

Indicators

There are 8 wellbeing indicators which are often used to help young people, parents and professionals prepare for and participate in meetings which have a focus on a young person's Health and Wellbeing. These indicators are:

- I am safe
- I am healthy
- I am achieving
- I feel nurtured
- I am active
- I feel respected
- I am responsible
- I feel included.

The indicators are often considered along with the My World Triangle to plan next steps for a young person.

