







# MENU

\* Chicken








\*\* Salmon

Week 1	Monday	Tuesday 	Wednesday	Thursday	Friday 
Hot Meal	Tasty Beefburger in a bun served with potato wedges, vegetable sticks and salad 	Cheesy Pasta served with peas, cauliflower and homemade garlic bread finger (v)	Mild Chicken Curry and rice with a wholemeal pitta finger, sweetcorn and peas	Chopped bangers* with gravy served with mashed potato, carrots and broccoli 	Fish fingers** with diced potato, sweetcorn and peas
Vegetarian Alternative	Quorn burger in a bun served with potato wedges, vegetable sticks and salad (v)	Cheesy Pasta served with peas, cauliflower and homemade garlic bread finger (v)	Mild Vegetable Curry and rice with a wholemeal pitta bread finger, sweetcorn and peas (v)	Quorn bangers with gravy served with mashed potato, carrots and broccoli (v)	Fishless fingers with diced potato, sweetcorn and peas
Fruit and a choice of yoghurt or home baking.	Fruit and yoghurt 	Fruit and home baking	Fruit and yoghurt	Fruit and home baking 	Fruit and yoghurt

Week Commencing - 19th August, 9th September, 30th September, 21st October, 11th November, 2nd December and 23rd December

# MENU




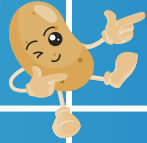



\*\* Salmon

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Hot Meal</b></p> 	<p>Pizza slice with salad and vegetable sticks (v)</p>	<p>Beef Bolognese and pasta spirals with garlic bread finger, green beans and salad</p>	<p>Quorn Dippers with a wholemeal pitta finger, potato wedges, salad and vegetable sticks (v)</p>	<p>Roast Beef in a yorkshire pudding with gravy, mashed potato, broccoli and carrots</p>	<p>Fish nuggets** with mashed potato, pease and sweetcorn</p> 
<p><b>Vegetarian Alternative</b></p>	<p>Pizza slice with salad and vegetable sticks (v)</p>	<p>Homemade Vegetable Soup with cheese sandwich triangles (v)</p> 	<p>Quorn Dippers with a wholemeal pitta finger, potato wedges, salad and vegetable sticks (v)</p>	<p>Veggie Meatballs in a yorkshire pudding with gravy, mashed potato, broccoli and carrots (v)</p> 	<p>Baked Potato with cheese and vegetable sticks (v)</p>
<p>Fruit and a choice of yoghurt or home baking.</p>	<p>Fruit and yoghurt</p>	<p>Fruit and home baking</p> 	<p>Fruit and yoghurt</p> 	<p>Fruit and home baking</p>	<p>Fruit and yoghurt</p> 

Week Commencing - 26th August, 16th September, 7th October, 28th October, 18th November, 9th December and 30th December

# MENU

\*\* Salmon

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Meal	 <p>Fish Fingers** with mashed potato and baked beans</p>	<p>Beef Lasagne with mixed salad, sweetcorn and homemade garlic bread finger</p> 	<p>Mild Chicken Curry with a wholemeal pitta finger, sweetcorn and peas</p> 	<p>Veggie Sausage Roll with mashed potato, broccoli and carrots (v)</p>	<p>Homemade Lentil Soup with cheese sandwich triangles (v)</p>
Vegetarian Alternative	<p>Fishless Fingers with mashed potato and beans (v)</p>	<p>Pasta Spirals with tomato sauce served with mixed salad and homemade garlic bread finger (v)</p> 	<p>Baked Potato with baked beans and a side salad (v)</p>	<p>Veggie Sausage Roll with mashed potato, broccoli and carrots (v)</p>	<p>Homemade Lentil Soup with cheese sandwich triangles (v)</p> 
Fruit and a choice of yoghurt or home baking.	<p>Fruit and yoghurt</p> 	<p>Fruit and home baking</p>	<p>Fruit and yoghurt</p>	<p>Fruit and home baking</p>	<p>Fruit and yoghurt</p> 

Week Commencing - 12th August, 2nd September, 23rd September, 14th October, 4th November, 25th November and 16th December