



S4 Assembly

7th October 2022

## Prayer of St Ambrose

**Lord teach me to look for you.**

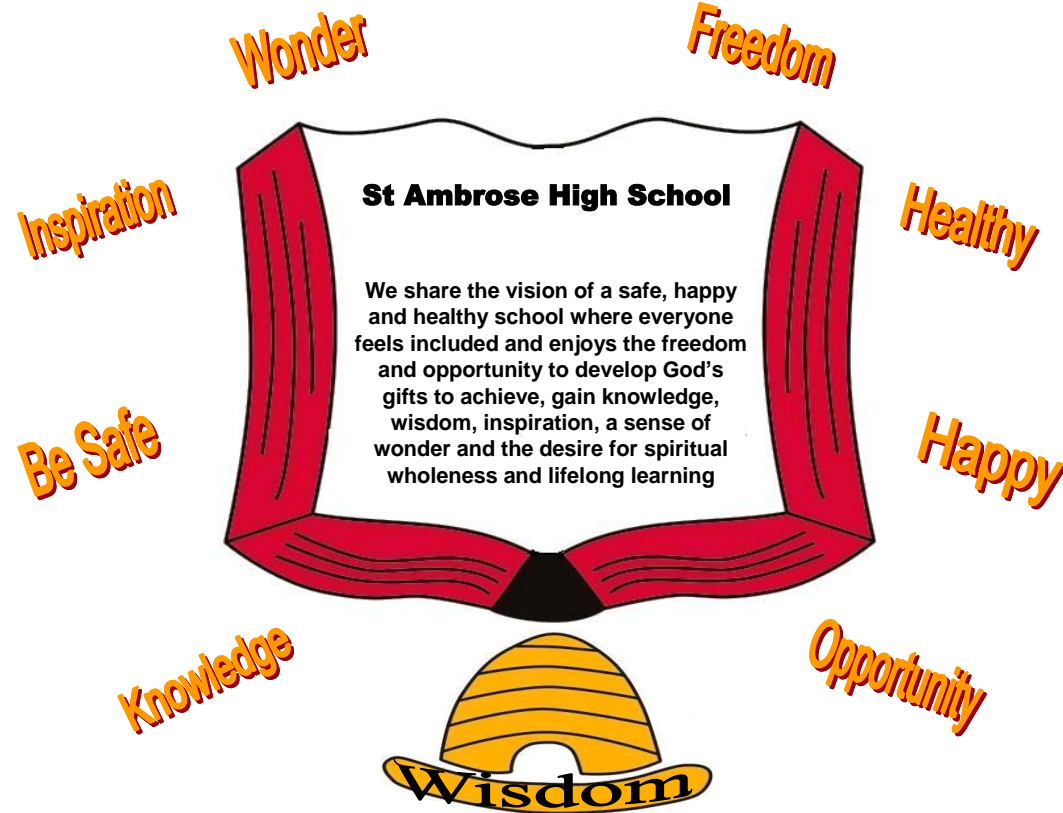
**When I look show yourself to me.**

**Without your help, I will go through life blind  
to the many things you do for me.**







**With your help, I will be able to see you  
in other people and in the ways you show  
how much you care and love me.**

**As I see you more and more,  
may I grow in love of you. Amen.**

# Mission Statement and Aims



St Ambrose High School shares responsibility, with home, parish and community to guide and support young people on their journey of faith and learning.

-  Living Gospel values of truth and love
-  Treating ourselves and other people with tolerance and respect
-  Being humble, honest, and kind
-  Sharing in learning and teaching to achieve our potential
-  Striving for justice and peace and giving service
-  Acting in sustainable ways to promote health and preserve our environment

# Emergency Evacuation for S4

## St Ambrose Muster Points 2022 Emergency Evacuation

**1st Bus Bay**  
5F1 5F2 5F3 5F4 5S1 5T1 5T2 5T3

**2nd Bus Bay**  
6F1 6F2 6S1 6S2 6T1 6T2

**Grass verge**  
Pupils from other schools  
  
E.g. HNC Pathways

GREEN GATES	<b>SQA Exam Candidates' Muster Point</b>	
	2T3	3T4
	2T2	3T3
	2T1	3T2
	2S4	3T1
	2S3	3S2
	2S2	3S1
	2S1	3F4
	2F3	3F3
	2F2	3F2
	2F1	3F1
GREEN GATES	PE YARD	
	1T3	4T3
	1T2	4T2
	1T1	4T1
	1S3	4S4
	1S2	4S3
	1S1	4S2
	1F3	4S1
	1F2	4F2
	1F1	4F1
	<b>PE Dept</b>	

**Non-teaching and support staff area.**

# Attitude and Behaviour

## Being a Senior =

- Wearing full school uniform including the blazer
- Moving to class when told at breaks and intervals
- Using phones appropriately at all times throughout the school day
- No ear pods as you move through the building/in class
  - Clearing litter at breaks and lunch times
  - Being the role models the S1-3 pupils need

# Attendance & Latecoming

Potential 210 school days in a school year

If you are casual about your attendance, here's what happens...

- Miss one day per week = 42 days of school = 8 ½ weeks in total
  - Miss one day every two weeks = 21 days of school = 4 weeks
    - Miss ½ day per week = 2 weeks
- Late 3 times a week to class, missing 10 minutes each time = 30 minutes a week = 21 hours = 3 school days
  - Take extra time off before holidays e.g. 2 extra days at the September weekend, 2 at Christmas and a week abroad etc = 9 school days



What does missing school for 1 day per week mean in terms of my learning?



# S4 Timetables-what you would lose when you don't attend

Each week a typical S4 Timetable has the following (as an example)

- 4 periods English
- 4 periods Maths
- 4 periods History
- 4 periods Spanish
- 4 periods PE (SQA)
- 4 periods Hospitality
- 4 periods Biology
- 2 periods RE
- 2 periods PE (Core)
- **4 periods a week=168 lessons a year**

Miss 1 day per week in S4 for the school session and below are the totals of periods missed

- 42 periods of English
- 42 periods of Maths
- 42 periods of History
- 42 periods of Spanish
- 42 periods of PE
- 42 periods of Hospitality
- 42 periods of Biology



# Monitoring and Tracking

- ❖ Monitoring and Tracking Reports will be issued to you and your parents at the end of November
  - ❖ Online/face to face Parents' Evening for you and your parents this session
  - ❖ Groups to be arranged with staff to monitor progress and support your work
  - ❖ We did this with a group of 35 S4s last year- 30 out of 35 got at least 5 N5s
    - ❖ We know who did really well in SNSA in S3-we will be targeting you!
- ❖ We have already met some of you who performed very well-we will be meeting you weekly prior to the prelims
- ❖ Mentoring meetings will have started now-not seen your mentor yet? Go and talk to them today!

Questions we will ask:

***Are you about to achieve 6 National 5s when you should attain 7?***

***Are you on the verge of achieving less than 5?***

***Have you completed all coursework to meet SQA deadlines?***

***Have you a plan for identifying areas in your work which need attention?***

# Supported Study



**St Ambrose High School**  
**Senior Supported Study October 2022**



Subject	Level	Day	Time	Location
Chemistry	N5	Tuesday	Lunchtime	Lab 10
History	N5&H	Wednesday	Lunchtime	SS1
English	N5	Tuesday	Lunchtime	PSHE class
Physics	N5&H	Wednesday	Lunchtime	Lab 10
Modern Studies	N5&H	Monday	Lunchtime	SS5
Biology	N5&H	Wednesday	Lunchtime	Lab 1
RMPS	H	Wednesday	After school	RE 1
Graph Comm	N5&H	Mon-Thursday	Lunchtime	T2

# **SQA Exams**

**Exams start  
on Monday  
24<sup>th</sup> April  
2023**



**You have  
114 school  
days left.  
196 full  
days to go!!!**

# Prelims



- **Start on Tuesday 29th November and will run for approximately 2 weeks**
- **53 full days to go- 30 school days!**
- **Exam set up**
- **Hall and classrooms used as in real exam**
- **Invigilators**
- **SQA protocols and arrangements e.g., seat numbers to be adhered to, phones, ear buds, smart watches etc.**
- **SQA expectations and behaviours**
- **Further assembly about SQA matters and arrangements will follow**
- **Results after Christmas**
- **At that point we check if the level you are sitting is correct**

# We Can Do This!!

- ✓ Success is the sum of small efforts. Repeated.
- ✓ The harder I work, the more luck I seem to have.
- ✓ Hard work beats talent when talent doesn't work hard

# STUDY PLANNING

FOR ASSESSMENTS  
AND PRELIMS





THERE ARE  
AROUND 7  
WEEKS UNTIL  
PRELIMS BEGIN



YOU CAN STUDY EFFECTIVELY  
IN THIS TIME



PLAN AND ORGANISE YOUR  
STUDYING USING A STUDY  
TIMETABLE



MAXIMISE THE IMPACT OF  
YOUR STUDYING BY USING  
PAST PAPERS





# Why Study?

- - Significantly increases your opportunities when you leave school.
  - - Builds confidence and self-esteem.
  - Effective studying is the only way to achieve your potential.
  - Reduces stress and anxiety.
-

# FOCUS ON: SQA PAST PAPERS

- PAST PAPERS ARE PREVIOUS YEAR'S EXAM PAPERS FROM THE SUBJECTS THAT YOU ARE STUDYING
- THEY ARE FREE TO ACCESS AND DOWNLOAD VIA THE SQA WEBSITE
- THEY ARE ACCOMPANIED BY MARKING SCHEMES- THESE SHOW YOU THE ANSWERS AND WHAT THE SQA IS LOOKING FOR
- THEY WILL ALLOW YOU TO MAXIMISE HOW MUCH INFORMATION YOU RETAIN
- YOU CAN USE THEM TO UNDERSTAND HOW MUCH YOU NEED TO LEARN TO GET BETTER
- THEY ARE PRACTICE AT THE REAL THING

# SOME KEY TIPS FOR CREATING YOUR STUDY TIMETABLE:





# SQA - NQ - Past papers and marking instructions

Download

You can download past papers free for any of the subjects you do

Try

You can try answering the past paper at home and checking your work using the marking scheme

Ask

You can ask your teachers for a bit of feedback and guidance on the past papers that you complete- they would be glad to help you

# SQA UNDERSTANDING STANDARDS WEBSITE

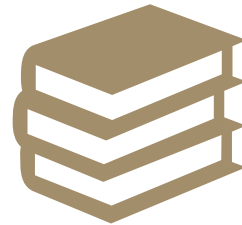
- [SQA - Understanding Standards: Question paper](#)
- THIS SITE ALLOWS YOU TO SEE EXACTLY WHAT THE SQA ARE LOOKING FOR IN YOUR ANSWERS
- THIS SITE ALLOWS YOU TO SEE EXAMPLES OF PUPIL'S WORK AND THE MARKS IT GOT
- IT LETS YOU 'UNDERSTAND THE STANDARDS' REQUIRED FOR A PASS IN MOST OF YOUR SUBJECTS



# SUPPORTED STUDY



YOUR TEACHERS EXPERTISE IS  
CRUCIAL



TAKE THEM UP ON THEIR KIND  
OFFERS OF SUPPORTED STUDY



A SMALL SACRIFICE TO MAKE  
TO HELP YOU BE SUCCESSFUL

# School Supports

***Classroom Teacher*** – They're the expert and it's their job to support you.

***Supported Study*** – Check with individual classroom teachers, this will increase heading towards prelims.

***Future Friday*** – Study Skills class will be run by Ms Sear after the October break. Speak to Mr Weir or Ms Sear if interested.

***Exam Stress Workshops*** – Available for a limited number of pupils and will take place after school for 4 weeks after the October break. Please speak to Mr Wallace if you're interested ASAP.

***Mentor Programme*** – One on one mentoring support from staff for over 50 S4 pupils.