

Home Learning Advice for Parents



The following are just some ideas to support achieving whilst staying at home. Your child's school website or glow page will have many more.

Early Level: **Achieving**

Choice and Flexibility In Their Learning

Children thrive on routine and structure. Therefore a rough timetable may help children plan a variety of experiences in their day, including time to relax and for unstructured play time. Children are more likely to cooperate with a timetable they have been involved in planning, both the content and order they appear. Here are some examples of free visual timetables.

[CLICK HERE](#)

Helping Hands

Encourage your child to help out with routine household tasks. For example help put clean clothes into piles for each family member (bonus points for matching socks!), set the table and count the numbers of items required, tidying up their toys, water plants, help sweep or making their bed. They will be more motivated if they know all members of the family have their own tasks. See link for more ideas! [CLICK HERE](#)

Follow Their Interests and Play

What activities does your child enjoy? For example do they prefer to be active and on the move, craft, create and make things, explore and investigate, read and research or stretch their imagination? Do they have topics they are particularly interested in for example, animals, music, a particular cartoon, learning about why we're in lockdown, finding out about their family? Follow what your child is interested in and encourage them to develop it further with maybe a project on their area of choice. For lots of play ideas and games [CLICK HERE](#)

Developing New Skills and Learning about Self-Care

Social-emotional learning can be supported by building self-care skills. Help your child to practise deep breathing or to learn about mindfulness by doing things that help you and them stay in the present moment. For example, you can practise staying in the present moment by paying close attention to the world around you by noticing all the things you can hear around you, listening to some music and noticing the different instruments you can hear, or by pointing out different things you can see and hear when out for a walk. For other ideas see below. [CLICK HERE](#)



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