

# Thursday 30<sup>th</sup> April

## Literacy

- Read a book from Big Cat Reading or Oxford Owl.
- Complete a 'Read to Write' tasks of your choice.
- Practise your common words using the PowerPoints on Glow.



## Health & Wellbeing

Scroll down and choose one of the P.E. activities to complete today.



## Numeracy

- Practise saying your 2, 5 & 10 times tables.
- Addition: Complete the '3 digit addition 2' activity on Glow (Glow>numeracy>addition and subtraction>3 digit addition and subtraction> '3 digit addition 2')



## Family Fun

Use an old sock to make a sock puppet. Can you put on a puppet show for someone at home?



## Planet Earth

Today we are going to learn about the dangers of plastic.

1. Look at the PowerPoint 'Plastic and the Environment' on Glow (Glow>topic>Planet Earth> 'Plastic and the Environment').
2. Follow this link to learn more about plastic. <https://www.youtube.com/watch?v=VUUUxO1715s>
3. Can you think of three ways that you and your family can use less plastic, or use something else instead?

## R.E. Relationships

Follow the link to watch the story of 'The Good Samaritan'.

<https://www.bbc.co.uk/bitesize/clips/zy8dxnb>  
Discuss the people in the story and the choices they made. What other choices could they make? Can you draw a picture and write about a time when you made a good choice and helped someone else?



## Health & Wellbeing Activities

### Joe Wicks

Follow the link and join Joe Wicks with a full body workout. It is live at 9am.

<https://www.youtube.com/playlist?list=PLyCLOpd4VxBvPHOpzoEk5onAEbq40g2-k>

### Jumpstart Jonny

Join Jumpstart Jonny in a themed workout!

[www.youtube.com/jumpstartjonny](http://www.youtube.com/jumpstartjonny)

### Cosmic Kids

This a great resource that provides yoga videos for children to follow. I have attached a couple below. YouTube have a large selection available. 'Just Dance' also has some fun songs for children to dance along to.

- Pokemon

<https://www.youtube.com/watch?v=tbCjkPlsaes>

- Frozen

<https://www.youtube.com/watch?v=xlg052EKMtk>

- The Wizard of Oz

[https://www.youtube.com/watch?v=j\\_3weVPH0-U](https://www.youtube.com/watch?v=j_3weVPH0-U)

### Fitness Stations

Log onto Glow and use the fitness activities to set up your own fitness station (Health & Wellbeing> physical education>fitness stations). You could choose different activities each day!

### Free Choice

Take part in an active task by yourself or with your family- this could be going for a walk, playing with a ball in the garden or something else!