

**Toothbrushing Programme**

**Protocol for Staff**

1. Consent letter supplied by the Oral Health Educator (OHEd) will be given to parents by office staff when a child is enrolling. Parents/Carers must give their consent before their child/children can take part in the programme.
2. The OHEd will supply toothbrush racks, toothbrushes and toothpaste. The toothbrush racks are on loan from the Community Dental Service.
3. The staff should keep the racks clean by rinsing in hot soapy water and will be responsible for maintaining the cleanliness of the brushes as well as the racks.
4. The racks **must not** be covered unless they are the specialist type with combined rack and cover.
5. The OHEd will supply pictorial charts to match children’s names against their individual toothbrush picture to ensure children use only their own toothbrush.
6. Staff will supervise the toothbrushing.
7. The staff will apply a pea-sized amount of toothpaste on the child’s brush and children should not rinse their mouth out after brushing.
8. Brushes must **never** be left soaking in Milton or any other cleaner.
9. Brushes should be rinsed individually with water to remove any surplus saliva and toothpaste.

10.The staff will be responsible for the programme on a daily basis.

11.The OHEd will change brushes every 10-12 week period or sooner as

necessary.

**Updated August 2018 by N. Ferguson**

**Woodlands Nursery Class – TOOTHBRUSHING PROGRAMME** 

