



Gentle Hands (no hitting)



When I get very excited or very angry I hit



I hit my teachers and my friends.



Hitting hurts my teachers and my friends.

It makes them sad and frightened.



It is not ok to hit!

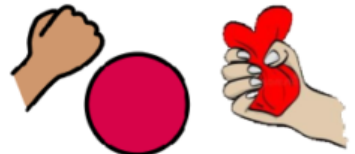


I will not hit.

I will have gentle hands.



When I am excited or angry I can punch a ball or squeeze a squashy toy instead



Everyone will be happy if I do not hit and have gentle hands.

