

Weekly Schedule

Day					
Time	Mon	Tues	Wed	Thurs	Frid
9am	Bus pick up from school				
9.30am	Arrive at Park and welcomed by park staff				
9.45am-12noon	Activity 1 Team Building	Activity 1 & 2 Boats Archery	Activity 1 Bikeability 2	Activity 1 Orienteer- ing	Activity 1 Bushcraft
12noon-12.30pm	Lunch				
12.30pm-2pm	Activity 2 Bikeability 1 / 2	Activity 3 Highland Games	Activity 2 Led Cycle round park	Activity 2 Den Build- ing	Activity 2 Group Games / Awards Ceremony
2.15pm	Depart park on bus				
2.50pm	Arrive back at school				

Please note that this is an example timetable and new activities can be added at any point.

What do pupils need each day?

- snacks for break times and plenty of water.
- warm clothing for cold weather (scarf, hat, gloves, warm layers).
- Bring a jacket. We provide waterproof clothing.
- a towel to dry off when changing into dry clothes.
- We provide cycling helmet. If you wish, you can bring your own cycling helmet (No BMX or full face helmets).
- We recommend bringing old shoes and a pair of wellies (we have spare wellies if pupils need).

