



**Prayers to be learned for the Sacrament
of Reconciliation**



Act of Sorrow

O my God, I thank you for loving me.
I am sorry for all my sins,
for not loving others and not loving
you.
Help me to live like Jesus
and not sin again . Amen

The Confiteor (new)

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned
in my thoughts and in my words,
in what I have done
and in what I have failed to do,
through my fault,
through my fault,
through my most grievous fault;
therefore I ask, blessed Mary, ever-
Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

Prayer for Forgiveness

God our Father,
help me to remember the times
when I didn't live as Jesus asked me
to.
Help me to be sorry and to try again.
Amen

Prayer after Forgiveness

God our father, thank you for
forgiving me.
Help me to love others.
Help me to live as Jesus asked me
to.
Amen