

Great mindful opportunity for all the children
Children's yoga with Mary



Wednesday's 23rd, 30th January

Wednesday's 6, 20, February

10.30am and 11.00am

&

1.15pm & 2.15pm



Cost £1
Payable to Isabel or Lynn

can you help by donating any of the following food items for the children's snack?

apples

bananas

strawberries

carrots

cucumber

wholemeal bread

oatcakes

crackers

breadsticks



Thankyou

