

P7 Timetable of Home Learning - Week Beginning 30th March 2020

(Suggested activities)

* <https://www.youtube.com/user/thebodycoach1/videos>

	9.00-9.30	9.30-10.30	10.30-11.00	11.00-11.45	11.45.12-30	12.30-1.30	1.30-2.15	2.15-3.00
Monday	<u>PE</u> Follow the Body Coach live PE workout on YouTube.*	<u>Literacy</u> Complete some of the tasks listed on the Spelling sheet. Complete the reading comprehension sheet activities on Easter: Red Reading Group - * Yellow Reading Group - ** Blue Reading Group - ***	Break	<u>Maths</u> Number Talks chilli challenge: I 67 x 5 = II 87 x 32 = III 513 x 94 = Complete one activity from the Maths Grid.	<u>ICT</u> Log on to Sumdog and do 10-15 minutes of Maths or Spelling/Reading. Practise your typing skills on Dance Mat typing.	Lunch	<u>Art</u> Draw or paint a rainbow and stick to your window so that anyone outside walking or driving past your home will see you are "spreading hope" 😊	<u>Music</u> Log on to Charanga Music and have a go at some of the activities - (Individual logins emailed to your Glow accounts).
Tuesday	<u>PE</u> Follow the Body Coach live PE workout on YouTube.	<u>Literacy</u> Complete some of the tasks listed on the Spelling sheet. Complete the Vocabulary sheet after reading "Living on the Ice".	Break	<u>Maths</u> Number Talks chilli challenge: I 79 - 58 = II 341 - 98 = III 908 - 123 = Complete one activity from the Maths Grid.	<u>RE</u> Write out the Our Father prayer in your neatest handwriting and decorate it, remember to keep praying regularly at home.	Lunch	<u>Topic</u> Complete the Role of an MSP sheet.	<u>Life Skills</u> Check water in the car Do the dishes Change your bed sheets Deep clean Write a shopping list Not all learning is done in the classroom!
Wednesday	<u>PE</u> Follow the Body Coach live PE workout on YouTube.	<u>Literacy</u> Complete some of the tasks listed on the Spelling sheet. Complete the Questions sheet after reading "Living on the Ice".	Break	<u>Maths</u> Write out division facts for dividing by 6,7,8,9 Complete one activity from the Maths Grid.	<u>RE</u> Read about Holy Week and write a paragraph of each day leading up to Easter Sunday.	Lunch	<u>Spanish</u> Complete the Spanish Numbers and Spanish Phrases sheets.	<u>HWB</u> Go for a walk or cycle, colour in and have some relaxation time, start a book read with family, snuggle under the covers and do nothing!
Thursday	<u>PE</u> Follow the Body Coach live PE workout on YouTube.	<u>Maths</u> Complete one activity from the Maths Grid. Complete Miss Coyle's Sumdog Maths challenge - will start at 10.00am and finish at 10.30am.	Break	<u>Writing</u> Write a diary entry about how your week has been and how you are feeling during this time.	<u>Food Tech</u> Open the Banana Pancakes recipe attached and have a go at baking some tasty pancakes!	Lunch	<u>Science</u> Complete the Global Climate sheet.	<u>ICT</u> Create a PowerPoint of a topic of your choice and send it to Miss Coyle on Glow.
Friday	<u>PE</u> Follow the Body Coach live PE workout on YouTube.	<u>Literacy</u> Get an adult to test you on your spelling words either writing them or orally. Complete the Grammar sheet on Verb Tenses.	Break	<u>Maths</u> Complete the Money Problems sheet to test your problem solving skills!	<u>RE</u> Watch the daily online Mass led by Father Campbell and write the Gospel's message (Link in P7 Parents Letter from last week).	Lunch	<u>Learning Log</u> Create a snapshot of your week in your Work from Home jotter - take a picture of it on your phone and upload to email on Glow or send via a Word document.	<u>Free Time</u> Play a board game Sing Karaoke Just Dance Mindfulness Meditation Watch a film Help others in your home with chores

