

# Getting Ready for School



It is nearly time to start school! Here are some things you can practise at home to help you get ready for school.

## Self-Care and Independence

- I can wash and dry my hands.
- I can wipe my nose.
- I can put on/fasten my coat and shoes.
- I can use the toilet.
- I am learning to dress/undress – this will help me change for PE.
- I am happy to be away from home.



## Playing with Others

- I join in games and activities with other people.
- I can share and take turns.

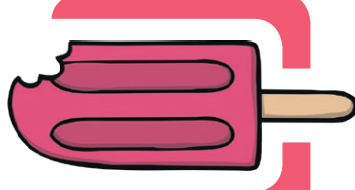
## Speaking and Listening

- I can talk about my ideas, needs and feelings.
- I can ask a grown-up for help.
- I can follow simple instructions.

- I am happy to be away from my parents or carers. I know they will be back soon.

- I can follow simple instructions.

## Eating and Drinking



- I can use a spoon, knife and fork.
- I can open my lunch box as well as wrappers and packaging.
- I can drink from a water bottle, carton or open cup.

## 1 2 3 4 5 Numbers

- I can count a small number of items.
- I like singing number rhymes or songs.
- I am learning to say numbers to ten.
- I can recognise some numbers.

## Reading and Writing

- I can recognise/read my name.
- I can hold a pencil to draw.
- I am learning to write my name.
- I enjoy listening to stories and rhymes.



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