

Home Learning Advice for Parents



The following are some ideas to support respect whilst staying at home. Your child's school website or glow page will have many more.

Second Level: Respected

Join our National show of appreciation

At 8pm on Thursday nights people are standing on their doorsteps or windows clapping (or banging pots) to show respect for NHS workers and carers.

Showing our respect for others supports our sense of being part of a wider group, which now more than ever is so important. If you see your neighbours out, why don't you ask if they are ok and if there is anything they need? They will appreciate you looking out for them!



Being grateful

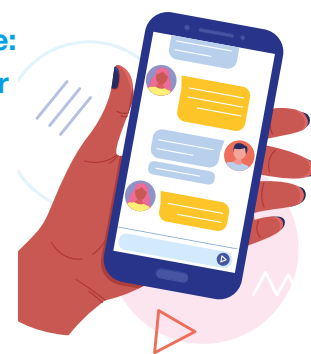
Gratitude is the act of giving conscious thanks for all that we have, and all that we don't! It's more than just a "thanks", gratitude is a mindset that chooses positivity over negativity. There are lots of beautiful gratitude activities for children [here](#).



Being Respectful online

It is important to stay in touch with friends and some people like to do this online. There are ways to show respect to others online:

- Ask before tagging someone in a picture or video (and ask your parents or carer).
- Don't reveal anyone's personal information
- Recognise that other people's opinions will be different from your own
- Only say what you'd say to someone face to face.



The Respect Game

Give your child a scenario and multiple choices to reflect and assess what they think would be the most respectful thing to do. For example:

You feel a sneeze coming, do you:

- a) look for someone to sneeze on?
- b) cover your mouth and nose with your hands, then wash hands thoroughly?
- c) turn your head away from people and let the sneeze out as loudly as possible?

Children pick their answer and begin to understand, then ask children to explain why this would be the most respectful thing to do. They can offer scenarios to you too - have fun with it - you never know what they may suggest!



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