

PRIMARY MENU - AUGUST to OCTOBER 2020

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

17th August
14th September

Chicken Mayo Sandwich
Cheese Roll (V)

Salad
Crusty Bread

Strawberry & Vanilla Mousse with Fruit

Tuna Mayo Wrap
Tomato Pasta (Ve)

Salad
Crusty Bread

Gingerbread Men with Fruit

Ham Finger Roll
Red Pesto & Mozzarella Pasta (V)

Salad
Crusty Bread

Yoghurt

Sweet Chilli Chicken Pasta
Egg Mayo Finger Roll (V)

Salad
Crusty Bread

Madeira Cake with Fruit

Ham Sandwich
Cheese & Tomato Quiche (V)

Salad
Crusty Bread

Ice Cream with Fruit

WEEK 2

24th August
21st September

Chicken Mayo Sandwich
Tomato Pasta (Ve)

Salad
Crusty Bread

Banana Loaf with Fruit

Tuna & Sweetcorn Pasta
Cheese Finger Roll (V)

Salad
Crusty Bread

Melon

Ham Finger Roll
Egg Mayo Wrap (V)

Salad
Crusty Bread

Cheese & Crackers with Fruit

Chicken Pasta
Cheese Sandwich (V)

Salad
Crusty Bread

Yoghurt

Tuna Mayo Wrap
Cheese & Tomato Quiche (V)

Salad
Crusty Bread

Ice Cream with Fruit

WEEK 3

31st August
28th September

BBQ Chicken Pasta
Cheese Sandwich (V)

Salad
Crusty Bread

Gingerbread Men with Fruit

Ham Finger Roll
Quorn Mayo Pasta (V)

Salad
Crusty Bread

Strawberry & Vanilla Mousse with Fruit

Tuna Mayo Pasta
Sliced Egg Roll (V)

Salad
Crusty Bread

Madeira Cake with Fruit

Red Pesto Chicken Pasta
Cheese Roll (V)

Salad
Crusty Bread

Yoghurt

Ham Sandwich
Cheese & Tomato Pasta (V)

Salad
Crusty Bread

Ice Cream with Fruit

WEEK 4

10th August
7th September

Tuna Mayo Finger Roll
Sweet Chilli Quorn Pasta (V)

Salad
Crusty Bread

Banana Loaf with Fruit

Ham Sandwich
Egg Mayo Wrap (V)

Salad
Crusty Bread

Yoghurt

Chicken Mayo Finger Roll
Cheese & Onion Quiche (V)

Salad
Crusty Bread

Cheese & Crackers with Fruit

Chicken & Tomato Pasta
Cheese Mayo Wrap (V)

Salad
Crusty Bread

Melon

Ham Roll
Cheese & Egg Mayo Finger Roll (V)

Salad
Crusty Bread

Ice Cream with Fruit

Tayside Contracts believes in providing quality meals using quality ingredients.
Where possible we use locally sourced products.

ALL OUR
EGGS ARE
**FREE
RANGE**



ALL OUR FISH PRODUCTS ARE MSC
(MARINE STEWARDSHIP COUNCIL) FOR
SUSTAINABILITY



ALL OUR CHICKEN
DISHES ARE
MADE USING
**RED
TRACTOR
CHICKEN**

OUR LENTILS,
PEAS, CHEESE
AND OATS ARE
**LOCALLY
SOURCED**
IN SCOTLAND

OUR FRESH FRUIT
AND VEGETABLES ARE
SOURCED LOCALLY FROM
TOTAL PRODUCE AND IS
SCOTTISH
WHERE POSSIBLE
TotalProduce
Let's Grow Together

ALL OF
OUR
MILK IS
LOCALLY
SOURCED
BY
D&D
DAIRIES
IN CRIEFF



ALL OUR
**BUTCHERMEAT IS QMS
(QUALITY MEAT SCOTLAND)**
OUR MINCE, ROAST BEEF, STEAK, SAUSAGES AND BEEF
BURGERS ARE ALL LOCALLY SOURCED BY CAMPBELLS
PRIME MEAT IN LINLITHGOW



All nutritional information for Tayside Contracts
school meals can be found on our website.

Fruit and Yoghurt available daily. Unlimited bread, vegetables and salads daily.

† May contain Nuts

* May contain Sesame Seeds

(V) Vegetarian

(Ve) Vegan

Tayside
contracts