

# Blackford Primary School

## Positive Behaviour and Anti Bullying Policy



At Blackford Primary School, we recognise that positive relationships are essential to helping our children to be ready to learn, safe in their environment and successful in life now and in the future.



Our Positive Relationships and Anti Bullying Policy draws on research, practice and our Local Authority's guidance to ensure children, staff and parent/carers are working together to help our children feel understood, to achieve and become the best they can be.

### Behaviour is communication

We know that for a variety of reasons not all of us come to school everyday ready to give our best. We have emotional check ins for everyone; they help us to support children when they need it. We provide opportunities to teach positive behaviour and emotional literacy. We believe that we all need different things to help us be the best we can be. At Blackford Primary School, equity is at the heart of what we do.



### Our Approach to Positive Behaviour

We all belong to Team Blackford  
We create a sense of belonging through assemblies, class and playground charters, celebrating success, building positive relationships, teaching and modelling positive behaviour and emotional literacy, providing spaces for children regulate with dignity and love.

### Our Approach to Anti Bullying

We follow Perth and Kinross Council's Anti Bullying policy and refer to Respect Me, Scotland guidance on anti bullying. We do not tolerate discrimination, racism, bad language, physical or verbal aggression. This includes bullying online. Any incidences of bullying are referred to SLT who take appropriate action. This may include restorative conversations, natural consequences and speaking with parents/carers in person or over the phone. Bullying incidents are recorded on children's records. Support and advice is given to everyone involved to help restore the harm that has been caused.



### What is bullying?

Bullying is a combination of what someone did and the impact that had; bullying impacts on a person's capacity to feel in control of themselves and often impacts their mental wellbeing. We recognise there is always a reason why people behave the way they do. We work to understand everyone's views and restore harm.

### Supporting Positive Behaviour

We provide appropriate support to promote positive behaviours such as:

- Restorative approaches (listening to both sides and agreeing how to repair harm)
- Parent/ carer involvement
- Identifying natural consequences (rather than punishments)
- Supporting the playground
- Staged intervention where appropriate

### How can Parents/ Carers Help?

We need parents/carers to help their children to be responsible members of their school. You can help your children by:

- Talking to your children about positive relationships
- Listening to their thoughts, feelings and behaviours
- Be a good role model ; children copy adult behaviour
- Encouraging your children to uphold the school values at all times
- Having zero tolerance of verbal, physical and online aggression
- Talking to staff when difficulties arise- work with us to solve disagreements

