



## Saint Brendan's Nursery Class



### Sun Awareness Policy

#### **Rationale:**

Young children need special care when they are in the sun. They love playing outdoors but are not aware of how the sun can damage their skin. The role of the adult is to take precautions for them.

#### **Aims:**

- To protect staff and children when they are in our care at nursery
- To work in partnership with parents to always protect children and be mindful of the consequences
- Staff should lead by example to help children understand the importance of keeping safe in the sun.

#### **Parent's/Carer's Role:**

- Parents/carer's will be asked to complete a permission form in their 'Induction pack' allowing staff to apply sun cream to their child
- Parents/carer's are asked to provide an appropriate summer hat (rimmed/legionnaires) style, labelled with their child's name on it.
- Parents/carer's will be asked to apply sun cream to their child before coming to nursery and staff will re-apply regularly

#### **Nursery Staff's Role:**

- Staff will provide protective care throughout the year, particularly over the summer months
- All sun creams used must have 4 or more stars and provide a UVA/UVB protection
- Sun cream used by the nursery will be factor 50
- The nursery has appropriate hats on standby for any child who does not have a hat
- The staff will endeavour to encourage children to keep their hats on during the duration of outdoor play
- Children can play indoors and outdoors every day
- Shaded areas will be provided when children are playing outdoors
- Drinking water is available throughout the day

- Care will be taken at the hottest time of the day 11am-3pm
- At the beginning of the summer term, staff will explain to the children about keeping safe in the sun
- This policy is available to parents annually

Reviewed: March 2024

Reviewed: March 2025

Reviewed: March 2026

Review by: March 2027