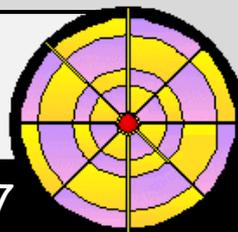


The Daily Rigour



Sun 29th March 2020

Issue No. 197

Your free weekly numeracy newspaper!

Britney Spears claims she ran 100 metres in under 6 seconds

The Olympics 2020 may have been pushed back until next year amid the coronavirus outbreak, but that hasn't stopped people from getting their daily exercise.

Last week we told you about a man who ran a marathon from his balcony in France and this week we bring you the news that Britney Spears is claiming she ran 100 metres in 5.97 seconds - smashing Usain Bolt's world record in the process!

Usain Bolt's 100 metres world record stands at an incredible 9.58 seconds. By how much is Britney claiming to have broken the record by?



SPORT

How you can recreate Big Mac recipe at home as McDonald's shuts down

News that restaurants including McDonald's were temporarily closing from the 23rd of March to halt the spread of COVID-19 hit many fast food fans hard.

Even though it's only a temporary measure to keep everyone safe there's still a way to relive the taste of a Big Mac from the comfort of your own home!

A former Master Chef winner shared the secret ingredients to his own version of the sauce used for Big Macs online.

The recipe is shown opposite but unfortunately some of the measurements have been smudged!

But what we do know is that the ratio of:
Ketchup : Mayonnaise : Dijon Mustard = 5 : 10 : 1.

How much ketchup and mayonnaise are needed to make this Big Mac sauce?

Add the following ingredients to a bowl and mix well:

- [Smudged] Ketchup
- [Smudged] Mayonnaise
- 40g Dijon Mustard
- 1 Teaspoon Paprika (Optional if you have it)
- ½ Teaspoon Onion Powder (Optional if you have it)
- 1 Shallot Finely Diced
- 1 Gherkin Finely Diced
- Black Pepper
- Sea Salt



HOME ECONOMICS

Cdmasterworks Ltd

Lost mixtape washes up on beach 25 years later - and it still works

A woman has been reunited with a mixtape she lost on holiday after it washed up on a beach 25 years later.



TECHNOLOGY

Stella Wedell was 12 when she took the tape to listen to her favourite songs on her Walkman while in the Costa Brava and Majorca in 1993.

The mixtape then went missing and eventually washed up on a beach in Fuerteventura in 2017! Mixtapes were how we stored our music in the 1990's - there was no music streaming back then!

A C90 format cassette tape could hold 45 minutes worth of songs on both sides.



The average length of a song is 2 minutes and 48 seconds. How many songs could typically be stored on a C90 cassette tape?

Courtney Cox binge-watching Friends during quarantine

She was one the stars of the hit TV series, Friends. And Courtney Cox has this week revealed that she is binge watching the comedy show as she remains indoors during quarantine.



ENTERTAINMENT

She is enjoying it as she admitted that she remembers very little about individual episodes. Friends ran from September 1994 to May 2004 over the course of 10 seasons. Each season had 24 episodes except seasons 3 and 6 which had an additional episode and season 10 which had 6 fewer episodes.

How many episodes does Courtney have in total to binge watch during quarantine?