



WHITELEES WELLBEING HUB



A one stop shop for available services for parents and carers in our school and local community

SWAP SHOP

FINANCIAL INCLUSION TEAM

CUMBERNAULD HEALTH & SOCIAL CARE

PARENT ZONE

SPEECH & LANGUAGE

POMP

CHILDLINE

NHS

BARNARDO'S

FOOD BANK

CUMBERNAULD RESILIENCE GROUP

CLUB 365

ENQUIRE

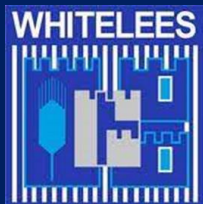
CAMHS

PROSPECTS FOR PARENTS

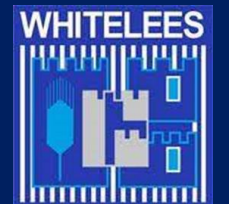
SLEEP SCOTLAND

CHRIS'S HOUSE

FEEDBACK



CLICK ON THE ABOVE TILES TO ACCESS THESE SERVICES





FINANCIAL INCLUSION TEAM



The Financial Inclusion Team provides support to all families experiencing difficulties.

Support includes:

- Crisis Grants
- Maximise income
- Free, confidential benefit check
- Help with claims, disability
- Help with appeals, representation at tribunals
- Liaise on people's behalf
- Assist with debt (after furlough, lost jobs)
- Assist with budgeting
- Assisted people who were shielding-providing food etc.
- Alternatively a confidential referral can be made on your behalf by the school at your request



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fit@northlan.gov.uk



01698 332551



SWAP SHOP



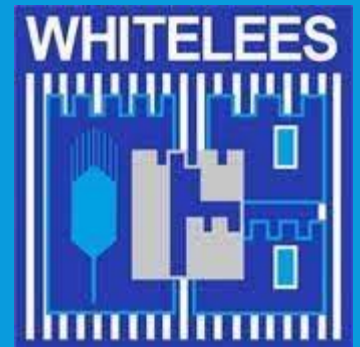
Here at Whitelees we have created a Swap Shop to rehome all of our preloved uniforms, clothes and shoes.

All items have been laundered and ironed. If you would like to request a specific item(s) please complete the Form and we will discretely give item(s) to your child to bring home.

Alternatively, you can pick items up during the school day from the main office.



Click here to order





WHITELEES FOOD BANK



We receive regular food donations and make up hampers of food and toiletries.

Please fill out the attached form to order a food hamper. You will be contacted to pick this up during school hours, when possible, we can drop these off to you.

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[Click here to order](#)





CUMBERNAULD RESILIENCE GROUP



A group set up to provide assistance and company to the people of Cumbernauld during these very difficult times. It is a confidential group set up to provide support, food and guidance should you require it.



Cumbernauld Resilience Group

07707 860 976



CUMBERNAULD HEALTH AND SOCIAL CARE

Please contact Cumbernauld Health and Social Care Department for advice, support and resources for parents, individuals and families.

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01236 638 700



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PARENT ZONE

A website for parents and carers that gives information about education in Scotland and provides ideas to help parents and carers support their child's learning. Follow Education Scotland (EducationScot) for parent and carer newsletters where you will find ideas, hints and tips for parents and carers.

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CLUB 365



This service has been affected by our response to coronavirus.

Our Club 365 programme which provides hot lunches and activities at weekends and holidays has not been able to take place as normal this year due to the pandemic.

With Covid-19 restrictions continuing to impact Club 365 provision, and based on the success of the voucher scheme, parents of primary pupils who, under revenue and benefits criteria are eligible for free school meals will now receive a voucher every four weeks.



01698 332551





ENQUIRE



Enquire is the Scottish advice service for additional support for learning.

Our mission is to:

- raise awareness of children's rights to extra support in school
- help families and schools work together to ensure children get the support they need
- provide advice to children and young people who might be struggling in school
- offer resources to parents



0345 123 2303

Helping you understand
Additional Support for
Learning

ENQUIRE





Peace of Mind for Parents is an out of school care project which is a non-profit organisation run by the YMCA. POMP provides after school care for children and young people



01236 721 382



pomp@cumbernauldymca.org.uk



CAMHS



The NHS Lanarkshire Child & Adolescent Mental Health Service (CAMHS) is a specialist service for infants, children and young people.

The service accepts referrals up to the young person's 18th birthday if they are still in high school education where the young person is experiencing moderate to severe emotional/behavioural mental health difficulties.



01236 707774 /
01236 707779



NHS MENTAL HEALTH SUPPORT



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CHRIS'S HOUSE



Centre of Help, Response and Interventions
Surrounding Suicide offering support to families,
parents and carers.



01236 766755



info@chrisshouse.org





BARNARDO'S



Barnardo's is a children's charity that protects and supports the UK's most vulnerable children and young people.



0800 008 7005



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CHILDLINE



Get help and advice about a wide range of issues, call us on 0800 1111, talk to a counsellor online, send *Childline* an email or post on the message boards.



childline

ONLINE, ON THE PHONE, ANYTIME

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SPEECH AND LANGUAGE



Due to Coronavirus (COVID-19), our Children and Young People's Speech and Language Therapy Service has temporarily changed and all routine appointments are postponed until further notice. We will continue to offer general advice and support by telephone. You can also send us a direct message via our Facebook and Twitter pages, or use our new email facility to contact us. Our social media pages have lots of advice and resources you can access too.

Here are the ways you can contact us:



[01698 575707](tel:01698575707) (leave a message and we will call you back)



sltenquiry@lanarkshire.scot.nhs.uk (email a message and a phone number and we will call you)



[@SLTSouthLan](https://twitter.com/SLTSouthLan) or [@SLTNorth](https://twitter.com/SLTNorth)



[Speech and Language Therapy NHS Lanarkshire](#)

We will work with you to reach the best possible solution in these challenging times

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SLEEP SCOTLAND



Our vision is that all families of children and young people with sleep problems, including those with additional support needs, can be helped to achieve a qualitative improvement in the whole family's life, and that this service should be provided in partnership with the statutory sector.



<mailto:enquiries@sleepscotland.org>



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PROSPECTS FOR PARENTS



North Lanarkshire Council's Employability Service have recently launched a new project called Prospects for Parents.

The aim of this program is to help families become better off, by supporting parents who would like to get into work, and also by supporting those in low paid work, to increase their wages.

If you are a parent and would like to find out more/ register for Prospects for Parents please call us on 0800 0730 226

If you are a service working with parents who you would like to refer, contact Leea Grierson on griersonle@northlan.gov.uk or Adele Muir on muirad@northlan.gov.uk.

This project is open to those in work who are earning less than the current real living wage per hour

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FEEDBACK



We strive to improve all that we do here in Whitelees. Please provide us with feedback about this site and any other services that you would like to find out more about.



@WhiteleesPS

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