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| WEEK 1 | Weeks commencing: 2nd,30th January. 27th February. 1st March. 8th May. 5th June  |
| **Week 1** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Soup** | Cooks’ homemade soup of the day | Cooks’ homemade soup of the day | Cooks’ homemade soup of the day | Cooks’ homemade soup of the day | Cooks’ homemade soup of the day |
| **Main course option 1** | Chicken sausage roll | Mince | Breaded haddock | Roast pork | Chicken curry |
| **Main course option 2** | Vegetarian sausages in a roll | Quorn mince | Homemade chickpea burger | Lentil roast | Vegetable curry |
| **Vegetables and carbs** | Salad | Tatties | Chips | Roast tatties | rice / Nann Bread |
| **Vegetable 1** | Cooks’ choice of the day | Cooks’ choice of the day | Cooks’ choice of the day | Cooks’ choice of the day | Cooks’ choice of the day |
| **Vegetable 2** | Beans | Peas | Salad | Broccoli | Sweetcorn |
| **Jacket potato 1** | Tuna mayonnaise | Coronation chicken | Turkey | Cheese | Sausage and beans |
| **Jacket potato 2** | Beans | Egg | Coleslaw | Beans | Cheese |
| **Sandwich option 1** | Turkeyham | Ham | Coronation chicken | Turkey | Tuna mayonnaise |
| **Sandwich option 2** | Banana | Salad | Cheese | Egg mayonnaise | Cream cheese and cucumber |
| **Pudding**  | Fresh fruit | Sponge and custard | Fruit salad | Ice cream and raspberry coulis | Fresh fruit |
| **Yoghurt** | 100g Golden Acre yoghurt | 100g Golden Acre yoghurt | 100g Golden Acre yoghurt | 100g Golden Acre yoghurt | 100g Golden Acre yoghurt |
| **Fresh Fruit** | Selection of fresh fruit. Apples / Grapes / Orange/ Melon | Selection of fresh fruit. Apples / Grapes / Orange/ Melon | Selection of fresh fruit. Apples / Grapes / Orange/ Melon | Selection of fresh fruit. Apples / Grapes / Orange/ Melon | Selection of fresh fruit. Apples / Grapes / Orange/ Melon |
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| WEEK 2 | Weeks commencing: 9th January. 6th February. 6th March. 17th April. 15th May. 12th June |
| **Week 2** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Soup** | Cooks’ homemade soup of the day | Cooks’ homemade soup of the day | Cooks’ homemade soup of the day | Cooks’ homemade soup of the day | Cooks’ homemade soup of the day |
| **Main course option 1** | Spaghetti bolognese | Chicken in gravy with oatmeal stuffing | Gammon and pineapple | Homemade chicken goujons | Homemade salmon fishcake |
| **Main course option 2** | Sweet potato bolognese | Vegetable frittata | Quorn Sausage | Cowboy beans | Homemade pizza |
| **Vegetables and carbs** | Spaghetti / Garlic Bread | Roast potato | Tatties | Tattie wedges | Chips |
| **Vegetable 1** | Cooks’ choice of the day | Cooks’ choice of the day | Cooks’ choice of the day | Cooks’ choice of the day | Cooks’ choice of the day |
| **Vegetable 2** | Sweetcorn | Broccoli | Beans | Salad | Mixed salad |
| **Jacket potato 1** | Tuna | Beans | Sausage and beans | Bolognese | Tuna mayonnaise |
| **Jacket potato 2** | Cheese | Coleslaw | Cheese | Vegetable bolognese | Cowboy beans |
| **Sandwich option 1** | Ham | Turkey | Ham | Tuna Mayonnaise | Egg mayonnaise |
| **Sandwich option 2** | Cream cheese and cucumber | Egg | Salad | Cheese | Banana |
| **Pudding**  | Homemade Beremeal shortbread and peaches | Fresh fruit | Homemade brownie | Fresh fruit | Angel delight |
| **Yoghurt** | 100g Golden Acre yoghurt | 100g Golden Acre yoghurt | 100g Golden Acre yoghurt | 100g Golden Acre yoghurt | 100g Golden Acre yoghurt |
| **Fresh Fruit** | Selection of fresh fruit. Apples / Grapes / Orange/ Melon | Selection of fresh fruit. Apples / Grapes / Orange/ Melon | Selection of fresh fruit. Apples / Grapes / Orange/ Melon | Selection of fresh fruit. Apples / Grapes / Orange/ Melon | Selection of fresh fruit. Apples / Grapes / Orange/ Melon |
| Week 3 | Weeks commencing: 16th January. 13th February. 13th March. 24th April. 22nd May. 19th June |
| **Week 3** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Soup** | Cooks’ homemade soup of the day | Cooks’ homemade soup of the day | Cooks’ homemade soup of the day | Cooks’ homemade soup of the day | Cooks’ homemade soup of the day |
| **Main course option 1** | Orkney mince pie | Chicken fajita | Cheesy pasta | Willamsons sausages | Breaded haddock |
| **Main course option 2** | Quorn mince | Vegetable Fajita | Vegetable stew | Vegetarian sausage | Cheese and tomato quiche |
| **Vegetables and carbs** | Tatties | Wraps / Savoury rice | Crusty bread | Tatties | Chips |
| **Vegetable 1** | Cooks’ choice of the day | Cooks’ choice of the day | Cooks’ choice of the day | Cooks ‘choice of the day | Cooks’ choice of the day |
| **Vegetable 2** | Peas | Sweetcorn | Mixed vegetables | Baked beans | Peas |
| **Jacket potato 1** | Tuna Mayonnaise | Beans | Mince | Chicken mayonnaise | Sausage and beans |
| **Jacket potato 2** | Cheese | Quorn mince | Egg mayo | veg stew | Coleslaw |
| **Sandwich option 1** | Ham | Turkey | Tuna | Turkeyham | Chicken mayonnaise |
| **Sandwich option 2** | Banana | Egg mayo | Salad | Cheese | Cream cheese and cucumber |
| **Pudding**  | Fresh fruit | Semolina and peaches | Homemade flapjack | Fresh fruit | Banana muffins |
| **Yoghurt** | 100g Golden Acre yoghurt | 100g Golden Acre yoghurt | 100g Golden Acre yoghurt | 100g Golden Acre yoghurt | 100g Golden Acre yoghurt |
| **Fresh Fruit** | Selection of fresh fruit. Apples / Grapes / Orange/ Melon | Selection of fresh fruit. Apples / Grapes / Orange/ Melon | Selection of fresh fruit. Apples / Grapes / Orange/ Melon | Selection of fresh fruit. Apples / Grapes / Orange/ Melon | Selection of fresh fruit. Apples / Grapes / Orange/ Melon |
| WEEK 4 | Weeks commencing: 23rd January. 20th February. 20th March. 1st, 29th May. 26th June |
| **Week 4** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Soup** | Cooks’ homemade soup of the day | Cooks’ homemade soup of the day | Cooks’ homemade soup of the day | Cooks’ homemade soup of the day | Cooks’ homemade soup of the day |
| **Main course option 1** | Chicken and noodles | Homemade burger | Chicken pie | Pork meatballs in a tomato sauce | Breaded haddock |
| **Main course option 2** | Vegetable stir-fry | Vegetable burger | Quorn and vegetable pie | Vegetarian balls | Vegetable taco |
| **Vegetables and carbs** | Noodles | Chips | Tatties | Pasta | Tatties |
| **Vegetable 1** | Cooks’ choice of the day | Cooks’ choice of the day | Cooks’ choice of the day | Cooks’ choice of the day | Cooks’ choice of the day |
| **Vegetable 2** | Babycorn | Peas | Carrots | Mixed veg | Beans |
| **Jacket potato 1** | Tuna mayonnaise | Savoury chicken | Beef and beans | Ham and coleslaw | Chicken |
| **Jacket potato 2** | Beans | Coleslaw | Cheese | Egg mayonnaise | Cheese |
| **Sandwich option 1** | Turkeyham | Tuna mayonnaise | Ham | Chicken mayonnaise | Turkey |
| **Sandwich option 2** | Banana | Cheese | Salad | Cream cheese and cucumber | Egg mayonnaise |
| **Pudding**  | Fresh fruit | Custard cream | Fresh fruit | Apple crumble and custard | Fruit |
| **Yoghurt** | 100g Golden Acre yoghurt | 100g Golden Acre yoghurt | 100g Golden Acre yoghurt | 100g Golden Acre yoghurt | 100g Golden Acre yoghurt |
| **Fresh Fruit** | Selection of fresh fruit. Apples / Grapes / Orange/ Melon | Selection of fresh fruit. Apples / Grapes / Orange/ Melon | Selection of fresh fruit. Apples / Grapes / Orange/ Melon | Selection of fresh fruit. Apples / Grapes / Orange/ Melon | Selection of fresh fruit. Apples / Grapes / Orange/ Melon |