

**P7 Timetable of Home Learning - Week 4<sup>th</sup> May 2020**

*(Suggested activities)*

|           | 9.00-9.30  | 9.30-10.30  | 10.30-11.00 | 11.00-11.45   | 11.45.12-30   | 12.30-1.30   | 1.30-2.15   | 2.15-3.00  |
|-----------|--|---|-------------|---|---|--------------|---|--|
| Monday    | <u>PE</u><br>Follow the Body Coach live PE workout on YouTube. | <u>Literacy</u><br>Complete some of the tasks listed on the Spelling sheet. Watch today's Newsround and write a report on the latest news.  | Break       | <u>Maths</u><br>Number Talks chilli challenge:<br>I 87 – 49 =<br>II 504 - 67 =<br>III 631 - 289 =<br>Complete the BBC Bitesize Maths lesson on Simplifying Fractions. | <u>ICT</u><br>Complete at least 15 minutes of Maths on Sumdog, reward yourself by playing a CBBC game.  | Lunch        | <u>Art</u><br>Watch the video on famous French artist Claude Monet and try to replicate his garden painting, or draw and colour/paint your own! | <u>Music</u><br>Learn how to sing "Somewhere Over the Rainbow" by watching the video (link below) and follow the actions – beautiful song and so relevant for just now.  |
| Tuesday   | <u>PE</u><br>Follow the Body Coach live PE workout on YouTube. | <u>Literacy</u><br>Complete some of the tasks listed on the Spelling sheet. Read "A Midsummer Night's Dream" extract and create a visualiser on the 4 main characters introduced in chapter 1 – remember a character profiles includes quotes and page numbers. | Break       | <u>Maths</u><br>Number Talks chilli challenge:<br>I 90 ÷ 5 =<br>II 282 ÷ 3 =<br>III 576 ÷ 12 =<br>Complete the Division worksheet.                                    | <u>RE</u><br>Say a decade of the Rosary in honour of Our Lady. Write your own special prayer to Mary Our Mother asking for guidance during these challenging times. | Lunch        | <u>Topic</u><br>Complete the worksheet on Scotland and France by researching facts and comparing how both countries are similar/different.      | <u>ICT</u><br>As more of us as using the Internet at home, it is important to stay safe online. Be Internet Awesome on Interland through Google – complete the first section on Mindful Mountain (see link below). |
| Wednesday | <u>PE</u><br>Follow the Body Coach live PE workout on YouTube. | <u>Literacy</u><br>Complete some of the tasks listed on the Spelling sheet. Complete the "Ramadan" Reading Comprehension Task.<br>Blue group ***<br>Yellow group **<br>Red group *  | Break       | <u>Maths</u><br>Complete the Pictograph worksheet – remember to complete the correct sheet according to your Maths group.   | <u>RE</u><br>Watch the daily online Mass led by Father Campbell and write the Gospel's message.   | Lunch        | <u>Spanish</u><br>Complete the Simpsons Mi Familia worksheet – use Google translate to help with any words you are unsure of.                   | <u>HWB - Meditation</u><br>Do a full body scan meditation (use the link below to talk you through how to do it) – would recommend this, it is so relaxing!   |
| Thursday  | <u>PE</u><br>Follow the Body Coach live PE workout on YouTube. | <u>Maths</u><br>Complete Miss Coyle's Sumdog Maths challenge - will start at 10.00am and finish at 10.30am. Results will be emailed to your Glow accounts – Good Luck!  | Break       | <u>Writing</u><br>Write a diary entry about how your week has been and how you are feeling during this time.  | <u>Food Tech</u><br>Have a go at making your own Simple Stir-Fry - send pictures of your cooking on Glow.   | Lunch        | <u>Science</u><br>Test which solids dissolve in water by doing the Dissolving Experiment using whatever solids you have in your home.           | <u>Trivia Fun</u><br>Take part in the P7 Lockdown Quiz – all information will be sent to you via Glow/Teams, no phones allowed!  |
| Friday    | <b>TODAY</b>   | <b>IS</b>   | <b>A</b>    | <b>BANK</b>   | <b>HOLIDAY</b>  | <b>ENJOY</b> | <b>YOUR</b>   | <b>LONG WEEKEND 😊!</b>   |

**Links for Tasks**

PE BodyCoach - <https://www.youtube.com/user/thebodycoach1/videos>

BBC Newsround - [https://www.bbc.co.uk/newsround/news/watch\\_newsround](https://www.bbc.co.uk/newsround/news/watch_newsround)

BBC Bitesize Maths Lesson - <https://www.bbc.co.uk/bitesize/articles/zkkm6v4>

CBBC games - <https://www.bbc.co.uk/cbbc/games>

Claude Monet video - <https://www.youtube.com/watch?v=ah5g2M14oUM>

Interland - [https://beinternetawesome.withgoogle.com/en\\_us/interland/mindful-mountain](https://beinternetawesome.withgoogle.com/en_us/interland/mindful-mountain)

Somewhere Over the Rainbow with Sign Language - <https://www.youtube.com/watch?v=0fUrm38HCmE>

Sacred Heart Mass Link - [https://www.youtube.com/channel/UCwaIru8\\_AKhMKqxJ6wQsj9g/?fbclid=IwAR3UPQyhT0EIROG--ZOgl8YMeppsCGGzHa36mgHee\\_h58YLzfvEkTCotjY](https://www.youtube.com/channel/UCwaIru8_AKhMKqxJ6wQsj9g/?fbclid=IwAR3UPQyhT0EIROG--ZOgl8YMeppsCGGzHa36mgHee_h58YLzfvEkTCotjY)

Body Scan Meditation - <https://soundcloud.com/mindfulmagazine/body-scan-meditation-for-kids>

All other resources you will need have been uploaded directly to the “Files” section of our P7 Class Team on Microsoft Teams 😊