



The Solihull Approach series



'UNDERSTANDING YOUR...'



Lift your spirits!

Learn how to:

- Observe
- Understand
- Respond

We provide the framework, you decide what's best for you and your family

- Not a how-to guide
- Not a list of do's and don'ts
- Not advice
- Not opinion
- Not just witch-ful thinking

...PREGNANCY, LABOUR, BIRTH AND YOUR BABY'

...BABY'

...CHILD'

...CHILD WITH ADDITIONAL NEEDS'

...TEENAGERS' BRAIN'

...RELATIONSHIPS'

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FIND OUT MORE...



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PREPAID
for ALL parents,
grandparents &
carers