Thursday 21st May

Literacy

* Choose one of the ‘story prompts’ from the literacy section on Glow. Use the picture and the word mat to help you create an imaginative story.
* Practise your term 3 & 4 phonemes using the PowerPoints on Glow.

 

Numeracy

* Think back on your times tables tasks this week. Choose a times tables to practise.
* Log into Sumdog and take part in the North Lanarkshire competition.
* Challenge: complete your ‘P3 tables challenge’ on Sumdog.

 

Health & Wellbeing

Scroll down and choose one of the P.E. activities to complete today.

 

Planet Earth

Time to experiment! We now know that flowers need air, sunlight and water to grow. Let’s test it out!

On your daily walk, pick 4 wild flowers.

Flower 1: Allow the first flower to get water, air and sunlight.

Flower 2: put the flower in a dark place to take away sunlight.

Flower 3: Put the flower in the sunlight but do not give it water.

Flower 4: put the flower in an airtight back e.g. sandwich bag and make sure you push the air out.

Track all four flowers for the rest of the week. What do you notice about each flower?

R.E.

Today is Ascention Thursday. This is a day when the whole school would normally attend Mass. The Bishop will be streaming Mass on the following link at 11am.

<https://www.facebook.com/rcmotherwell/>

Look back over your activity sheets this week. Are there any activities that you do not get a chance to do that you would love to do now?

 

**Health & Wellbeing Activities**

Joe Wicks

Follow the link and join Joe Wicks with a full body workout. It is live at 9am.

<https://www.youtube.com/playlist?list=PLyCLoPd4VxBvPHOpzoEk5onAEbq40g2-k>

Jumpstart Jonny

Join Jumpstart Jonny in a themed workout!

[www.youtube.com/jumpstartjonny](http://www.youtube.com/jumpstartjonny)

Cosmic Kids

This a great resource that provides yoga videos for children to follow. I have attached a couple below. YouTube have a large selection available. ‘Just Dance’ also has some fun songs for children to dance along to.

* Pokemon

<https://www.youtube.com/watch?v=tbCjkPlsaes>

* Frozen

<https://www.youtube.com/watch?v=xlg052EKMtk>

* The Wizard of Oz

<https://www.youtube.com/watch?v=j_3weVPH0-U>

Fitness Stations

Log onto Glow and use the fitness activities to set up your own fitness station (Health & Wellbeing> physical education>fitness stations). You could choose different activities each day!

Free Choice

Take part in an active task by yourself or with your family- this could be going for a walk, playing with a ball in the garden or something else!