# CAB2CAREERS: WORKING FOR FAMILIES



# AN EMPLOYABILITY PROGRAM DESIGNED AROUND YOU!

- LEARN IN YOUR
   OWN WAY, AT
   YOUR OWN PACE
- CHILDCARE OPTIONS
  SUBJECT TO
  AVAILABILITY

- LUNCH AND TRAVEL
   EXPENCES PAID
- £50 VOUCHER OR 5 MONTH GYM ACCESS

### **CAB2CAREERS**

### FREE CONFIDENTIAL IMPARTIAL INDEPENDANT

Motherwell & Wishaw
Citizens Advice Bureau
90 Brandon Parade East
Motherwell
ML1 1LY

Complete a bespoke Employability Award tailored to your unique needs, at your own pace!

### **Explore Rewarding Career Pathways with Training & Awards:**

- Personal/life skills development opportunities
- SQA/SVQ awards related to employability
- Supporting you with the next step in your journey!

Contact us for further details or to book your place:
Call Janette: 07979 525054 or John: 07948702231

Email: cab2careers@motherwellcab.casonline.org.uk



## **HOW CAN CAB HELP YOU?**

"I need more confidence before I feel able to work" "I want to gain experience but can't afford childcare" "I need help exploring my employment options" "I want to return to work after raising my family but I don't know where to start"

## Here is how this course can help:

### **PHASE 1 offers:**

- Advice and assistance regarding urgent issues and/or barriers to accessing CAB2CAREERS
- SQA Employability Award (up to SCQF level 4)
- Personal development opportunities
- Develop life skills
- Intro to Communication Skills for Customer Service
- Intro to Volunteering

PARTICIPANTS RECEIVE A £50 VOUCHER OR 5 MONTHS GYM MEMBERSHIP

### IF YOU CHOOSE TO STAY....

### PHASE 2

#### Choices include

- SQA Communication skills for Customer Service
- SQA Exploring Volunteering (unit)
- SQA Introduction to First Aid
- SQA Mental Health and Wellbeing
- SQA Wellbeing
- SQA Construction
- SQA PC Passport
- Vocational Route with a placement



#### **ALTERNATIVE ROUTES**

A WARM REFERRAL TO AN ORGANISATION WITHIN THE EMPLOYABILITY PARTNERSHIP: WORK PLACEMENTS/ VOLUNTARY EXPERIENCE



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