










P1 Home Learning Grid - October 2020

Starred activities should be completed. All other activities are optional but will help build confidence and provide a foundation for future learning.

<p> <u>Literacy</u></p>	<p> <u>Numeracy and Maths</u></p>	<p> <u>Health and Wellbeing</u></p>	<p> <u>Cross Curricular</u></p>
<p>Practise saying your new sounds.</p> <p>Look through newspapers and magazines and find pictures that start with these sounds and stick them into your jotter. Cut out words than contain your sounds. Circle the sound - is it at the beginning, middle or end of the word?</p>	<p>Number focus: 0-10</p> <p>Suggestions include: Can you write the numbers 0-10? What numbers come before/after? What numbers come in between? Start at any number (e.g. 6) and count forward/backwards.</p>	<p>What does it mean to be healthy?</p> <p>Discuss a typical day - split into activities you do in the morning, afternoon and evening e.g. get washed and dressed, eat breakfast, brush your teeth, go to school, play with friends etc.</p> <p>What healthy choices can you make?</p>	<p>During the month of October we are learning all about Our Lady.</p> <p>Who was Our Lady? Why is she special?</p> <p>Practise learning the Hail Mary with the help of someone reading it to you (see next page).</p>
<p> Read aloud your common words and try using your words in a sentence e.g. I am at school.</p> <p>After reading your reading book (Oxford Owl see next page), search for your words in your book or any other books you have at home.</p>	<p> Practise forming the numbers 0-10. This can be done using pencil, crayons, foam, paint, playdough or sand etc.</p> <p>Order numbers 0-10 from smallest to largest and largest to smallest.</p>	<p>Every afternoon we do Relax Kids (a programme to help children become resilient and help them develop tools and techniques to manage their emotional and mental health)</p> <p>Take part in some mindfulness meditation and yoga (see next page).</p>	<p>This month for Art we are focusing on colours. Children will learn about primary, secondary, complementary colours and shades.</p> <p>Talks about some of the ways colours can be helpful and how they can be used.</p> <p>Look at colours in your world and create an Autumn picture.</p>
<p>Look for opportunities to develop finger control such as cutting paper into strips, pushing lego blocks together and pulling apart, playdough, holding a pencil, using clothes pegs, tweezers etc. to pick things up.</p>	<p>Play measure games on Topmarks (see next page)</p> <p>Log in to Sumdog (login on Work from Home Jotter) and play 15-30 minutes per week.</p>	<p>Encourage good waiting, listening and turn taking in conversations with adults and other children.</p> <p> Why is it important to listen to others and share your feelings?</p>	<p>Go on a hunt outside in your garden or out a walk for mini beasts.</p> <p>Can you design a bug hotel (see next page) to protect the mini beasts? Remember they may need food, shelter, water and heat to survive.</p>

P1 Home Learning Resources - October 2020

Initial Sounds	Common Words
Week 1 - r m	am me my
Week 2 - d e	did as he
Week 3 - c k ck	can we into
Week 4 - Consolidate all initial sounds	Consolidate all common words

Oxford Owl website link - <https://www.oxfordowl.co.uk/>

(Class login can be found on homework information letter)

Reading Book
Week 1 - Big, Bad Bug
Week 2 - The Dragon Balloon
Week 3 - Can You See Me?
Week 4 - Consolidate all 3 reading books

Topmarks Numeracy Games

<https://www.topmarks.co.uk/maths-games/3-5-years/measures>

Mindfulness Meditation and Yoga

<https://www.youtube.com/watch?v=shR8DLyOkcg>

<https://www.youtube.com/user/CosmicKidsYoga>

Hail Mary

Hail Mary, Full of Grace, The Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now, and at the hour of death. Glory Be to the Father, and to the Son, and to the Holy Spirit.
Amen.

Mini Beast Bug Hotel

<https://schoolgardening.rhs.org.uk/resources/project/make-a-bug-hotel>