTH & WELLBEING ATTENDANCE TIPS

"Let's work together to improve attendance this term —every day makes a difference."

Next Steps to Increase Attendance 91% → 96%

-  **Early Support** – Identify concerns quickly and follow up within 24 hours
-  **Family Partnerships** – Work closely with families to remove barriers
-  **Positive Attendance Culture** – Celebrate improved and high attendance weekly
-  **Targeted Support** – Focus on key cohorts (e.g., P2, EAL, SIMD 1–2)

ATTENDANCE TIPS FOR PARENTS

-  **1 Establish a consistent morning routine**
Lay out clothes, pack bags, and prepare lunches the night before.
-  **2 Aim for early bedtimes and regular sleep patterns**
Well-rested children find it easier to get up and attend school consistently.
-  **3 Keep communication open with the school**
If your child is unwell or there's a concern affecting attendance, let the school know early so they can support you,
-  **4 Understand when your child can still attend**
Minor illnesses (like a runny nose, slight cough, or mild cold) often don't require time off.
-  **5 Avoid term-time holidays**
Even a few days away can have a big impact on learning and friendships.
-  **6 Celebrate good attendance**
Praise effort and consistency, Positive reinforcement goes a long way.

The school is there to help if you're facing barriers with transport, routine, or anxiety.

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DIARY DATES

DIARY DATES 2026 – Term 1 August – October



August

September

October

DIARY DATES 2026 – Term 2 October – December



October

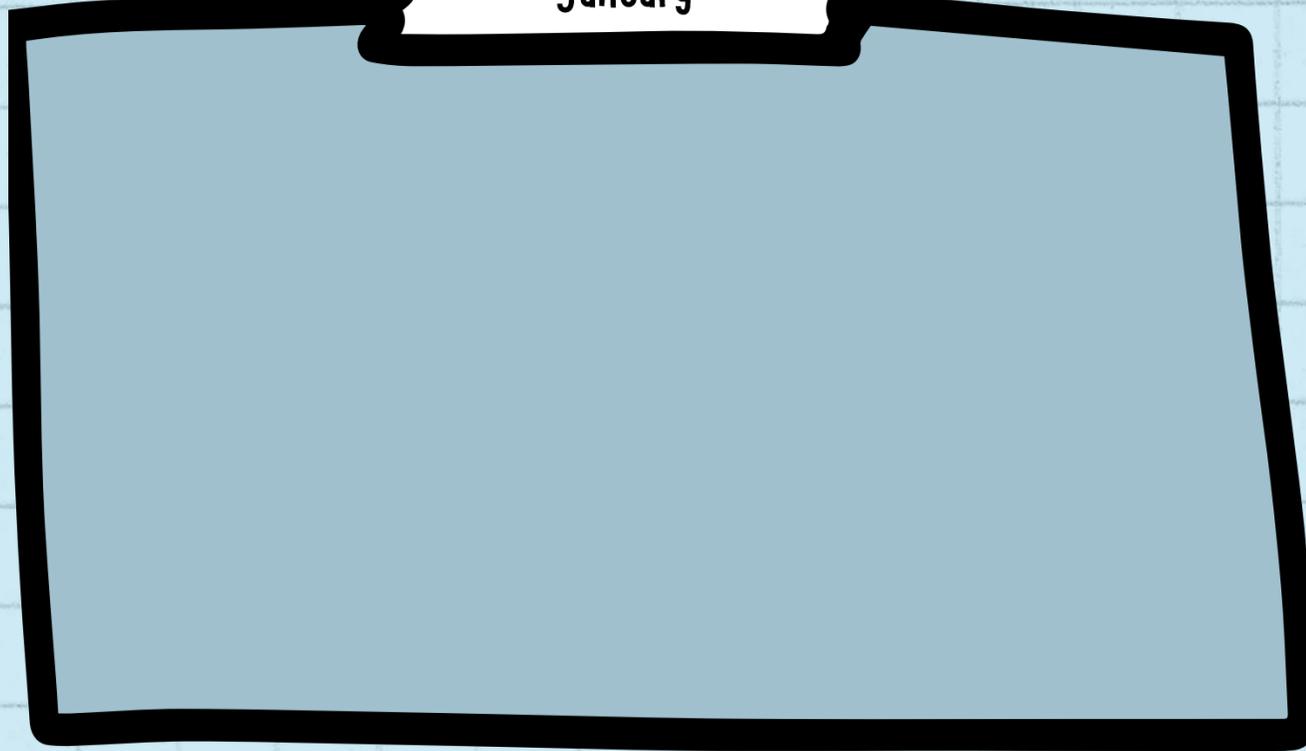
November

December

DIARY DATES 2026 – Term 3 January – April



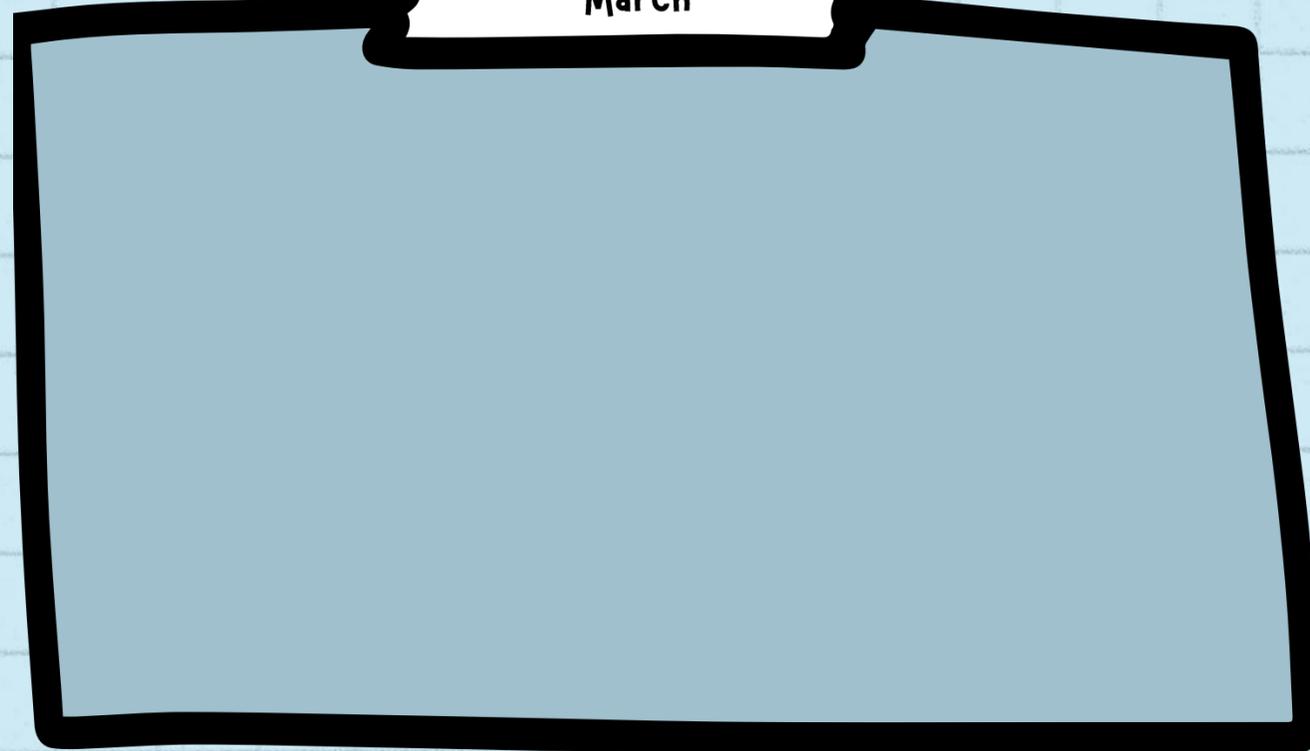
January



February



March



April

- Wed 01.04.26: Headteachers Treat
- Thurs 02.04.26: End of Term 3 school finishes at 3.15pm
- Fri 03.04.26: School closed for Holidays

DIARY DATES 2026 – Term 4 April – July



April

- Wed 01.04.26: Headteachers Treat
- Thurs 02.04.26: End of Term 3 school finishes at 3.15pm
- Fri 03.04.26: School closed
- Sun 05.04.26: Easter Sunday

- Mon 20.04.26: Term 4 Starts at 9am

May

- Mon 04.05.26: May Day Holiday
- Wed 06.05.26: Tempest Photos (including Nursery)
- Wed 06.05.26: Nurture Event 3.15pm - 5pm
- Thurs 14.05.26: Picnic Lunch/Sports Day (School)
- Wed 27.05.26: P4/5 Trip to Deer Centre
- Fri 29.05.26: In-Service Day

June

- Thur 11.06.26: P7 Induction Day
- Fri 12.06.26: P7 Induction Day
- Fri 12.06.26: Move up Morning
- Wed 24.06.26: Headteachers Treat
- Mon 29.06.26: Prizegiving Assembly Whole School Only
- Tues 30.06.26: P7 Leaver's Assembly 2pm (Parents welcome)
- Tues 30.06.26: P7's Final Fling

July

Thur 02.07.26: End of Term 4 at 12 noon
Fri 03.07.26 – Tues 18.08.26: Summer Holidays



2025/2026

School Term and Holiday Dates

2026/2027

Autumn term 2025

- In-Service day: Monday 18 August 2025
- Term starts: Tuesday 19 August 2025
- Term ends: Friday 10 October 2025
- Autumn holiday: Monday 13 October 2025 to Friday 24 October 2025



Winter term 2025

- Term starts: Monday 27 October 2025
- In-Service days: Thursday 13 and Friday 14 November 2025
- Term ends: Tuesday 23 December 2025
- Christmas holiday: Wednesday 24 December 2025 to Tuesday 6 January 2026



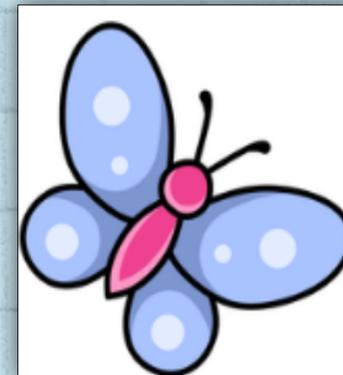
Spring term 2026

- Term starts: Wednesday 7 January 2026
- In-Service day: Wednesday 11 February 2026
- Occasional holidays: Thursday 12 and Friday 13 February 2026
- Term ends: Thursday 2 April 2026
- Spring holiday: Friday 3 April 2026 to Friday 17 April 2026
- Easter Sunday: Sunday 5 April 2026



Summer term 2026

- Term starts: Monday 20 April 2026
- May Day holiday: Monday 4 May 2026
- In-Service day: Friday 29 May 2026
- Term ends: Thursday 2 July 2026



Autumn term 2026

- In-Service day: Monday 17 August 2026
- Term starts: Tuesday 18 August 2026
- Term ends: Friday 9 October 2026
- Autumn holiday: Monday 12 October 2026 to Friday 23 October 2026

Winter term 2026

- Term starts: Monday 26 October 2026
- In-Service days: Thursday 12 and Friday 13 November 2026
- Term ends: Wednesday 23 December 2026
- Christmas holiday: Thursday 24 December 2026 to Wednesday 6 January 2027

Spring term 2027

- Term starts: Thursday 7 January 2027
- In-Service day: Wednesday 10 February 2027
- Occasional holidays: Thursday 11 and Friday 12 February 2027
- Term ends: Thursday 25 March 2027
- Spring holiday: Friday 26 March 2027 - Friday 9 April 2027
- Easter Sunday: Sunday 28 March 2027

Summer term 2027

- Term starts: Monday 12 April 2027
- May Day holiday: Monday 3 May 2027
- In-Service day: Friday 28 May 2027
- Term ends: Friday 2 July 2027



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