

SCHOOL LUNCH MENU

| WEEK 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|--|---|--|
| Hot Option RED BAND | Cheeseburger served with potato wedges (sauce portion offered) | Macaroni cheese served with garlic bread (v) | Chicken curry and rice with Naan Bread | **Sausages with gravy and mashed potato | Fish and chips |
| Vegetarian Alternative | Vegetable burger with potato wedges (ve) (sauce portion offered) | Tomato and Pepper Pasta (ve) | Vegetable curry and rice with naan bread (v) | Vegetarian sausages with mashed potato and gravy (ve) | Vegan nuggets and chips (ve) |
| Baked Potato | Cheese (v) or Tuna | Baked Beans or Tuna | Tuna Mayonnaise or | Baked Beans or Tuna | Cheese (v) or Tuna |
| YELLOW BAND | Mayonnaise | Mayonnaise (v) | cheese (v) | Mayonnaise | Mayonnaise |
| Snack 2 Go BLUE BAND | Sandwich - choice of cheese (v) or ham | Sandwich - choice of cheese (v) or chicken mayonnaise | Soft Bap with cheese (v) or tuna mayonnaise | Sandwich - choice of ham or cheese (v) | Sandwich - choice of chicken or cheese (v) |
| Choice of soup, sweet treat, fruit or yogurt | Lentil soup (ve) Fruit or yoghurt | Roasted Sweet Potato Soup (ve), home baking or fruit | Lentil soup (v) Fruit, yoghurt or homebaking | Hearty Vegetable Soup (ve), ice cream or fruit | Lentil Soup (v) Fruit or yoghurt |

All meals are served with milk or chilled water, two portions of vegetables and a portion of fruit daily. Pupils can choose either soup, yoghurt or home baking as indicated on the menu.

** Chicken Link Sausages

W/C 14th August, 4th September, 25th September, 23rd October, 13th November, 4th December, 18th December, 8th January, 29th January, 19th February, 11th March, 15th April, 6th May, 27th May and 17th June



SCHOOL LUNCH MENU

| WEEK 2 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|---|--|
| Hot Option RED BAND | Pizza Slices with vegetable sticks (v) | Beef bolognese pasta served with garlic bread | Chicken Tandoori Bites, wholemeal pitta bread and seasoned potato wedges | Roast Beef with Yorkshire pudding, gravy and mashed potatoes | Fish and chips |
| Vegetarian Alternative | Cheese Toastie, baked beans and tomato wedges (v) | Pasta Arabiatta with garlic bread (v) | Lentil dahl, wholemeal pitta bread and seasoned potato wedges (v) | Vegetarian Meatballs with Yorkshire pudding, gravy and mashed potatoes (v) | Vegan nuggets and chips (ve) |
| Baked Potato | Cheese (v) or Tuna | Baked Beans (ve) or | Tuna Mayonnaise or | Baked Beans (ve) or | Cheese (v) or Tuna |
| YELLOW BAND | Mayonnaise | Tuna Mayonnaise | Cheese (v) | Tuna Mayonnaise | Mayonnaise |
| Snack 2 Go BLUE BAND | Sandwich - Choice of cheese (v) or ham | Sandwich - choice of cheese (v) or chicken mayonnaise | Soft Bap - choice of cheese (v) or tuna mayonnaise | Sandwich - choice of cheese (v) or ham | Sandwich - choice of chicken or cheese (v) |
| Choice of soup, sweet treat, fruit or yogurt | Lentil soup (v) Fruit or yoghurt | Vegetable Soup (ve), home baking or fruit | Minestrone Soup, fruit, yoghurt or home baking | Vegetable Soup (ve), Ice cream or fruit | Lentil soup (v) Fruit or yoghurt |

All meals are served with milk or chilled water, two portions of vegetables and a portion of fruit daily. Pupils can choose either soup, yoghurt or home baking as indicated on the menu.

W/C 21st August, 11th September, 2nd October, 30th October, 20th November, 11th December, 15th January, 5th February, 26th February, 18th March, 22nd April, 13th May, 3rd June and 24th June



SCHOOL LUNCH MENU

| WEEK 3 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|---|---|
| Hot Option RED BAND | Fish Fingers* served with mashed potatoes and baked beans | Beef Lasagne with garlic bread | Chicken Curry and rice with naan bread | Steak Pie with mashed potatoes | Fish and chips |
| Vegetarian Alternative | Fishless Fingers served with mashed potatoes and baked beans | Tomato Pasta with garlic bread (v) | Vegetable Curry and rice with naan bread (v) | Vegetarian Sausage Roll with mashed potatoes (ve) | Vegan Nuggets with chips (ve) |
| Baked Potato YELLOW BAND | Cheese (v) or Tuna Mayonnaise | Baked Beans (ve) or Tuna Mayonnaise | Tuna Mayonnaise or Cheese (v) | Baked Beans (v) or Tuna Mayonnaise | Cheese (v) or Tuna Mayonnaise |
| Snack 2 Go BLUE BAND | Sandwich - choice of cheese or ham | Choice of cheese (v) or chicken mayonnaises | Soft Bap - choice of cheese (v) or tuna mayonnaise | Sandwich - choice of cheese (v) or ham | Sandwich - choice of cheese (v) or chicken |
| Choice of soup, sweet treat, fruit or yogurt | Lentil soup (ve) Fruit or yoghurt | Lentil Soup (ve), home baking or fruit | Chunky Vegetable soup (ve), Fruit, yoghurt or home baking | Vegetable Soup (ve), ice cream or fruit | Cream of tomato soup Fruit or yoghurt |

All meals are served with milk or chilled water, two portions of vegetables and a portion of fruit daily. Pupils can choose either soup, yoghurt or home baking as indicated on the menu.

W/C 28th August, 18th September, 9th October, 6th November, 27th November, 18th December, 22nd January, 12th February, 4th March, 25th March, 29th April, 20th May and 10th June

^{*}salmon