

# Focus for Learning

## August - October 2018

### Primary 6



## Health and Wellbeing

- Our P.E days are Tuesday and Thursday. Please bring appropriate kit on these days.
- P.E activities will focus on Handball skills and Athletics.
- The Daily Mile challenge will continue to be completed.
- Relaxation and medication will be promoted through Relax Kids activities.
- The Rights of the Child will be explored during the creation of our Class Charter and group activities.
- Basic First aid will be taught, exploring skills needed when dealing with emergency situations.
- The importance of food hygiene and safety will be promoted when preparing a dish in the cooking room.