

*“The responsibilities of all include each practitioner’s role in establishing open, positive, supportive relationships across the school community, where children and young people will feel that they are listened to, and where they feel secure in their ability to discuss sensitive aspects of their lives; in promoting a climate in which children and young people feel safe and secure”*

***CfE Health and Wellbeing Across Learning***

### **Monitoring**

Staff and learners will jointly discuss the planned learning and success criteria for each lesson. Learners will be given the opportunity to complete a learning log and these will be assessed by class teachers to impact on future learning. The senior management, as part of the overall programme, will also monitor the Learning Logs.



### **Parental Involvement**

We welcome and encourage your support in all areas of the curriculum. In RSHP we will write to you prior to a new block of learning and offer the opportunity to gain additional information and view resources. Annually we will organise parent workshops, which will enable you to support your child’s learning and development.

If you wish any additional information please contact Mrs Allan (ADHT) or Mr McKeever (Head Teacher).



**STEPPE PRIMARY  
SCHOOL**

**RELATIONSHIPS  
SEXUAL HEALTH  
AND PARENTHOOD**

**Parent Guide**

If you would like to find out more about the Curriculum for Excellence and related Experiences and Outcomes, visit the Education Scotland website:

[www.educationscotland.gov.uk/](http://www.educationscotland.gov.uk/)

Stepps Primary and all Chryston Cluster Schools are committed to delivering and RSHP programme, which builds on the children's existing knowledge. This is a progressive programme of age and stage appropriate activities.

Curriculum for Excellence identifies that RSHP work should not be 'bolted on' as children go through puberty by strangers in the classroom. It should be gradually developed as an integral part of curriculum in a way that is appropriate to the age of the children. It is important that at each stage children have opportunities to develop emotionally and to use their emotions and skills to guide positive behaviour.

#### Key Features of RSHP

- Respect and caring for self and others
- Respect for individual differences
- Ways to express and deal with feelings and emotions
- Ways to keep safe
- Positive and supportive relationships

RSHP is not a set of lessons on sexual education. It is developing our children to be effective contributors, responsible citizens, successful learners and confident individuals, able to make positive life decisions.

#### Our Aims

- To help our pupils learn how to make informed, responsible and healthy choices about their lives as they grow
- To establish an awareness of the importance of stable family life and relationships
- To provide opportunities for pupils to develop personal and interpersonal skills that will enable them to make and maintain appropriate relationships within the family, with friends and within the wider community
- To build pupil confidence, self-esteem and knowledge as they go through school
- To teach children at the relevant time about the physical/emotional development of their bodies
- To teach children about life cycles and reproduction in nature.



The experiences and outcomes encourage learning and teaching approaches that challenge and stimulate pupils and promote their enjoyment and understanding of Health and Wellbeing. To achieve this, teachers will use a skilful mix of approaches, including:

- Active learning
- Learning collaboratively and independently
- Opportunities for discussion
- Using relevant contexts and experiences familiar to the children
- Using technology in effective ways
- Making links with other areas e.g. science, literacy
- Developing critical thinking and ability to reflect on their learning and emotions.