

Who are we?

We are a charity supporting families with at least one child under the age of 5 who are experiencing difficulties



What do we do?

- Offer weekly telephone and online support by trained volunteers
- Offer support in the antenatal and perinatal period
- Deliver online groups, eg Nurture Group, Family Group, Dads Group
- Deliver Video Interaction Guidance
- Deliver online Family Information Sessions



Our Aims and Values

Respectful

All individuals are respected and listened to. Our non-judgmental approach makes it easier for everyone to ask for help

Caring

We provide emotional and practical support in a nurturing environment

Empowering

We empower our families to give them confidence with their parenting skills and day to day life

Inclusive

We strive for equality and equity, welcoming people into our family regardless of background

HOME START

Glasgow North and North Lanarkshire

You can benefit from Home-Start's help if you are:

- Feeling anxious, lonely or isolated
- Needing practical help around parenting
- Struggling with the emotional and physical demands of having a baby, young children, twins or triplets
- Interested in finding out what is available for parents and children in your community

CONTACT DETAILS:

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#BecauseChildhoodCantWait