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| **Week 1** | **Monday 14th** | **Tuesday 15th** | **Wednesday 16th** | **Thursday 17th** | **Friday 18th** |
| Red Band | Cheeseburger in a bun with potato wedges and a choice of vegetable sticks, salad and coleslaw. | Macaroni Cheese served with pes, cauliflower and garlic bread. | Chicken Curry with rice served with a nan bread finger, sweetcorn and peas. | Irish Steak Pie Mash potato and veg. | Fish and chips with salad and peas. |
| Green Band  (Vegetarian alternative) | Vegetable burger in a bun with potato wedges and a choice of vegetable sticks, salad and coleslaw. | Tomato and pepper pasta with salad and carrot. | Vegetable Curry with rice served with a nan bread finger, sweetcorn and peas. | Shamrock Bap with Chicken goujons, potato wedges, salad and dip | Quorn Nuggets and chips with salad and peas. |
| Yellow Band  Baked potato with filling or a cold pasta dish. (served with salad and vegetable sticks) | Tuna Pasta only | Baked potato with: Baked beans or Tuna | Baked potato with:  Cold filling  Tuna or cheese  Hot Filling  Chicken/Vegetable curry | Veg Burger in a Bap | Cheese or tuna |
| Blue Band | Wrap  Chicken or cheese  Served with soup of the day and vegetable sticks. | Sandwich  Ham or cheese  Served with soup of the day and vegetable sticks. | Soft Bap  Cheese or tuna  Served with soup of the day and vegetable sticks. | Sandwich  Ham and cheese or tuna.  Served with soup of the day and vegetable sticks. | Sandwich  Chicken or cheese  Served with soup of the day and vegetable sticks. |
| Choice of soup, sweet treat, fruit or yogurt | Lentil soup, fruit, yogurt or jelly. | Roasted Sweet Potato soup, home baking or fruit. | Lentil soup, fruit, yogurt or home baking. | Irish Potato Soup | Lentil soup fruit, yogurt or jelly. |
| All meals are served with milk or water and two portions of vegetables. | | | | | |

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| **Week 2** | **Monday 21st** | **Tuesday 22nd** | **Wednesday 23rd** | **Thursday 24th** | **Friday 25th** |
| Red Band | Pizza slice with salad and vegetable sticks | Beef Bolognese pasta served with green beans, mixed salad and garlic bread | Chicken tandoori bites served with a wholemeal pitta bread finger, seasoned potato wedges, salad, vegetable sticks and dipping sauce. | Roast beef served inside a Yorkshire pudding with gravy potato, broccoli and carrots. | Fish and chips with salad and peas. |
| Green Band  (Vegetarian alternative) | Cheese toastie, Baked Beans and tomato wedges | Arabiatta pasta with garlic bread, salad and carrot. | Lentil dahl with rice served with a wholemeal pitta, potato wedges and vegetable sticks. | Veggie meatballs served inside a Yorkshire pudding with gravy potato, broccoli and carrots. | Quorn Nuggets and chips with salad and peas. |
| Yellow Band  Baked potato with filling or a cold pasta dish. (served with salad and vegetable sticks) | Tuna and sweetcorn Pasta | Baked potato with: Baked beans or Tuna | Baked potato with:  Tuna or cheese | Chicken mayo and sweetcorn pasta | Cheese or Baked Beans |
| Blue Band | Wrap  Chicken or cheese  Served with soup of the day and vegetable sticks. | Sandwich  Ham or cheese  Served with soup of the day and vegetable sticks. | Soft Bap  Cheese or tuna  Served with soup of the day and vegetable sticks. | Wrap  Ham and cheese or cheese.  Served with soup of the day and vegetable sticks. | Sandwich  Chicken or cheese  Served with soup of the day and vegetable sticks. |
| Choice of soup, sweet treat, fruit or yogurt | Lentil soup, fruit, yogurt or jelly. | Roasted Sweet Potato soup, home baking or fruit. | Lentil soup, fruit, yogurt or home baking. | Hearty Vegetable Soup, Ice Cream or fruit. | Lentil soup fruit, yogurt or jelly. |
| All meals are served with milk or water and two portions of vegetables. | | | | | |