**Health & Wellbeing Home learning Task**

**L.I. - I can use Growth Mind-set**

We should all try to develop a Growth Mind-set. Watch this video:

<https://www.youtube.com/watch?v=OFKVoCuwl2s>

How can we learn from something that went wrong? Think of a time when you tried to do something and it didn’t work out. What happened? How did you fix it? What did you learn?

Create a comic strip that shows something not going to plan and what you learned from it. Include speech bubbles, drawings and panels to separate your comic scenes.

Use 6 panels like this…

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| Wobble, Wobble |  |  |
| I was trying really hard to learn how to ride my bike. I found it really tricky and kept on wobbling about. | Even although I was wobbling I didn’t give up. | Then something bad happened, I tried to go up a kerb and I fell off! |
| Wobble, Wobble |  |  |
| I was still a little bit wobbly, but I thought about where I went wrong. | This time I used the break very gently. | This time I was able to get up on the kerb, I felt like I could do anything! |