

Next week, we will be celebrating our annual Health & Wellbeing Week! This will be a week packed full of fun activities and learning experiences covering aspects of physical, social, emotional and mental health.

Activities will be offered through coaching sessions, workshops, talks and class based lessons.

For next week, please remember:

- 1. Children should come to school dressed in PE Kit every day.
- 2. ABSOLUTELY NO FOOTBALL STRIPS/COLOURS SHOULD BE WORN.
- 3. Children should wear PE Kit which can be worn outside as many activities will be outdoors. *Dress for the weather!*
- 4. PE Kit should be <u>APPROPRIATE</u> and not meant for a Paris Catwalk!
- 5. No jewellery should be worn, and only stud earrings.

FRIDAY WILL BE SPORTS DAY:

<u>Weather permitting</u>, we will have Traditional Races on the pitch on Friday 17th June. Parents/Carers are invited to attend our Traditional Races from 1:45pm.

PLEASE NOTE: if the weather is inclement, races will take place indoors and Parents/Carers will not be able to attend in that case. We will keep a close eye on

the weather and text the main contact if we have to cancel. Keep up the prayers for good weather all week!

Please remember that the children are still in our care and it is important that we know where they are at all times. Please stay within the spectator area if you are joining us! Come ready to join in the Parent/Carer Race!

