



Blairgowrie High School Sports News letter

Young Ambassadors

Erin MacGregor and Hannah Reid take up their new roles as Platinum Young Ambassadors for Blairgowrie High School and welcome Kieran Matthews and Drew Maduc Jones to their posts as Gold Ambassadors.

The Young Ambassadors Programme started in 2006 following London's successful Olympic bid as an integral part of the Games Legacy. The role of the Young Ambassador, with the support of their Active Schools Coordinator is to promote and encourage participation in sport within their school and to harness the power of major sporting events such as Glasgow 2014 and the Ryder Cup to inspire others to become involved in sport.

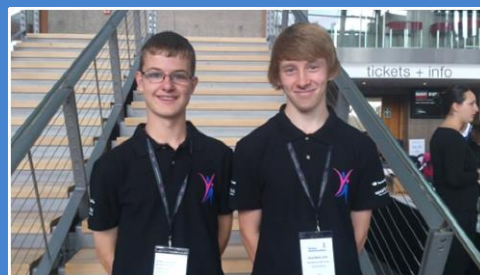


Erin MacGregor, Hannah Reid speaking at the Young Ambassadors conference to 150 pupils from 53 schools across Scotland. Hannah with mentors Lee McConnell and Steve Frew and Erin with mentor Shirley Web



Young Ambassadors conference 2013

Kieran Matthews, Erin MacGregor, Hannah Reid and Drew Maduc Jones at Perth Conference 2013



Perth and Kinross Football Select Squad

Perth and Kinross Schools select a football team featuring 3 BHS pupils, Robbie, Christie and Matthew



SENIOR

Hockey



Left - Girls Indoor Hockey team finished 3rd in their group, going on to beat TCSOA 1-0 in the play off

Middle - The players & coaches of the S3/4 hockey teams braving the cold at NICC on one of the coldest days in November 2013

Right - Team 1 who finished 2nd in the robin league fixture P&K schools league NICC in November 2013



*Matthew Connan,
Jodie Smith,
Alexandra
McIntyre and Claire
Connan (absent
from photo: Elliot
Sandison)*



Community sports leader Award



The Level 2 Award in Community Sports Leadership is a nationally recognised qualification that enables successful candidates to lead groups of people in sport/activity, under indirect supervision. The award gives people aged 16 and over the skills needed to lead groups in safe sporting and recreational activity. It encourages participants to take responsibility for others, develops organisational and communication skills and instils confidence in people for whom leading groups in sporting activities is a new experience. The majority of the course is practical in nature with an emphasis on learning through doing, rather than through written work.

This qualification is for 42 guided learning hours which includes 10 hours of demonstration of leadership with the compulsory requirement of a first aid qualification. The 10 hours of leadership is accomplished with the help of Active Schools where we can help them set up an after schools activity for the primary schools. Well done to Matthew Connan Jodie Smith, Alexandra McIntyre, Claire Connan and Elliot Sandison who gave up a week of their October holidays to undertake the Community Sports Leader Award with Active Schools. This year CSLA award pupils also gained Hockey Leaders Award, Beginner's Badminton and Football Early Touches.

Qualifications

Higher and Int. 2 PE pupils
participating in a
badminton workshop



Hockey Umpire Award



First Aid



Coracles

27 young people from Blairgowrie High School took part in the Coracles Project, which was a joint initiative between the school, PKC Arts Development Service and Active Schools. This ambitious project equipped pupils with the necessary skills to build their own coracles from scratch using hand tools and traditional methods, working with experienced willow weaver Jane Wilkinson.

Over the year-long project pupils harvested the willow, built, covered and tarred 9 full-size boats. The group spent a day at St Andrew's University learning how to carry out research, developed their own individual areas of study, all linked to coracles, and took part in an open water boat skills



course at Belmont Centre, Meigle.

On 24th Oct 2013 the boats were launched at Clunie Loch, where pupils took it in turns to steer the craft on the water with paddles designed by themselves.

The future of this project is to get a kayaking/open boating club going in the area. If you are interested in doing some water sports/climbing or walking please contact Caroline Lawrie Active School.



Hockey

Congratulations to Elliot Sandison who has been chosen to play for Scotland in the under 18 Hockey squad.



Swimming

The Perth and Kinross Schools Swimming Gala took place at Perth Leisure Pool on Wednesday 25th September. Well done to all pupils who took part



Indoor Cricket

Blairgowrie Cricket team entered in to the indoor tournament in Perth. It was very close between 3rd and 4th place, Blairgowrie came 4th which is their highest ranking yet. Well done to Rory Clarke, Murray Scott, Sean McGinley, Brad Bannerman, Michael Howes, Sandy Tannahill, Kieran Matthews attended the P&K indoor event.



Sports Day

Hannnah Reid and Matthew Davidson are the overall Sports Champions of Blairgowrie High School



S1-2 Hockey

Team 1 were runners up in the Perth and Kinross Schools Indoor Hockey Tournament, scoring an impressive 28 goals in the pool stage to reach the final with Perth High School. Big thank you to the Jodie, Claire, Elliot and Fraser for all their help



Team 2 finished 4th in the pool stages, a great result for their first tournament.

Netball

Netball club has been developing strongly at Blairgowrie High with senior members coming together for some difficult fixtures against bigger Perth teams. We have also welcomed along some aspiring first years that have slotted into the squad brilliantly.

With our new coaches Miss Gillies and Mrs Kennedy the experiences at netball club have been greater than ever. This along with support from Hannah Reid in organisation of games has made a good start to the first half of the league where the junior team won two out of three fixtures with one game in hand. I look forward to the next half of the league and as always welcome anyone who has a keen interest in netball or being part of a fantastic team.



Extra-curricular clubs

Why not come and try something new for 2014

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch time	Table Tennis 1:10-1:45	S4 Football	S3 Football		
After school	S1-3 Dance Girls Rugby S1-6 Cricket	S4-6 Dance Netball Boys Rugby	S1-3 Hockey S4-6 Hockey Strength and Conditioning	Basketball S1-2 Football	

Primary School Hockey Festival

Fifty Primary school pupils from Blairgowrie attended a hockey festival which was organized and run by senior pupil.

The event was an amazing success and the senior pupils all gained their Youth Umpires Award as a result. They were being assessed on the evening by Eleanor Cormack, Hockey Development Manager for Tayside and Fife.

Many thanks to the players, parents and volunteers who made our first Primary Festival such a success.

Senior pupils will be involved in running further festivals in different events next year. If you would like to volunteer for the next festival please come and see Caroline Lawrie at the PE base.



QUEEN BATON RELAY

Jodie Smith has been chosen to represent Blairgowrie High school in the Queen Baton relay.



Champion in School

In January pupils from S1 will be chosen to attend the Champions in Schools programme which provides young people with multiple visits from inspiring role models and encourages them to adopt sport as a tool as a healthy and active lifestyle for life.

This programme from *Winning Scotland* places Scotland's top international athletes in the classroom to deliver a series of inspirational workshops on the topics of goal-setting, fitness and nutrition and winning attitudes.

In June pupils were involved in running with Mark to encourage mark on his last leg of his Highland adventure run.



S1-2 Football

Michael Howes and Brad Bannerman have been volunteering with the S1-2 football team. They lead regular football sessions every Thursday after school and recently the team played a friendly game against a S1/2 team from Breadalbane Academy.



Information

Badminton Scotland

Free tickets are available for parents and their children to attend the Scottish National Badminton Championships at Bell's Sports Centre on Friday 31st to Sunday 2nd February 2014.

Contact: Jane Russell, Tayside & Fife Badminton Regional Development Officer

Mobile: 07891 261612

E-mail: jane@badmintonscotland.org.uk website: www.badmintonscotland.org.uk

THE SCOTTISH FISHERIES MUSEUM

Coracle Exhibition: 7 January – 27 February which features one of Blairgowrie High School's boats that was built as part of the 2012-2013 Coracles Project

Open: Mon – Saturday: 10 – 4.30, Sunday: 12 – 4.30

Entry: admission FREE

St Ayles, Harbourhead, Anstruther, Fife KY10 3AB

www.scotfishmuseum.org



With Thanks...

I would like to give a huge thank you to the PE staff, Volunteers, Senior Pupils and Teachers across the school who run clubs and/or school teams as well as staff who drive the mini-bus to take pupils to matches. Thank you to all the club coaches and sports development officers who have also offered their assistance in delivering and supporting our clubs. Without you we could not offer the range of opportunities to our pupils.



Pupil's Personal Achievement

If you have any sporting stories feel free to contact Caroline Lawrie – Active Schools Coordinator. I will more than happy to include them in my next newsletter.

Caroline Lawrie clawrie@pkc.gov.uk