



## Incredible Years

A Programme for Parents and Carers

We know that being a parent can be a tough job and has its highs and lows! Sometimes our children don't behave the way we would want them to and don't do or say the things we would like.

The **Incredible Years** Programme aims to offer support to all parents and carers of 2-8 year olds who are looking to help their child manage behaviour better.

## Our next **Incredible Years**

Programme is running in:

Community Connect Rattray 09.30am - 11.30am

Thursday 27th February 2020 Thursday 18th June 2020 (excluding 9th & 16th April)

**Programmes** last for 2 hours each week for 15 weeks.

Crèche. transport and refreshments are provided.

If you are interested in coming along please contact:

Parenting & Family Learning Team Tel: 01738 477697

Email: parenting@pkc.gov.uk



www.pkc.gov.uk/incredible-years

(PKC Design Team - 2017620)