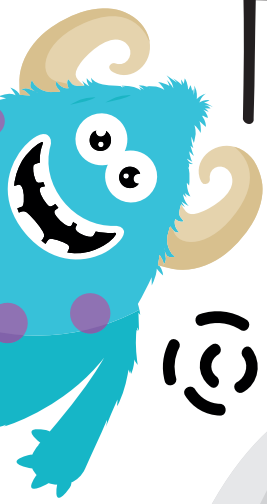


THOUGHTS AREN'T FACTS!

#WellbeingWednesday



WHAT DOES YOUR BRAIN CONTAIN?

WRITE YOUR EMOTIONS OR FEELINGS

HAPPY
BRAIN

ANXIOUS
BRAIN

WHAT COLOURS WOULD THE TWO DIFFERENT BRAINS BE?