

# Feeling better about maths

To help you avoid past feelings about maths getting in the way when doing your job, progressing in your career, or starting a training course.

**[Click here to register](#)**



Location:  
**Zoom**



**This CPD workshop will help you to reflect on your relationship with maths, encourage open discussion about your feelings, remove barriers to improving numeracy, and will motivate you to take your next steps in your journey to unlocking more positive feelings about maths.**

**This 2-hour interactive workshop does not teach maths, it instead focuses on attitudes and looks at tips and resources to kick-start your confidence with numbers for the workplace.**



## **Who is it for?**

**Adults whose own confidence with numbers is crucial to their job roles.**