

P7 Timetable of Home Learning - Week Beginning 23rd March 2020

(Suggested activities)

Website Links - *<https://www.bbc.co.uk/bitesize/subjects/z72mn39> **<https://www.youtube.com/watch?v=K6r99N3kXME>

	9.00-9.30	9.30-10.30	10.30-11.00	11.00-11.45	11.45.12-30	12.30-1.30	1.30-2.15	2.15-3.00
Monday	<u>PE</u> Follow the Body Coach live PE workout on YouTube**	<u>Literacy</u> Complete some of the tasks listed on the Spelling sheet. Using your novel to complete the Book Cover Activity sheet.	Break	<u>Maths</u> Number Talks chilli challenge: I 58 x 9 = II 45 x 62 = III 364 x 71 = Complete one activity from the Maths Grid.	<u>ICT</u> Log on to Sumdog and do 10-15 minutes of Maths or Spelling/Reading. Practise your typing skills on Dance Mat typing.	Lunch	<u>Art</u> Draw a Rose or Highland Cow and colour it in (sheets provided to help you).	<u>Music</u> Log on to Charanga Music and have a go at some of the activities - (Individual logins emailed to your Glow accounts).
Tuesday	<u>PE</u> Follow the Body Coach live PE workout on YouTube	<u>Literacy</u> Complete some of the tasks listed on the Spelling sheet. Using your novel to complete the Character Grid sheet.	Break	<u>Maths</u> Number Talks chilli challenge: I 89 + 29 = II 264 + 45 = III 798 + 132 = Complete one activity from the Maths Grid.	<u>RE</u> Write a prayer to God thanking him for everything you are grateful for and decorate it.	Lunch	<u>Topic</u> Complete the Scottish Parliament Dictionary sheet.	<u>Life Skills</u> Check oil levels in the car Do the washing Sew on a button Deep clean Look at a bank statement Not all learning is done in the classroom!
Wednesday	<u>PE</u> Follow the Body Coach live PE workout on YouTube	<u>Literacy (Film)</u> Watch a film of your choice and complete the Film Viewing Notes sheet.	Break	<u>Maths</u> Write out your times tables (x2 to x12) Complete one activity from the Maths Grid.	<u>RE</u> Read about the Stations of the Cross and write a sentence of what happened at each of the Stations.	Lunch	<u>Spanish</u> Watch some of the video clips on BBC Bitesize* and practise your Spanish speaking skills.	<u>HWB</u> Play in the garden, find virtual field trips to the zoo, start a book read with family, snuggle under the covers and do nothing!
Thursday	<u>PE</u> Follow the Body Coach live PE workout on YouTube	<u>Maths</u> Remember the Fractions, Decimals, Percentages table we did in class? Make one of your own. Complete one activity from the Maths Grid.	Break	<u>Writing</u> Write a diary entry about how your week has been and how you are feeling during this time.	<u>Food Tech</u> Find a simple recipe online to bake something from the ingredients you have at home and have a go!	Lunch	<u>Science</u> Complete the Renewable and Non-Renewable sources of energy sheet.	<u>ICT</u> Create a PowerPoint of your favourite St. Mary's school memories this far and send it to Miss Coyle on Glow.
Friday	<u>PE</u> Follow the Body Coach live PE workout on YouTube	<u>Literacy</u> Get an adult to test you on your spelling words either writing them or orally. Complete the Story Alphabet and Inference sheets.	Break	<u>Maths</u> Outdoor Learning – measure the perimeter of your garden with a measuring tape or your footsteps! No garden? Measure each room in your home and add them all together.	<u>RE</u> Watch the daily online Mass led by Father Campbell and write the Gospel's message. (Link to YouTube channel on Parent Letter).	Lunch	<u>Learning Log</u> Create a snapshot of your week in your Work from Home jotter - take a picture of it on your phone and upload to email on Glow or send via a Word document.	<u>Free Time</u> Play a board game Sing Karaoke Just Dance/Go Noodle Mindfulness Meditation Watch a film Help others in your home with chores

