

Orphir Community School

Tuesday 30 September 2025

Trip to MLM Engineering

Thursday 2 October, P1-3 only

Please remember all the bairns to have coats and wellies for this trip and be dressed appropriately for the weather that day.

Family Quiz Night

Friday 3rd October

The Parent Forum are planning to hold a family friendly quiz night on Friday 3rd October at 6pm. The quiz is fundraising for school activities, with the aim of continuing to support the outdoor education for P6/7 and school trips for nursery to P7.

It will be £5 per adult and secondary school children, free for primary school age children. Teams of around 6 with a maximum of 4 adults. Tables can be booked by emailing

admin.orphir@glow.orkneyschools.org.uk



Mobile Library Van

The mobile van is visiting 7 October, please pop books in with your child(ren) if you want them returned.



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Tuesday 7 October 2025 from 09:30-11:00

Mobile Library Timetable 2025

Orphir, KW17 2RB Orphir, United Kingdom

Tue, 19 Aug Tue, 7 Oct Tue, 2 Dec

Halloween Disco - Thursday 30 October, 6.00-7.30pm

This is a drop off event for P1-7 children and nursery and toddler children are welcome to attend too if parents stay with them.



Prizes for neepy lanterns or pumpkins



Format:

Drop off event

Helpers for kitchen

Paula

Louise

Emma



Supper

Hot Dog Roll

Cheese Roll

Vegan Alternative

Ketchup

School Office to organise:

Ice cream cone or wafer cup

Apples for dooking

Juice for supper



Football - Message from Erland Johnston and Nicky Watson

We are planning for football to start back on Friday 31 October for this season. This will be after school as before till 4.30pm. Forms will go home with the bairns, P4-7 boys and girls. Please return them so we can gauge interest and numbers. Thank you.



OCA Youth Activity Group

The children will have home an application form for them to be able to attend the Youth Activity Group. Please complete and return to the school. Where your child will come home with more than one, please pass to their older sibling as the group is open from P4-S2.

Please return these by Friday this week if your child is interested in attending so Megan can get an idea of numbers and helpers. There is also a request for parent helpers too - please sign up if you can.

Orkney Young Carers Service Feedback

We are seeking your feedback to help us improve Orkney Young Carers and shape the Young Carer strategy. Your responses will provide us with valuable insights into the strengths and areas for improvement of the current service, and guide us in developing a strategy that better supports young carers in Orkney.

https://forms.office.com/Pages/ResponsePage.aspx?id=zIfGOr9L0kCNYa_mVNkQdpaseuIjvs10k6Qw9j8e2XhURU83NDYxUEdLSTc0NDRFSFdISIVZNVVCVS4u

Forthcoming events next term!

Listed next to this are our school events for next term as issued at the start of Term 1. At the end of the newsletter, there are details about community groups and events too.

Term 2

N to P7 Halloween Disco

Thursday 30th October: Evening

Peedie Harvest Home

Thursday 6th November: PM

Reporting Progress Evenings

Wednesday 26th November

Thursday 27th November

After school

Children In Need

Friday 21st November

Christmas Service & P1-3 Nativity

Wednesday 10th December

Kirk: PM

Christmas Party

Wednesday 17th December: PM



Parenting across Scotland Team
18 York Place, Edinburgh, EH1 3EP
[Website](#) | [Socials](#) | [Newsletter](#)

Hello,

I am contacting you regarding two upcoming FREE events for parents and carers that may be of interest to you. Details are below.

Keeping children safe online - Wednesday 22 October, 5:30-6:30pm, online

This webinar is being delivered in partnership with Police Scotland's Cybercrime Harm Prevention Team to explore how you can help keep yourself and your loved ones safe whilst online - there will be a short presentation by Police Scotland, followed by the opportunity to ask questions.

For more details and to book a spot: <https://www.eventbrite.com/e/keeping-children-safe-online-webinar-tickets-1656266009219?aff=oddttdtcreator>

House of Hormones - Thursday 9 October, 5:30-7pm, online

Join Parenting Across Scotland and Cyrenians Scottish Centre for Conflict Resolution as they delve into the issues households can face when generations within a family enter puberty and perimenopause at the same time. Joined by Lyndsay Harrison, General Nurse Practitioner and founder of Workplace Menopause Support, we'll break down what's going on in perimenopausal and teenage bodies and brains – and how to return the House of Hormones to peace.

For more details and to sign up, visit: <https://www.eventbrite.com/e/house-of-hormones-tickets-1658875905489?aff=oddttdtcreator>

Best wishes,
The Parenting Across Scotland Team

Public Dental Service
Dental Department
The Balfour
Kirkwall, Orkney, KW15 1NZ
Telephone: (01856) 888258
Email: ork.oralhealth@nhs.scot

17 September 2025

Dear Parent/Guardian

SCHOOL DENTAL INSPECTIONS – ACADEMIC YEAR 2025 2026

The NHS in Scotland runs a programme of dental inspections of children in Nursery and Primary school classes. This programme is managed and run by all the Health Boards in Scotland and Public Health Scotland (PHS).

The inspections are carried out by a Dentist, with support from another team member. All are employed by NHS Orkney. High standards of hygiene are followed and no X-rays are taken.

Dental inspection information that identifies your child will be used by NHS Orkney to tell you about their dental health and need for dental care. If they are registered with an NHS dentist, NHS Orkney may also tell their dentist about the findings. If your child is not registered with an NHS dentist, NHS Orkney may offer you help in finding one for them.

NHS Orkney will share the findings with PHS. This is in order that the dental inspection information can be used to help with the planning and delivery of NHS dental services across Scotland. Sometimes the information will be used to carry out research. The inspection information is anonymised for these purposes where at all possible.

Information from your child's dental inspection will be held by NHS Orkney and PHS. The NHS will make sure that your child's information is stored safely, stays private and is only accessed by authorised people. This is in compliance with the European General Data Protection Regulation (GDPR) and the UK Data Protection Act 2018. All NHS staff have a legal and contractual duty to keep personal health information secure and confidential. All staff have mandatory training in Data Protection and IT security. Further information can be found on the reverse of this letter.

If you have any queries in relation to the inspection programme, please call the number above.

If you do not want your child to have this dental inspection, please write to us at the above address or email, within one week of receiving this letter. Please include your child's name, school and class in your communication with us.

Yours faithfully

NDIP Team

The legal basis for NHS Orkney and PHS using this information is to promote and improve the health of your child and other patients and/or manage the NHS health care system and services in Scotland.

You have various rights in relation to your child's information. Please see the Data Protection pages of NHS Orkney at <https://www.ohb.scot.nhs.uk/your-information-and-how-we-use-it> and Public Health Scotland at [Personal data processing - Our privacy notice - Public Health Scotland](#) for further information and the period for which the information will be held.

Contact details for those organisations can also be found via those links. If you need help to access this information, please contact NHS Orkney.

Education, Leisure and Housing

School term dates - 2025 / 2026 (all dates are inclusive)

Term 1 2025	Tuesday 19 August – Friday 10 October. (39 days)
October holidays	Monday 13 October – Tuesday 28 October.
Term 2	Wednesday 29 October – Friday 19 December. (38 days)
Christmas holidays	Monday 22 December – Friday 2 January.
Term 3 2026	Monday 5 January – Friday 3 April. (61 days)
Schools closed	Thursday 12 February – Tuesday 17 February.
Spring holidays	Monday 6 April – Friday 17 April. (Easter Monday 6 April).
Term 4	Monday 20 April – Thursday 2 July. (52 days)
Schools closed	Monday 4 May (May Day holiday).
Schools closed	Monday 1 June.
Staff Only, In-service days are: - Monday 18 August. - Monday 27 – Tuesday 28 October. - Tuesday 17 February. - Monday 1 June.	

Should I keep my child off school or childcare?



Yes

Illness	Until...
Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and vomiting	48 hours after their last episode
Cold and flu-like illness (Including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the advice on NHS Inform if they've tested positive for COVID-19
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet fever	24 hours after they started taking antibiotics
Whooping cough	48 hours after they started taking antibiotics



No

but make sure you let their school or childcare know about...

Hand, foot and mouth	Head lice	Threadworms
Glandular fever	Tonsillitis	Slapped cheek

Parents and carers can find further health advice on nhsinform.scot

Advice and guidance

To find out more, scan the QR code or visit publichealthscotland.scot/hpcyp



Looking after ourselves

Free online workshops



Find out ways to
look after
yourself and
stay calm

Join
us!

Family life can be stressful. This workshop helps you to find ways to look after yourself and stay calm so you can juggle everything better.

Come along and:

- Understand the benefits of recharging our batteries for emotional and physical health
- Share feelings and develop realistic expectations and coping strategies
- Overcome feelings of guilt and failure
- Gain practical strategies to reduce the stresses of family life

More information

Tuesday 4th
November at 7pm

Book a space or
find out more at:

ork.henry@nhs.scot

Understanding children's behaviour



Free online workshops

Find out
what's driving
your child's
behaviour

Join
us!



Come along and:

- Understand feelings and needs behind children's behaviour
- Discover the importance of listening to children, and how it can support meeting their needs
- Explore responding with empathy, and how it can positively influence children's behaviour

More information

Tuesday 18th
November at 7pm

Book a space or
find out more at:

ork.henry@nhs.scot

Community Events

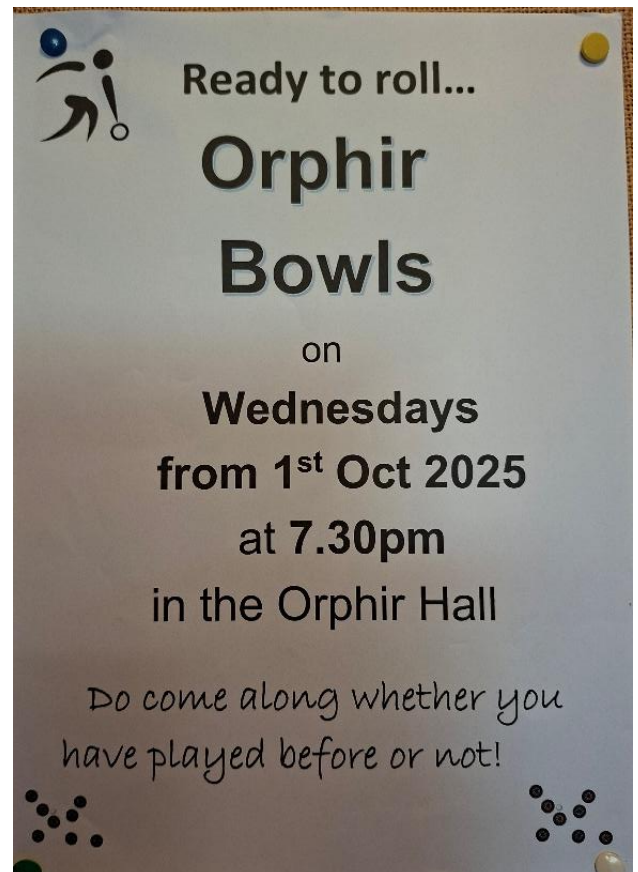


Yarnin' is a friendly social group meeting in the Orphir and Stenness Kirk Hall in the Orphir village every second Wednesday from 7-9pm. (next meeting Wednesday 1 October)

Take along your yarn project (knitting, crochet, cross stitch, etc) to work on and have a yarn with fellow like minded folk. £1 donation towards tea and a biscuit.

Entrance via the side door.

Information on bowls is on the next photo (what it hasn't said is that there is a cup of tea and a biscuit at that too! 😊) and entrance is normally through the kitchen door.





Orkney Islands Council

🌲 Free!! Family Learning Activities in Binscarth Woods 🌲

Join us this October break for exciting outdoor activities including: 🍂 Nature walks & tree identification 🎨 Arts & crafts 🗺️ Orienteering 🔥 Bushcraft & archery 📖 Daily storytelling (1-1.45pm)

Sessions available: Mon 27 Oct (2-5pm) and Tue 28 Oct (10am-1pm or 2-5pm)

For children aged 5-11 (must be accompanied by an adult) - Free fruit & drinks provided!

📞 Book now: 01856 879200 - Spaces limited - first come, first served!