

Home Learning Advice for Parents



Early Level: **Safe**

Safety Walk - Detective Task

Walk around the house with your child and count how many safety items they can find. (first aid kit, cupboard locks, stair gate, etc.)

Then you could have them point out all the unsafe items (open cupboard doors where someone could bump their heads, toys on the floor where they could trip, etc.). See how many they can fix!

What Is Social Distancing?

Trying to explain social distancing to little kids during the coronavirus outbreak can be difficult for parents, particularly when they're struggling to come to terms with the new (hopefully temporary) 'normal' themselves.

That's why a new children's story about social distancing featuring a bear and a bunny is a must-watch video for parents of young kids. It's simple and sweet and less than two minutes long, making it easy to follow for little ones who need to understand the new way of things... because parents need all the help they can get right now.

<https://www.romper.com/p/time-to-come-in-bear-explains-social-distancing-to-the-littlest-kids-22652320>

Online Safety for 4 - 7 year olds

The Jessie & Friends animations are age-appropriate and do not depict any situations where adults communicate with children online.

Instead, they show safe, non-scary situations which help young viewers identify things which might worry them online.

<https://www.thinkuknow.co.uk/parents/jessie-and-friends-videos/>

Feeling Safe - Sesame Street

When children feel a sense of safety, their brains begin to calm. Then they can start exploring strategies and solutions that can bring them a little relief or "shelter from the storm" of sadness, anxiety, anger, fear, or confusion.

Together, watch "I Can Feel Safe" — in which Elmo has built his very own blanket fort—all the way through. Talk about what kind of safe places kids might create for themselves. Then why not create your child's 'safe place'?

<https://sesamestreetincommunities.org/activities/feeling-safe/>



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