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| **WEEK 1** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Today’s Hot Option  RED BAND | Beef burger in a bun with seasoned potato wedges and a choice of vegetable sticks, salad & coleslaw | Macaroni cheese served with garlic bread and a choice of two vegetables or salad (v) | Chicken curry  and rice served with a naan bread finger and two choices of vegetables. | Pork sausages with gravy, mashed potato, peas and carrots | Fish & Chips with a choice of vegetables and salad. |
| Veggie alternative | Quorn Burger in a bun with seasoned potato wedges and a choice of vegetable sticks, salad & coleslaw (v) | Not required | Vegetable Curry and rice served with a naan bread finger and two choices of vegetables. (v) | Quorn sausages with gravy, mashed potato, peas and carrots (v) | Quorn Nuggets and chips with a choice of salad and vegetables (v) |
| Snack 2 Go  BLUE BANDS | Choice of Tuna or cheese | Choice of Chicken or Cheese. | Choice of  Tuna or Cheese | Choice of Chicken or Cheese | Choice of Chicken or Cheese |
| Soup, sweet treat, fruit or yoghurt | Lentil Soup,  Fruit or Yoghurt | Home Baking  Or  Fruit | Lentil Soup,  Fruit or Yoghurt | Home Baking  Or  Fruit | Tomato soup |

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| **WEEK 2** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Today’s Hot Option  RED BAND | Chicken curry  and rice with a naan bread finger and a choice of vegetables | .  Penne Pasta Bolognese served with garlic bread and a choice of salad or vegetables | Cowboy beans  Pork Sausage and beans with potato waffles | Tuna Pasta with Sweetcorn and a choice of vegetable Sticks or salad | Fish & Chips with a choice of vegetables and salad |
| Veggie Alternative | Vegetable curry  and rice with a naan bread finger and 2 choices of vegetables (v) | Tomato Pasta  Served with garlic bread and a choice of salad or vegetables (v) | Cowboy beans  Quorn Sausage and beans with potato waffles. (v) | Baked Potato with cheese and a choice of Vegetable Sticks (v) | Quorn Nuggets and chips with a choice of salad and vegetables (v) |
| Snack 2 Go  BLUE BANDS | Choice of  tuna or cheese | Choice of chicken or cheese | Choice of  tuna or cheese | Choice of chicken or cheese | Choice of chicken or cheese |
| Soup, sweet treat, fruit or yoghurt | Lentil Soup (v),  Fruit or Yoghurt | Home Baking  Or  Fruit | Chicken Noodle,  Fruit or Yoghurt | Home Baking  Or  Fruit | Lentil Soup (v),  Fruit or Yoghurt |

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| **WEEK 3** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Today’s Hot Option  RED BAND | Pizza and Pasta  with salad and vegetable sticks (v) | Pork Hot Dog with seasoned simply diced potatoes and choice of vegetables or salad | Fish  fingers baby boiled potatoes and a choice of sweetcorn, peas or baked beans.  (Mayo dip) | Steak pie and mashed potatoes with carrots and peas. | Fish and Chips with a choice of Peas or salad. |
| Veggie Alternative | Not required | Quorn Sausage in a Hot Dog bun with seasoned diced potatoes and a choices of vegetables or salad (v) | Baked Potato and beans with a choices of vegetables or salad. (v) | Cheese and onion pastie with mashed potatoes, carrots and peas (v) | Quorn Nuggets and chips with a choice of salad or peas (v) |
| Snack 2 Go  BLUE BANDS  Sandwich | Choice of chicken or  cheese (v) | Choice of tuna or cheese (v) | Choice of chicken or cheese (v) | Choice of  tuna or cheese (v) | Choice of Chicken or Cheese (v) |
| Soup, sweet treat, fruit or yoghurt | Lentil Soup,  Fruit or Yoghurt | Home Baking  Or  Fruit | Chicken & Rice Soup,  Fruit or Yoghurt | Home Baking  Or  Fruit | Lentil Soup (v),  Fruit or Yoghurt |