

Home Learning Advice for Parents



First Level: **Active**

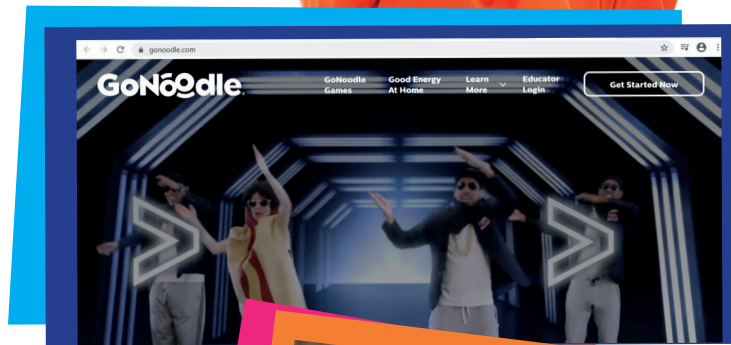
Balloon Volleyball

Make a net by tying a piece of wool or string from one chair to another. Then blow up a balloon and start practising those serving skills! Change things up a bit by kicking or head-bumping the balloon.

Get Active - Young Dylan Dance Along

Dance along with Young Dylan - challenge yourselves to 'Repeat the Beat'.

<https://family.gonoodle.com/>



Time Them Game

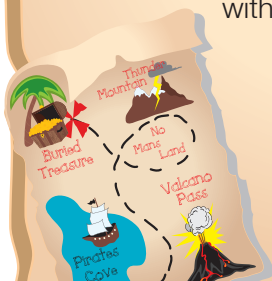
If your child has a bit of competitive spirit, try using a stopwatch and time them running the length of the garden - they'll be keen to beat their personal best. You may also be amazed at how quickly their time improves with regular practice. Try adding in star jumps or hopping on one foot for comedy effect!



Treasure Hunt

Whether you're searching for Pokémon, some fake gold coins or just pieces of cut out paper, you may be surprised at just how fast children move when there's a treasure hunt on offer.

Spread your treasure around high and low, whether it's indoors or in your garden. This is a great game for siblings together or a child playing solo. If you want to go the whole hog, you can make a treasure map look authentic with a bit of tea staining.



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