



Dear Parents and Carers,

This year we are really excited to be raising money for Sport Relief 2016! As one of the UK's biggest fundraising events, Sport Relief brings the entire nation together to get active, raise cash and change lives. Sport Relief 2016 will be kicking off in schools and nurseries on Friday 18th March.

Whitelees Primary School has decided to get involved and help raise money for this incredible cause.

To do our bit and raise money we will be:

**RUNNING A MILE IN THE SCHOOL GROUNDS.*

**SELLING SPORT RELIEF WRISTBANDS FOR £1 EACH WEEK BEGINNING 14TH MARCH 2016*

**SINGING AND DANCING TO THE SPORT RELIEF 2016 SCHOOL SONG – 'STEP IT UP' FOR SPORT RELIEF 2016. THE VIDEO CAN BE FOUND ON YOUTUBE. PLEASE FIND WORDS ON REVERSE OF THIS LETTER.*

**DRESSING UP IN WACKY SPORTS GEAR!*

on Friday 18th March 2016

Please could you send your child to school in sportswear and trainers on the day – THE WACKIER AND CRAZIER THE SPORTS OUTFIT THE BETTER! All children should bring a £1 donation.

If you wish you can also donate money on our school giving page by visiting:

<https://my.sportrelief.com/sponsor/whiteleesprimary>

And, the best bit is, the money raised by the public is spent by Comic Relief to help people living incredibly tough lives, both at home in the UK and across the world's poorest countries. To learn more about how Comic Relief spends the money raised for Sport Relief please visit sportrelief.com/schools.

We will also be using Sport Relief as a teaching opportunity so that our students can learn about the issues children across the world face, and how the money we raise can help them.

We really appreciate your support and hope that you'll have fun helping our school raise lots of money for Sport Relief!

Yours faithfully

Whitelees Charity Council

STEP IT UP FOR SPORT RELIEF



Words and Music by Mark and Helen Johnson

① Friday's come, let's have fun,
It's the nation's favourite sports day.
Tie your shoes, time to move,
Come on everyone!

② Run a mile, dance with style,
It's the nation's favourite sports day.
Cycle, swim, do your thing,
Come on everyone!

We can make a difference if we join the fun and games!

Chorus

Kick to the left, back with a glide,
Come on everybody do a deep-sea dive!
Limbo forward, knees up high,
Do the hoola-hoola for the longest time!

(Repeat)

Do the hoola-hoola for the longest time!

Repeat Verses 1 & 2 plus CHORUS (with harmony)

Bridge

Step it up, step it up, don't stop!
Do your best, give it all you've got,
Tell yourself you can go to the furthest limit.
Work it out, work it out, let's go!
Push yourself from your head to toe,
Take it up just a notch for a perfect finish.
(Spoken) Take it up, take it up!

Sing Together

Chorus

Kick to the left, back with a glide,
Come on everybody do a deep-sea dive! Limbo
forward, knees up high,
Do the hoola-hoola for the longest time!
Kick to the left, back with a glide,
Come on everybody do a deep-sea dive! Limbo
forward, knees up high,
Do the hoola-hoola for the longest time!

(Repeat, replacing last line with 'FINISH')

Bridge

Step it up, step it up, don't stop!
Do your best, give it all you've got,
Tell yourself you can go to the furthest
Limit!
Work it out, work it out, let's go!
Push yourself from your head to toe,
Take it up just a notch for a perfect
Finish!

(Repeat)