

Primary Menu

May 2022 – May 2023

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Meal RED BAND	Cheeseburger in a bun, served with potato wedges, vegetable sticks & salad	Macaroni cheese served with peas, cauliflower and garlic bread (v)	Chicken curry and rice served with a naan bread finger, sweetcorn and peas.	Sausages with gravy served with mashed potato, carrots and broccoli	Fish and chips served with salad and peas
Hot Meal Veg (v) / Vegan (ve) Alternative GREEN BAND	Vegetable Burger in a bun served with potato wedges, vegetable sticks & salad (ve)	Tomato & Pepper Pasta served with salad and carrot (ve)	Vegetable curry and rice served with a naan bread finger, sweetcorn and peas. (v)	Veggie sausages and gravy, mashed potato, carrots and broccoli (ve)	Quorn Nuggets and chips served with salad & peas (v)
Baked Potato with a choice of filling or Pasta dish YELLOW BAND	Tuna pasta served with vegetable sticks and salad	Baked potato served with baked beans (ve) or tuna mayonnaise, vegetable sticks and salad	Baked potato served with Tuna mayonnaise or cheese (v), vegetable sticks and salad	Chicken mayonnaise and sweetcorn pasta served with vegetable sticks and salad	Baked potato cheese (v) or tuna mayo, vegetable sticks and salad
Soup and a deli choice served with vegetable sticks BLUE BAND	<u>Sandwich</u> Choice of ham or cheese served with soup of the day and vegetable sticks	<u>Wrap</u> Choice of chicken mayonnaise or cheese served with soup of the day and vegetable sticks	<u>Soft Bap</u> Choice of cheese or tuna mayonnaise served with soup of the day and vegetable sticks	<u>Wrap</u> Choice of tuna mayonnaise or cheese, served with soup of the day and vegetable sticks	<u>Sandwich</u> Choice of chicken or cheese served with soup of the day and vegetable sticks
Choice of soup, home baking, fruit or yoghurt	Lentil Soup (ve), Fruit, Yoghurt or Jelly	Roasted Sweet Potato Soup (ve), Home baking or Fruit	Lentil Soup (ve), Fruit, Yoghurt or Home baking	Hearty Vegetable Soup (ve) Ice cream or Fruit	Lentil Soup (ve) Fruit, Yoghurt or Jelly
Week Commencing – 16th May – 6th June – 27th June – 15th Aug – 5th Sept – 26th Sep, 24th Oct – 14th Nov – 5th Dec – 9th Jan – 20th Feb – 13th Mar – 17th Apr – 8th May All meals are served with milk or tap water and two portions of vegetables. Pupils can also select either soup, fruit or home baking, as indicated on the menu to accompany their meal.					

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Meal RED BAND	Pizza slices served with salad and vegetable sticks (v)	Beef bolognese pasta served with green beans, mixed salad and garlic bread	Chicken Tandoori bites pitta bread finger, seasoned potato wedges salad, vegetable sticks and sweet chilli dipping sauce	Roast beef served inside Yorkshire pudding served with gravy mashed potatoes, broccoli and carrots	Fish & Chips served with sweetcorn and peas
Hot Meal Vegetarian (v) / Vegan (ve) Alternative GREEN BAND	Cheese Toastie, served with Baked Beans and tomato wedges (v)	Pasta Arabiatta served with garlic bread, green beans and salad (v)	Lentil Dahl, wholemeal pitta bread finger, seasoned potato wedges salad, vegetable sticks and sweet chilli dipping sauce (v)	Veggie meatballs Yorkshire pudding with gravy served with mashed potatoes, broccoli and carrots (v)	Quorn Nuggets and chips served with sweetcorn and peas (v)
Baked Potato with a choice of filling or Pasta dish YELLOW BAND	Tuna pasta served with vegetable sticks and salad	Baked potato served with baked beans (ve) or tuna mayonnaise, vegetable sticks and salad	Baked potato served with Tuna mayonnaise or cheese (v), vegetable sticks and salad	Chicken mayonnaise and sweetcorn pasta served with vegetable sticks and salad	Baked potato cheese or tuna mayonnaise, vegetable sticks and salad
Soup and a deli choice served with vegetable sticks BLUE BAND	<u>Sandwich</u> Choice of ham or cheese served with soup of the day and vegetable sticks	<u>Wrap</u> Choice of chicken mayonnaise or cheese served with soup of the day and vegetable sticks	<u>Soft Bap</u> Choice of cheese or tuna mayonnaise served with soup of the day and vegetable sticks	<u>Wrap</u> Choice of tuna mayonnaise or cheese, served with soup of the day and vegetable sticks	<u>Sandwich</u> chicken or cheese served with soup of the day and vegetable sticks
Choice of soup, home baking, fruit or yoghurt	Lentil soup Fruit, Yoghurt or Jelly	Vegetable soup, Home baking or Fruit	Minestrone soup, Fruit, Yoghurt or Home baking	Vegetable soup, Ice cream or Fruit	Lentil soup, Fruit, Yoghurt or Jelly
Week Commencing – 23rd May- 13 th June -22 nd Aug – 12 th Sept – 3 rd Oct -31st Oct -21 st Nov – 12 th Dec 16 th Jan –6 th Feb – 27 th Feb – 20 th March – 24 th April – 15 th May All meals are served with milk or tap water and two portions of vegetables. Pupils can also select either soup, fruit or home baking, as indicated on the menu to accompany their meal.					

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Hot Meal RED BAND	Reef Wrap Fish fingers in a warm wrap with mayonnaise served with salad and vegetable sticks	Beef Lasagne served with mixed salad, sweetcorn, and garlic bread	Chicken curry and rice served with a naan bread finger, sweetcorn and peas	Creamy chicken pie served with mashed potatoes, broccoli and carrots	Fish and chips with salad and peas
Hot Meal Vegetarian (v) / Vegan (ve) Alternative GREEN BAND	Fishless Fingers in a warm wrap with BBQ sauce served with salad and carrots sticks (ve)	Tomato Pasta served with mixed salad, sweetcorn, and garlic bread (v)	Vegetable curry and rice served with a naan bread finger, sweetcorn and peas (v)	Veggie sausage roll served with mashed potatoes, sweetcorn and peas (ve)	Quorn Nuggets and chips served with salad and peas (v)
Baked Potato with a choice of filling or Pasta dish YELLOW BAND	Chicken mayonnaise and sweetcorn pasta served with vegetable sticks and salad	Baked potato served with baked beans (ve) or tuna mayonnaise, vegetable sticks and salad	Baked potato served with Tuna mayonnaise or cheese (v), vegetable sticks and salad	Tuna pasta served with vegetable sticks and salad	Baked potato served with cheese or tuna mayonnaise, vegetable sticks and salad
Soup and a deli choice served with vegetable sticks BLUE BAND	<u>Sandwich</u> Choice of ham or cheese served with soup of the day and vegetable sticks	<u>Wrap</u> Choice of chicken mayonnaise or cheese served with soup of the day and vegetable sticks	<u>Soft Bap</u> Choice of cheese or tuna mayonnaise served with soup of the day and vegetable sticks	<u>Wrap</u> Choice of tuna mayonnaise or cheese, served with soup of the day and vegetable sticks	<u>Sandwich</u> Choice of chicken or cheese served with soup of the day and vegetable sticks
Choice of soup, home baking, fruit or yoghurt	Lentil Soup Fruit, Yoghurt or Jelly	Lentil Soup Home Baking Or Fruit	Chunky Vegetable Soup Fruit or Yoghurt Home Baking	Vegetable Soup Ice cream Or Fruit	Cream of tomato soup Fruit or Yoghurt Jelly
– Week Commencing – 30 th May – 20 th June – 29 th Aug – 19 th Sept – 10 th Oct – 7 th Nov – 28 th Nov – 19 th Dec – 23 rd Jan – 13 th Feb – 6 th March – 27 th March – 1 st May – 22 nd May *Salmon All meals are served with milk or tap water and two portions of vegetables. Pupils can also select either soup, fruit or home baking, as indicated on the menu to accompany their meal.					

