Good Morning everyone! Hope you have had a lovely time during your holidays. I look forward to reading all about what you have been up to.

Here are some ideas for you to get yourselves out in the garden if you can,

Can you make an assault course for your garden using anything you have ie cones, clothes poles, etc.

Make a den outside perhaps sit in it to do some school work outside.

If you can find any wood twigs when out for a walk clean them up, then colour or paint them – a different way to do some art.

Try running around your garden 10 times a day, time youselves, hopefully by end of the week you will be getting quicker.

You and your family can have a challenge a day, something outside from who can score the most goals in a minute, who can do the most starjumps, whatever you can think of.

Enjoy playing and having fun!

Keep Safe and have fun! Remember suntan lotion its hot outside!!!