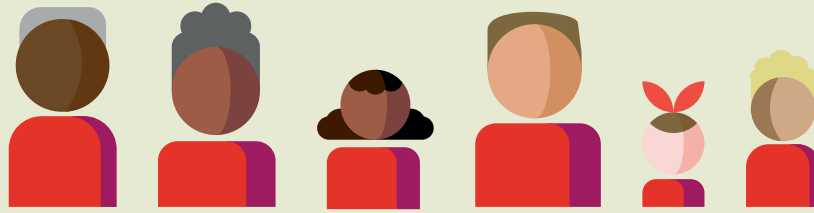


# Should your child stay at home today?



## My child is unwell

**If your child shows Covid-19 symptoms: high temperature, new continuous cough, or a change to sense of smell or taste.**

- Have your child PCR tested
- All those in your household should isolate while awaiting your child's PCR results

If your child has a negative test but has symptoms, they may still be unwell and need time off to recover at home.

**If your child has 'cold' symptoms such as a runny nose or sneezing:**

- Don't need to be tested unless they develop one of the three main Covid-19 symptoms

Your child may be well enough to attend childcare, however they could need to recover at home to avoid infecting other children. If your child is ill, ask your childcare provider for advice.

## My child is well but has been in close contact

**If your child is under 5 and has been identified as being a high risk contact of someone with Covid-19:**

- Not essential for your child to get PCR test but one is recommended

For cases of Covid-19 in their household, your child will need to isolate for 10 days. If the close contact is outwith the household, they can return to childcare as long as they have no Covid-19 symptoms.

**If your child is over 5 and has been identified as being a high risk contact with someone with Covid-19:**

- Have your child PCR tested
- They should self-isolate at home

For cases of Covid-19 in their household, your child will need to isolate for 10 days. If the close contact is outwith the household, they can return to childcare as long as they have no Covid-19 symptoms and a negative PCR result.

For more info, go to  
[parentclub.scot/isolation](https://parentclub.scot/isolation)



**Parent Club**