



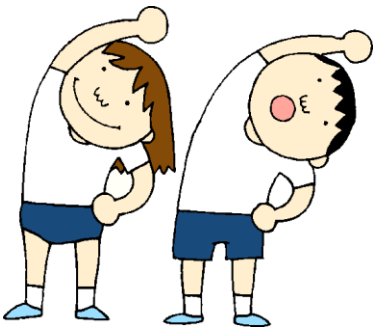
Health Week

Mon 12th June - Wed 14th June
Sports Day - Thurs 15th June

Pupils are encouraged to wear their P.E. kit to school Mon - Thurs, as there will be events on everyday.

Please note: no football colours are permitted.

Throughout the week pupils will experience a variety of activities which will focus on physical, social, emotional and mental health. As the weather is to be warm and activities are mostly outdoors please ensure your child brings a water bottle to school.



Activities

There are a variety of activities organised and pupils will be able to try **some** of the following: Archery, Boules, Curling, Tae Kwon Do and Rugby.

Sports Day

Classes Races will take part on the school pitch, weather permitting. Parents are invited from **1.45** onwards to participate in Parent and Carer races so get your running shoes looked out! In the event that the weather is wet all races will take place indoors, please keep an eye on Facebook for updates.

First Aid

Our Active Schools Coordinator will be visiting to deliver some basic First Aid training.

P1 pupils can bring a **small** Teddy to school on Tuesday 13th to learn Teddy CPR.

We hope to have a great week. Many thanks for your continued support!