

Home Learning Advice for Parents



The following are some ideas to support respect whilst staying at home. Your child's school website or glow page will have many more.

First Level: Respected

Appreciating the work of others and the risks they are currently taking:

People who help us in our communities are working tirelessly so we can stay safe at home.

At 8pm on Thursday nights people are standing on their doorsteps or windows clapping (or banging pots) to show respect for NHS workers and carers. Showing our respect for others supports our sense of being part of a wider group, which now more than ever is so important.

Planting Sunflower seeds

Planting sunflower seeds is a lovely and quick way to show growth and flexibility from nature. Plants need to be looked after and shown respect. Quick growing plants offer a clear indicator of time passing and structure.

Sunflowers also follow the sun and will move to find it, like numbers on a clock! [This link](#) will show you how to plant them. Why not offer any extra seeds to your neighbours for a growing competition?

Family rules of respect

During lockdown we are spending a lot more time indoors with the same people and that can at times be difficult. It is helpful to have some family rules, which is basically a list of ways family members can show respect for each other. You could make them into a poster for your wall. Begin by brainstorming a list of ways that family members can demonstrate respect for each other. Begin opening the discussion for suggestions, no idea is a bad idea, all ideas will be accepted and considered. Each family will have a different list of things that are important to them.



Respect the Egg tossing game

This activity needs to be done in an outdoor area or on a washable surface, as it can get messy. Begin by passing a raw egg back and forth between two people or around in a circle.

Keep backing up and increasing the distance of the toss. The egg may or may not break. Explain that people are fragile like the egg and we must treat others with respect. Humans don't have shells, but people can have very sensitive feelings. Treating others with consideration demonstrates respect for their feelings.

PS - Water balloon could be another alternative!!

Showing respect by helping at home

Parents and carers are doing lots of different jobs they are not used to at the moment, some are still having to go out to work and some are trying to be teachers! Even something as simple as offering to tidy up or make your bed show will show them how much you respect them.

These are all wonderful life-skills!

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